

Pulman's Weekly News & View from Axminster



ISSUE NUMBER 400 Est. 1857

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Tuesday, August 20th 2013

**INSIDE
TODAY**

Golden YEARS

A 12-page pull-out guide to elderly care, help and services
in East Devon, West Dorset and South Somerset

£8,000 grant to feed jobless carpet workers

Axminster
FIGHTS BACK!

● See page 22

AN AXMINSTER charity has been given more than £8,000 to help redundant carpet workers cook healthily on a budget.

Health and Local Food for Families (HALFF) has been awarded £8,673 by Devon Community Foundation to run

By Anders Larsson
anders@tindlenews.co.uk

Cooking on a Budget courses for former employees of Axminster Carpets.

The recent history of Axminster Carpets is well-known, with 200 employees being made redundant earlier this year.

tribute towards a healthy diet.

"The sessions, set to start in October, will also help develop helpful skills for employment such as cookery, gardening and retail and help them to develop increased confidence in a new working environment through volunteering at the Food Information Centre, shop and vegetable garden."

HALFF will contact Axminster Carpets Support Group, the relevant unions and the local food bank to offer the former employees a place on the course.

Devon Community Foundation chief executive Martha Wilkinson said: "Through our grant giving we are able to offer support to many groups across the

region including Devon and Cornwall Refugee Support.

"The work these groups do throughout Devon is crucial and makes a huge difference to the lives of people in our local communities."

*HALFF is a registered charity set up to promote local food and to help people cook healthy food for themselves and their families.

It runs sessions to help people to cook and eat appropriately to avoid some of the problems linked with being overweight or obese and to help people who suffer from high blood pressure, diabetes or heart disease.

Realising there were numbers of staff struggling to find alternative jobs and with many having to manage on a significantly lower income than they were used to, HALFF applied for the grant.

HALFF director Tiggy Parry said: "After Axminster Carpets went into administration, we saw the urgency to help people who would be struggling financially."

Healthy diet

"Some households lost three wages overnight."

"The money awarded will help to fund sessions to teach former Axminster Carpets employees better cooking skills and increased confidence in managing their budgets."

"This will include advice on growing vegetables, using cheaper seasonal veg and how to use them in daily meals to save money and con-



■ HALFFWAY: Laura O'Rourke, Tiggy Parry and Bex Woodhall are busy preparing for the courses

Check out the notice board for bands & dates or visit www.lemonrock.com

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View 2

The ultimate leisure guide for East Devon

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provide a night like no other

LISTINGS

Diary Dates - Our weekly round-up
of events in the area

PAGES 23-30



PEOPLE IN THE NEWS



AXMINSTER: Retired
Ministry of Defence
worker Bryan Wheeler
has been co-opted onto
Axminster Town Council
to represent the Wey-
croft Ward after the re-
cent resignation of Ian
Hall.



SEATON: Town councillor
Tony Woodman walked
out of last week's Seaton
Town Council after being
told that, as a trader, he
was not able to speak on
the Chamber of Com-
merce taking over the
Christmas lights.



HONITON: Richard
Lawrence raised more
than £500 for Prostate
Cancer UK by taking part
in the Jurassic Classic
cycle race at Exmouth on
Sunday, completing 64
miles in four hours.



DALWOOD: Lord of The
Manor of Axminster, Jim
Rowe, who opened the
669th Dalwood Country
Fair, which attracted large
crowds on Saturday de-
spite consistent rain.



Axminster Guildhall

Friday 23rd August

Doors open at 7.30 for 8pm

Guaranteed £100 Half Time Cash Flyer

Quotes of the week...

“ I WAS very angry and decided it was
best to leave the meeting, but I can
assure my supporters - the many
hundreds who voted for me, which is
more than some can say - that I will
not be going away. I was actually
elected on to the council to represent
them and that is what I will do. I was
shocked by certain things that hap-
pened during that meeting and will be
taking advice on several matters be-
fore deciding what to do next. I could
say much more but now is not the
time'

*Seaton town councillor Tony Woodman
speaking after walking out of a meeting of
Seaton Town Council because, as a trader,
he was not allowed to speak on the issue of
the Chamber of Commerce taking over re-
sponsibility for Seaton's Christmas lights.*

“ IT'S one thing ending up on the front
page of a newspaper but entirely differ-
ent to end up on Youtube and go global,
you have no comeback'

*Long-serving Axminster town councillor
and former Mayor Sue Spiller expressed her
reservations about council meetings being
recorded or videoed by the press and
council taxpayers.*

This week's local news in numbers

£8,673

THE amount of grant being given
to the Health and Local Food for
Families charity in Axminster to
help redundant carpet workers
cook healthily on a budget.

£20,000

THE cost of installing new win-
dows in Colyton Memorial Social
Club which led to them asking for
financial support from The Feof-
fees.

89.3

THE percentage of Colyton Grammar
School A-level students who received A*,
A or B grade passes.

1,000

THE number of miles a group of cyclists-
from East Devon intend to pedal from Ex-
eter to Nice in the South of France to raise
money for the cancer charity FORCE.

IN THIS WEEK'S PULMAN'S VIEW

SPORT

Tigers beaten

WITH all the Devon Cricket league matches either
completely or all-but washed out local sports fans
were saved by the opening day of the South-West
Peninsula football league.

Down in Division One (East) Axminster Town
began life under new player-manager Gary
Mcauley with a narrow home defeat after a
seven-goal thriller at their new temporary home
at Colyton Grammar School.

Neither side was helped by the wind-dominated
conditions but the visitors took the lead in the 13th
minute but ex-Willand Rovers and Farway United
striker Dan Baily soon leveled for the Tigers.

Two more goals gave The Fishermen a 3-1 lead
inside the opening half-hour.

Baily gave the hosts hope inside the first minute
of the restart with his second goal of the match.

But Appledore grabbed what proved to be the
winner on the hour mark and substitute Adam
Downes' late strike was a mere consolation.

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AXMINSTER

Grant to help feed the jobless

AN AXMINSTER charity has been given more than £8,000 to help redundant carpet workers cook healthily on a budget.

Health and Local Food for Families (HALFF) has been awarded £8,673 by Devon Community Foundation to run Cooking on a Budget courses for former employees of Axminster Carpets.

The recent history of Axminster Carpets is well-known, with 200 employees being made redundant earlier this year.

Realising there were numbers of staff struggling to find alternative jobs and with many having to manage on a significantly lower income than they were used to, HALFF applied for the grant.

HALFF director Tiggy Parry said: "After Axminster Carpets went into administration, we saw the urgency to help people who would be struggling financially.

"Some households lost three wages overnight."

"The money awarded will help to fund sessions to teach former Axminster Carpets employees better cooking skills and increased confidence in managing their budgets.

"This will include advice on growing vegetables, using cheaper seasonal veg and how to use them in daily meals to save money and contribute towards a healthy diet."



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From the editor's chair Good for democracy



THIS newspaper applauds Axminster Town Council for acceding to Government legislation which allows the media and council taxpayers to record or video their proceedings.

An initial attempt by Councillor Paul Hayward to allow council meetings to be recorded was not met with widespread support from his fellow members.

But Mayor Jeremy Walden, at their last meeting, made it clear they were left with no option following the introduction of new legislation.

Councillors should not be concerned about allowing the press – or those that vote for them – to record their proceedings. Indeed they should, in my opinion, brace the new law. The majority of decisions made by councillors are sensible ones (with a few exceptions) so their reputations are likely to be enhanced and not harmed.

All council meetings are open to the public but few take the opportunity to attend, unless they have a complaint. The new legislation will make councils more accountable and lead to greater transparency in local democracy.

The argument or whether council meetings should be recorded or videoed has been ranging up and down the country.

Across the Dorset border, Lyme Regis Town Council maintain that the law applies only to "principal" councils, ie district and county councils, and does not apply to town councils.

But local government minister Eric Pickles issued some guidelines a few weeks "urging all local councils" to adhere to the legislation and to throw open their meetings to all those who wanted to record or video them.

Hopefully, other locals councils will follow the example set by Axminster Town Council.

Seaton – are you listening??

♦ **WELL** done to all those who have done well in their A-level examinations. Results have been excellent throughout *Pulman's Country* and the best ever at Axe Valley Community College in Axminster, The King's School in Ottery St Mary and Honiton Community College.

At Colyton Grammar School, one of the most successful education establishments in the country, A-level students yet again excelled themselves.

Nationally, it is reported that record numbers of students will be taking up university courses after more took the tough A-level subjects seen as a vital gateway to higher education. At the same time fewer pupils sat the so-called "soft" subjects which have long been criticised as lacking academic rigour.

To all those who are about to leave home and embark on a university course, we wish them every success.

Philip Evans

SEATON

Public walk out after council clash

SEVERAL members of the public walked out of last week's Seaton Town Council meeting after councillors refused to discuss on-going issues regarding safety for the disabled and visually impaired.

Mr Bob Buskin began the discussion during the public session stating that a friend, who was wheelchair bound, wished to attend the meeting but was unable to as it takes place upstairs in the town hall's enterprise suite.

Mr Buskin asked the council why they could not find an alternative venue that was more suitable for all to use and put forward the idea of the council purchasing the old Woolworths building, which would be of sufficient size, with space for offices also.

Chairman of the town council, Councillor Gaynor Sedgwick, responded that whilst the enterprise suite was the regular venue for meetings, if a member of the public who was wheelchair bound requested to come, councillors could arrange an alternative venue.

Seaton resident John Barrington-Rowell also commented on behalf of the visually impaired in Seaton. Mr Barrington-Rowell expressed his disappointment that whilst Councillor Mark Fisher had been nominated as disability liaison officer for the council, nothing had been done with his questions and the council had shown no support.

Mr Barrington-Rowell had passed on a list of more than 20 issues and questions for councillors to Councillor Tony Woodman, who was keen to run through them during the public session.

Whilst Councillor Woodman raised that the list should be taken up immediately, Councillor Sedgwick refused and stated that the item was for the attention of Councillor Fisher who was in charge of disability issues in the town.

Councillor Fisher then proceeded to try and read some of the questions on the list passed on by Mr Barrington Rowell, but Councillor Sedgwick interrupted again and stated that the item was not on the agenda and would not be discussed despite a plea to address the issues from Councillor Peter Burrows, who had recently seen the problems first hand.

Mr Barrington-Rowell added: "All I wanted from the council was a letter to show that you support the views of the visually impaired in Seaton, but if you won't even listen to the points I have tried to raise, you show a complete disregard for the disabled in this town."

SIDMOUTH

Plans to plant one million bulbs

PLANS for the first phase of a one-million bulb planting project throughout Sid Valley is at an advanced stage.

Sid Vale Association has announced that the first phase will see more than 150,000 bulbs be planted this autumn.

The project is led by Sid Vale Association and its Keith Owen Fund.

Mr Owen was born in 1938 in Totnes but later became a Canadian citizen and worked as an investment banker in Ottawa.

He was a frequent visitor to Sidmouth and hoped to retire there.

But in 2007 he found out he suffered from a terminal illness, and he died in December that year.

Before his death, he asked Sid Vale Association if it would be willing to accept the money he had saved for retirement so it could be invested in a permanent endowment.

The fund was subsequently set up to support local projects to "sustain the ambience and way of life recognized in Sidmouth and its surroundings".

Sid Vale Association treasurer Neville Staddon said: "A million might be a bit ambitious, but at least this will be a start."

COLYTON

Social club 'not in financial trouble'

THE chairman of Colyton Memorial Social Club has spoken out about "untrue" statements and "under-hand" actions made by Colyton councillors and the parish clerk during an eight-month dispute over the ownership of the club building.

Chairman Stephen Henegulph said he wanted to "set the record straight" following reports about the club struggling financially in January.

The *Pulman's View* previously reported that the club was hoping to secure a "substantial" loan of "less than £50,000" after experiencing financial difficulties, as stated by parish councillors and parish clerk Liz Berry, but Mr Henegulph has now argued this was not the case.

After the report was published the social club's former treasurer Michael List wrote to the *Pulman's View* complaining of inaccuracies in the report. However, the *Pulman's View* explained that it had accurately reported what the councillors and parish clerk has said. The social club has since called for an apology from the parish council but councillors have refused.

Mr Henegulph has now spoken out after "sitting quietly for eight months". He explained that the club was not struggling financially but had an exceptional one-off debt after replacing all the club's windows, costing £20,000, and a "lack-lustre trading year".

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Death Notice

CHOWN – Agnes aged 83 of Seaton
 Passed away peacefully at Seaton Hospital on 13th August 2013, after a short illness. Beloved wife of Ray, much loved mum of Linda, Pamela, Kathy, Jamie, Susan and John. She will be greatly missed and always loved by all her grandchildren and great grandchildren. Funeral Service at St Gregory's Church, Seaton on Monday 2nd September 2013 at 2-00 p.m. followed by Interment at Seaton Cemetery. Family flowers only, donations if desired for Seaton Hospital League of Friends or Hospiscare at the service or c/o Hansfords Funeral Directors, 6 Townsend, Beer. EX12 3LH

Thank You

CHRIS WYON-BROWN

Anni, John, Paula, Matthew and Bronwyn would like to thank everyone for the kind messages of support.

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ViewFamily Announcements

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HAPPY BIRTHDAY
60 TODAY
BRIAN PRIOR
 LOTS OF LOVE ANGIE, ROBBIE, MR AILKINS, MUM & DAD

Happy 18th Birthday Kaya
 on 22nd August
 Love Nan & Grandad x x x

HAPPY 20TH BIRTHDAY THOMAS
 on 22nd August
 Love Nan & Grandad x x x

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HAPPY BIRTHDAY MUM
 on 23rd August
 Love from Ellie x x x

HAPPY 70TH BIRTHDAY Val Webber
 Love from Peter & Jenny X

JAMIE MACDONALD
HAPPY 10TH BIRTHDAY
 19/08/2013
 Lots of love Mum, Dad & Sophie

CONGRATULATIONS HANNAH OGDEN
 ON YOUR EXAM RESULTS & A PLACE AT PLYMOUTH UNIVERSITY
 Lots of love Mum, Dad & Chloe

HAPPY 21ST BIRTHDAY CLAIRE EDMOND
 ON 24/08/2013
 LOVE FROM MUM & DAD

HAPPY 1ST BIRTHDAY JACK
 WE LOVE YOU SO MUCH!
 FROM NANNY & GRANDAD

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 Love Nan & Grandad

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Please include SAE for return of any photos.

PLEASE NOTE: We cannot accept announcements without a signature, address and telephone no. All announcements must be in by 12 noon on Friday for the following week's publication.



■ THE Flamingo Pool, Dalwood Fair, Axminster Choral Society and St Mary's Primary School PTFA are each £50 better off after being picked out of the hat in Complete Meats' (Axminster branch) summer draw. Local charities and community organisations can take part in the draw, which takes place twice a year. The summer draw winners gathered at the branch on Tuesday, August 13th to be presented with their cheques

Councillors angry over one-way traffic system

AXMINSTER Mayor Jeremy Walden shared the frustration of motorists but branded those who ignored a one-way system and stole traffic signs "pathetic" and "criminal".

A small town centre road closure caused traffic problems throughout Axminster.

Traffic diverted as a result of scaffolding at Trinity House's Home-in-Style department, and the top end of Chard Street was closed to avoid a repeat of earlier this year when a lorry pulled down scaffolding.

A traffic management system was put in place which meant that Stoney Lane was only open in one direction (for traffic going downhill towards the Chard Road roundabout).

The lane going in the opposite direction was closed, but many frustrated or impatient drivers refused to comply.

At least four have been summoned to appear in court after police pulled them over in the space of 45 minutes on Wednesday, August 7th.

The chaotic situation got even worse when No Entry signs were stolen.

PC Simon Rodgers said: "No Entry traffic signs placed in Stoney Lane were stolen. This incident has caused considerable confusion to motorists and great expense in replacing them."

Town councillors discussed the road closure and its effects at their August meeting.

Councillors had no problem with the work being carried out as such, but felt the allocated time of three weeks is far too long, some suggesting one week would have been more appropriate.

Disruption

Councillor Paul Hayward said: "Three weeks is an inordinate length of time to disrupt the town. Sometimes there are only two people on the scaffolding. Ask how many men they are putting on it."

Councillor John Jeffery claimed that no work had been carried on the previous Saturday.

He added, however, that he had been led to believe that the work contract was handled by an insurance company, meaning that Trinity House and its owner, Fields of Sidmouth Ltd, had their hands tied.

About the one-way system being ignored and traffic signs stolen, Councillor Walden said: "Rather than wait, they chose to ignore one-way signs. Equally pathetic is the theft of No Entry signs. The behaviour of some citizens is nothing short of criminal."

Councillors decided to raise the length of the the road closure with Trinity House and Devon County Council's Highways department.

The day after the meeting, a Field's of Sidmouth Ltd spokesperson told *Pulman's View*: "Fields of Sidmouth Ltd is unable to comment on reported criticism by certain members of Axminster Town Council regarding the current road closure outside our premises, TH Home in

By Anders Larsson

anders@tindlenews.co.uk



■ SHORT CUT: Some drivers ignored signs in Stoney Lane

Style, since we have not had sight of the minutes, nor received any official communication.

"However, we would like to state that it is not in the financial interest of ourselves, the contractors, the other insured party, nor the wider Axminster community, to prolong the road closure for more than is absolutely necessary."

The three-week traffic regulation order became effective on July 29th.

Anyone with information about the stole traffic signs is asked to contact police on 101, quoting crime reference KA/13/431.

News briefs

Carpets Suport Group

AXMINSTER Carpets Support Group will meet in the guildhall on Thursday August 22nd August from 10.30am-12 noon.

Group member Tim Coath said: "This month's meeting will be held in the upstairs rooms."

"All those effected by the Carpets redundancies are very welcome."

Appeal for volunteers

DIABETES UK is looking for collection volunteers and team leaders to help out at the Tesco store in Axminster.

The Big Collection weekend will take place in Tesco stores on October 4th, 5th and 6th.

If you're interested in volunteering visit www.diabetes.org.uk/tesco-collection-week-end or email bigcollection@diabetes.org.uk.

Alternatively, call 01823 448260.

Councillors accept that their meetings can be recorded by reporters and residents

The path has been formally cleared for reporters and residents to film and record town council meetings in Axminster.

There was some uncertainty about the issue when Axminster Town Council met in July.

But having sought clarification, mayor Jeremy Walden told fellow councillors at their August meeting they had no choice in the matter.

Under an initiative headlined Lights, Camera, Democracy in Action, the government has changed the law to allow citizens to report, blog, tweet and film council meetings in England.

Councillor Walden didn't appear bothered, but there was some apprehension in the council chamber.

Councillor Susan Spiller expressed a concern that someone filming a meeting could edit the content to put councillors in a bad light.

Councillor Walden pointed to the press table and said: "The Fourth Estate can edit their writing. There is no way we can stop it."

The debate continued and mayor Walden added, tongue in cheek: "If individual councillors choose to grandstand, that is up to them."

Councillor Spiller remained apprehensive, and said: "It's one thing ending up on the front page of a newspaper but entirely different to end up on Youtube and go global, you have no comeback."

Councillor Walden replied: "The instruction is we haven't got any choice as I understand it."

Certain rules will apply, though.

It was explained that members of the public who speak at council meetings can opt out of being filmed or recorded.

Axminster Town Council will also work out certain house rules, including how close to councillors someone with a camera or tape recorder can come.

By Anders Larsson

anders@tindlenews.co.uk

When announcing the change in June, Local Government Secretary Eric Pickles said: "I want to stand up for the rights of journalists and taxpayers to scrutinise and challenge decisions of the state."

"Modern technology has created a new cadre of bloggers and hyper-local journalists, and councils should open their digital doors and not cling to analogue interpretations of council rules."

"Councillors shouldn't be shy about the public seeing the good work they do in championing local communities and local interests."

A government spokesperson added: "The guidance gives practical assistance – filming should be overt, people should be informed at the start of the meeting, and councils should have a clear policy on whether members of the public who may speak at a meeting should have the right to opt-out of filming so as not to discourage public participation."

"But the guidance is clear that town officers and councillors can be filmed as they are public officials."

◆ LYME Regis Town Council has claimed that the new Government legislation with regard to recording council meetings refers only to "principal councils", ie county and district authorities, and that permission has to be sought to record or video meetings

◆ SEATON Town Council has decided that permission has to be sought on a meeting-by-meeting basis.

Pedallers by-pass the Red Arrows congestion

AXE Valley Pedallers (AVP) members used their bikes to by-pass the traffic jams in Lyme Regis when the Red Arrows paid a visit as part of the resort's annual Lifeboat Week.

AVP member Rob Watson said: "Apart from jet travel, bikes were the fastest way into town."

"The sun was shining and the resort was full to bursting in anticipation of the arrival of the Red Arrows for their annual aerobatic display."

"The Arrows arrived precisely at noon, just after the cyclists, and gave their usual terrific display of skill and precision, including some new formations for the 2013 season."

"Several of the Pedallers had recently returned from an ascent of the Grand St. Bernard Pass in the Swiss Alps (height 8500 feet), so were greatly impressed to see the Arrows climb almost vertically from sea level to the same height in about 10 seconds."

AVP Friday rides start at Seaton Tramway Station at 10am.

Details of all rides are available at www.avevalleypedallers.org.uk



■ FLY-BY: AVP Member Clare Jones admiring the Red Arrows. BELOW: The pedallers watching the display on the seafront at Lyme Regis



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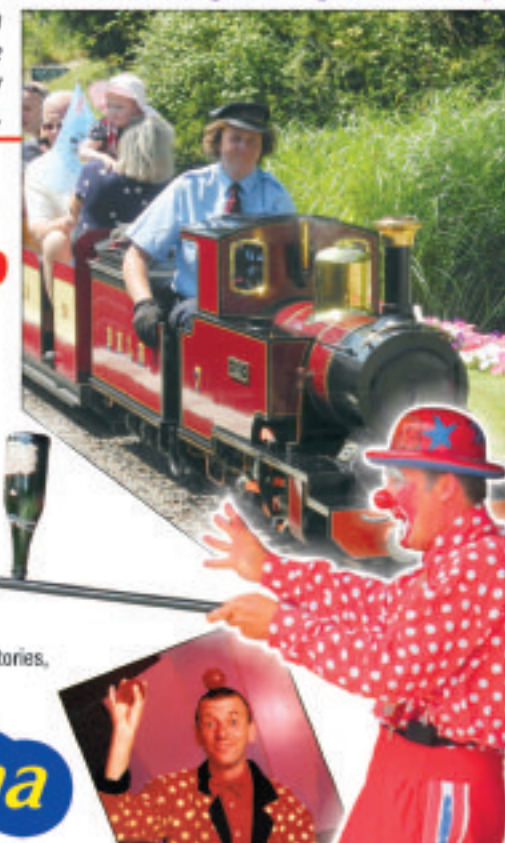
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Axe Valley's best A-level results

'These are superb results and we are extremely proud of our students'

HEADTEACHER Martin Smith and head of sixth form Greg Horn were all smiles as Axe Valley Community College Year 13 students achieved the best A-Level results in college history.

The number of A*-E grades were slightly up from 2012, at 98.5 per cent.

More notable was the increase in top grades: with 51 per cent of grades being A*-B, up from 43.5 per cent in 2012.

The average points score per entry was also up from 209 in 2012 to 214.

Performance was strong in traditional academic subjects

By Anders Larsson

anders@tindlenews.co.uk

as well as newer vocational courses.

In A-Level maths, for example, over half of the students achieved A*-A.

In BTEC science over two-thirds achieved Distinction*-Distinction.

Mr Smith said: "Congratulations to all our students on these superb results.

"We are extremely proud of their achievements and would like to wish them well for future.

"Our drive to push up academic standards has significantly increased the number of top grades in recent years.

"Today over half of the grades are A*-B, compared with a quarter of grades in 2010. "As a result of this, a far greater number of our students are university-bound.

"Our success is down to knowing each student and ensuring they receive high quality support, a rigorous system of private study and, most importantly, having high quality teachers who go the extra mile for students."

Among the top performers were: Kelly Gould (biology A*, maths A and geo A) – going to Exeter University.

Chloe Williams (EPQ A*, art A*, geo A, history B) – going to Birmingham University.

James Morbey (history A*, EPQ A, law B, biology B) – going to Oxford Brookes.

Harry Bailey (maths A*, further maths A, physics B) – taking up apprenticeship in aeronautical engineering with GKM Aerospace.

Bethany Freer (BTEC sport Distinction*, BTEC H&SC Distinction*, BTEC science Distinction*, BTEC child care Distinction).



■ WHAT A RESULT! Greg Horn and Martin Smith celebrate with some of the high-achievers

Beware of the FBI scam, say police

AXMINSTER-based PCSO Amanda Wooster has issued a warning about an apparent e-mail scam.

A police spokesperson said: "Amanda has received a report of an email circulating in the area purporting to be from the FBI in America and states that they have

been informed through their global intelligence monitoring network that a sum of money has been released from a bank in Africa bearing your name as the beneficiary

"The email states you are a beneficiary of the funds and the funds would be used inappropriately and need your personal details to

erase your name from any wrong doing and release funds due to you. Residents using the internet should look carefully at emails, never pass out your personal or banking details from anyone on the promise on money.

"If you receive emails of this nature, delete them."

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New councillor co-opted



NEW COUNCILLOR: Bryan Wheeler

A NEW town councillor has been found for Axminster (Weycroft ward) after a long search.

Co-opted Bryan Wheeler was introduced to fellow members when Axminster Town Council met for their August meeting.

The vacancy arose when Ian Hall resigned in April, and council officials failed to find a replacement despite advertising the vacancy.

At the time of the first deadline on June 4th, no applicants had come forward.

Renewed efforts were made and Mr Wheeler registered an interest after reading about the council's predicament.

He told **Pulman's View**: "I was thinking one day that my grandfather and father fought in wars to keep our way of life.

"It was also totally wrong that an area of the town could not have the representation (on the council) it was entitled to."

In a more light-hearted tone, the retired MoD civilian said: "I'm not ready for the box yet although they have put me on the cemetery committee."

Mr Wheeler hasn't served on a council before, but had an ambition to do so way back when.

He explained: "Many years ago I stood for town council election in Corsham, but lost."

His first job was in a solicitors' office in Cirencester after which he joined the Army.

He subsequently joined the MoD as a civilian and moved to Axminster with his wife Barbara about 12 years ago following retirement.

David wins healthy hamper

DAVID Samways won Axminster-based Health and Local Food for Families' (HALFF) July hamper raffle.

Mr Samways is a regular attendee at the charity's Gardening for Health Tuesday morning session.

HALFF's Laura O'Rourke said: "He has been a great help in ensuring the garden looks at its best this summer, and he be-

lieves his fitness level has increased since being involved.

"David is very enthusiastic about gardening in general and finds the project exciting."

The aim is to promote health and wellbeing to all who come along, helping attendees to improve fitness levels and support those who would like to exercise a little or a lot more.

Group members meet every

Tuesday morning between 10.30 am and 11.30am in the secluded, sheltered and walled garden behind the HALFF charity shop in South Street.

The next hamper raffle draw will be on Friday August 30th.

Raffle tickets are £1 per strip, and a free strip is given each time a person attends the gardening session.

Special cream teas at Trinity House



Members of staff at Trinity House's coffee shop have been embracing Devon's history by serving up some extra special cream teas.

Trinity House has just launched a special promotion giving their customers a chance to experience traditional cream teas with the choice of the ever-famous scone or a more authentic 'chudleigh.'

In 2004, historians studying ancient manuscripts found reference to the monks at Tavistock Abbey enjoying bread, cream and jam as early as 1105. It is generally accepted in Devon that this was the humble beginning of what we now know as the cream tea.

Alongside the treasured scone, Devon is also well known for little buns known as Devon

splits or chudleighs – a soft yet rich dough consisting of butter, sugar, yeast and cream instead of milk which is then baked.

Now a rare treat, Devonshire splits aren't often available with a cream tea, however for the next few months, Trinity House will be offering them as an alternative to the traditional scone, alongside fresh clotted cream, strawberry jam and a pot of tea.

The baked treats come from 'Bread as it used to be' in Offwell, freshly baked on a regular basis.

Coffee shop manager, Judith Chard said: "We pride ourselves here at Trinity House on service as it used to be and like to ensure that all our products are locally sourced, fresh and of high quality."

"We hope with the introduction of our summer cream tea promotions that we have a few more visitors

along to try our cream teas with scones or chudleighs."

The cream teas range from £3.25 to £5.25, and come as part of an extensive menu from a range of homemade cakes and slices to lunches and homemade specials.

The coffee shop is open on Mondays and Tuesdays from 10am until 4.30pm and from Wednesday to Saturday from 9.30am until 4.30pm.

■ **TRADITIONAL CREAM TEAS** – Coffee shop manager, Judith Chard is pictured with a traditional cream tea alongside assistants, Lowell Fachau and Angela Huntley as they launch their summer cream tea promotion.

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Crowds flock into Beer for village's

VILLAGERS in Beer celebrated the centenary of their annual Regatta last week.

Alongside many of the regular Regatta events, the week also welcomed some new attractions: from a buzzing street fair, complete with street entertainers and local stalls, to the return of the barrel rolling – there was something for everyone.

A special exhibition put the spotlight on Regatta memories, where villagers could spot some

by Laura Goldsbury Noy
laura@pemedial.co.uk

familiar faces from over the years.

Many of the locals ensured they took part in every event for the centenary, to build more special memories for the future.

There were also traditional beach activities from the annual angling competition, to the rowing championship of Beer, a sea rescue display, sailing races

for cruisers, Beer luggers and working boats and the dinghy regatta.

The main Regatta Day was a flurry of excitement and entertainment with numerous rafts in all shapes and sizes gathering on the beach.

Villagers young and old showed their love for the village event, with many children in fancy dress.

An explosive fireworks display ensured the celebrations finished with a bang.



■ A SPECIAL Regatta Memories exhibition commemorating the event over the years took place at Beer Congregational Hall. Featuring photos and memorabilia from throughout the years, the exhibition highlighted familiar faces, local families and the community of Beer, particularly during Regatta week.

Managing director of Pecorama, Michael Pritchard, who has been a great supporter of Beer Regatta since 1973, officially opened the exhibition on Monday. He said: "It is a great privilege and honour to open this exhibition. I am not a Beer boy, but have been involved in the Regatta for many years and I think I have been to nearly every Regatta, with only two occasions that I can remember where it was postponed due to stormy weather or rain. I hope that this week will be yet another success."



■ THE sun was shining for the annual Beer Regatta Sunday Funday, which was held at the Beer Albion Football Club.

Families packed onto the field for an afternoon of fun, with Robbie's races including running, wheelbarrow, skipping and sack race events as well as 'Gareth's Grown Up Games.'

Children also enjoyed a ball pool, circus skills with Pollylopi, fair games and face painting.

A sausage sizzle in aid of Puffins Playgroup and wood fired pizzas ensured nobody went hungry.



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centenary Regatta week celebration



THE streets of Beer were transformed into a flurry of excitement last Tuesday, as they were lined with hay bales and crowds eagerly awaiting the return of the famous Regatta Barrel Rolling.

This was the first year the event had taken place since 2005, with a

huge number of local teams putting on their gloves and gearing up for the challenge. Competing for a range of cups and trophies, younger villagers, ladies, men and veterans all took part in the event.

Competitors rolled the unruly barrels up and down the village's

main street whilst the crowds cheered from the sidelines.

With entertaining commentary from David 'Bilko' Mutter, the evening was deemed a huge success. The event finished with the men's final uphill from the beach and a special adult team event.

MORE PHOTOS FROM BEER REGATTA NEXT WEEK

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Success continues at Colyton Grammar



■ **TOP MARKS:** Colyton Grammar students celebrate another successful year. Below Alice Petherick (five A*s), Branoc Richards (four A*s and one A) Tom Collingwood, Ciara Rowland-Simms (both four A*s) and Rory Bolsover (four A*s and two As)



STUDENTS at Colyton Grammar School impressed again last week with another set of top A-level results.

Anxious students collected their exam results last Thursday, with 89.3 per cent receiving the top A*, A or B grades.

Bucking the national trend, the number of top A* grades this year went up to 28.7 per cent at Colyton Grammar and the number achieving A* or A grades was up 4.1 per cent to 68.5 per cent. Nearly 20 per cent of the year group achieved three A* grades or better with half recording at least one A*.

Headteacher, Paul Evans said: "It's been another successful year for students at Colyton who have worked hard to achieve these stunning results."

"The majority of students have achieved what they need to go on to some very competitive higher education courses, which at the end of the day, is the most important thing; they should be congratulated for what they've achieved."

"I'd like to thank their teachers for the support and encouragement that they have given."

This year, 12 students are off to study medicine and one veterinary science while 13 are expected to take up places at Oxford or Cambridge. Most other students are planning to take up places in Russell Group universities and other sought after institutions.

Top performers included Clodagh Krasucki from Chard with six A*s, closely followed by Alice Petherick from Exeter with five. The top performing local student was Rory Bolsover from Seaton with four A*s and two As, whose success was matched by Dominic Hall from Exmouth.

Branoc Richards from Sidmouth received four A*s and one A, as did Harriet Eaton from Farway and Mark Collett from Lyme Regis. Bridport students Ciara Rowland-Simms and Freya Le Helloco both received four A*s, as did Matthew Baker from Ottery St Mary and Thomas Collingwood from Colyford.

River Cottage chef serves up 'Hall & Hearty Supper'



■ **A HEARTY DINNER:** The Mayor and Mayoress of Colyford, Howard and Anne West, with chefs Tim Maddams Robin Rea, chairman of the hall trustees Simon Card (Photo by MARY CARD). Below, chefs Tim and Robin (photo by SIMON EDWARDS, POPUP MEDIA)

TOP chefs visited Colyford Memorial Hall for the village's first Hall and Hearty Supper Club, which was so popular that two further dates have already been released.

Tim Maddams, former River Cottage head chef and now adviser to Hugh Fearnley-Whittingstall's famous restaurant, who also runs Green Sauce ethical food, and Robin Rea of the Rusty Pig in Ottery St Mary have come together to run a series of unique dining experiences in village halls across Devon.

This was the fifth of its kind and the first to be held in Colyford. Tom and Robin both commented on the excellent catering facilities provided and the hall was packed for the occasion.

Simon Card, chairman of the Trustees of Colyford Memorial Hall, said "This was so much fun and, at only

£20 per head for the meal, a really great value dining experience.

"The vast majority of people attending the dinner were local so having not to travel very far added to the enjoyment."

"We are grateful to Alison and Matt Waters for introducing the Hall and Hearty concept to Colyford with Ann and Howard West being instrumental in managing the bookings and organisational aspects of the dinner. We are really looking forward to the next dinner."

The dates for the next Hall and Hearty Supper Clubs in Colyford are Saturday, October 26th and Saturday, November 23rd. Tickets cost £20 per person and are already selling out fast. To book, contact Anne West on 01297 551375.

Neil Diamond tribute comes to village hall

NEIL Diamond tribute artist Phil Richards will come to Colyford Memorial Hall on Saturday, August 24th

The show will start at 8pm with tickets costing £7.50. The bar will be open.

The hall will be transformed with a nightclub-look for the occasions, similar to Neil Diamond's club in the Canaries, and Phil encourages his audience to sing along.

To book a ticket call Anne West on 01297 551375 or for more details visit www.philrichardsmusic.com



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Pulman's View

from the

churches

With NIGEL SPELLER

RAY Hunter from Axminster Christian Fellowship opens this week and says: "At the time of writing I am taking part and enjoying the Children's Holiday Club organised and run by Kilmington Baptist Church at Kilmington Village Hall.

"The theme for the week is "Pyramid Rock" and tells the Bible story of Joseph from his being sold into slavery in Egypt by his brothers, to his rise to become the second in command in the land, and then the good news of restoration with his brothers and Father.

"The children, aged five to 11, have had great fun learning through the activities, multimedia presentations, games and craft. Prior to the start of event, the leaders had a devotional time which stressed teamwork. It is great to take part in an event which demonstrates this, with folk from different churches coming together to share the good news."

Next, news from the Salvation Army, whose new world leader wants spiritual focus. André Cox has been appointed as the next international leader and 20th General of The Salvation Army. Taking over a global organisation best known for its social service work, he has spoken of his desire to see the organisation balance serving the poor with witnessing the Gospel.

Seaton Methodist Church has announced that in the coming year until September 2014, the Reverend Brian Hadfield (Sidmouth & Ottery St Mary) will have pastoral charge of Colyton and Seaton. With the Reverend Jonathan Froggatt (Budleigh Salterton) having pastoral

care of Axminster and Dalwood.

We apologise for an error regarding Friday Lunchtime Concerts (£5) at St Paul's Honiton which commence at 1pm, with light lunches (£4) served in the Narthex from 12noon – profits to St Pauls. Friday, August 23rd brings Peter Lea Cox, and on August 30th Stephen Bell & Stuart Paul will play on organ and trumpet.

On Thursday, August 22nd, Axminster United Reform Church will hold a summer sale in the hall in Chard Street, from 9.30am. Homemade lunches available.

At Combyne the recent church flower festival raised over £300 for church funds – many thanks to all.

The Church of St James the Great, Talaton, with help from the Chudleigh Rock Centre, recently organised a sponsored abseil. Participants had to raise a minimum of £30 sponsorship. A total of 60 brave locals took part from eight years to 88, two at a time abseiling down the rope. Both Feniton and Ottery St Mary have run similar fundraising events recently – so who is next?

The Devon Historic Churches Trust Day 2013, Saturday, September 14th is coming soon when churches across our area are open for visitors – look for posters.

We are always happy to have brief news of forthcoming church events in the areas covered by the six editions of Pulman's View – Axminster, Honiton, Seaton & Beer, Colyton & Colyford, Ottery St Mary and Sidmouth. Items are required please, preferably by email to nibspeller@eclipse.co.uk – eight days before publication, namely this Tuesday for next Tuesday.

CHRIS Tipping lives in Axminster and runs Lyme Bay Insurance. The serial house mover is our 60 seconds guest this week.

● **WHO is Chris Tipping? Where were you born, where did you go to school and how did you come to live in Axminster?**

I was born in a small village just outside Manchester, called Worsley, where I spent most of my formative years and attended the local schools. However, since age 22 I have travelled up and down the country with my career, and have moved house a rather ridiculous 17 times. I came down to this area on holiday about 20 years ago and fell in love with it.

● **HAVE you always been in the insurance industry?**

Apart from a stint as a DJ in a Manchester bar, I have been in the insurance industry for almost 24 years. Most latterly in the Midlands, but I have worked in London, Hampshire, the South East and the North West. I don't think I could hack the late nights as a DJ now.

● **IS there such a thing as a typical day in the office for you?**

I tend to be out at client meetings most of the morning as we cover quite a large area, with clients from Weymouth through to Exeter. Afternoons are usually spent preparing reports and sorting through quotations.

● **WHAT would your advice be to anyone thinking of setting up their own business?**

I think if you look at any of the independent businesses on our high street, someone somewhere has made an incredibly brave decision, so be bold. However, planning is crucial and, best of all, speak to someone who has already done it and learn from them. If you are in Axminster, then join the chamber of commerce!

● **WHICH is your favourite holiday destination?**

We used to come down here on holiday when we lived in the Midlands, so I have to say East Devon!



60
seconds

● **WHICH was your favourite subject in school?**

French, but it may have had something to do with the rather attractive French teacher. I'm afraid my grasp on the language has deteriorated since.

● **IF you won an obscene amount of money. How would you spend it?**

Apart from the obvious house and car, I think I would set up an entrepreneurs' fund to encourage local businesses. The couple in Scotland who won the Euromillion Jackpot did something similar and I think it's inspirational. We have such a bank of local young (and old) talent, that it would be crazy not to invest in it.

● **HAVE you got any hobbies?**

I love baking bread and writing short stories

● **WHAT makes you happy?**

My family and being by the sea.

● **WHAT makes you unhappy?**

Mainly any journey that involves the M6 – it has to be the UK's worst motorway!

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Judges comment on high standards at art exhibition

WEEKS of preparation paid off for the co-ordinators and committee of the 41st Seaton and District Art Society Exhibition, held at Seaton Town Hall.

Society president Alan Cotton congratulated the artists at the preview evening on Friday, August 2nd and said that the exhibits were of a very high standard.

His praise was repeated many times over by visitors to the exhibition and some of their comments in the Visitor's Book read: "Wonderful variety of media and subject matter."

Well done." Another said: "Stunning quality work!" Sales were considerably up from last year it was noted.

The judges found it difficult to choose from the large number of pictures exhibited but the President's Cup went to Sara Bor for Best Picture in Show entitled "Seaton Hole".

Mr Cotton awarded the Devon Framers' Cup to Kaili Fu for her landscape entitled "Flight Seaton".

Tricia Cotton selected Jan Charlesworth's textile composition of "Sunflowers", which won The Maggie Lodge Bowl Award for the best flower exhibit.

The winner of the wildlife



n CUP winners Jan Charlesworth, Peter Orman, Sara Bor and Mike Ilsley

Bob Hurdell Memorial Cup went to Mike Ilsley for "Trio of Ploughing Horses" presented by the well-known local artist Emma McFadyen.

Peter Orman's delicate pencil portrait of "Head of a Girl" won The Barbara Hollinsworth Award, also presented by Emma.

Peter has been a member of the club since 1992 and his drawing was completed at the members' Monday Club, an additional activity to the monthly demonstrations, where members can often have the benefit of a life model or, if they

choose, bring along something on which they are currently working.

In contrast Sara Bor, winner of the best picture in show, is a new member and travels from Cheriton Fitzpaine, from where she will be showing her work at the Open Studios in September.

Last year, Jan Charlesworth grew a border of 10-feet sunflowers from seed and this gave her the inspiration for her dramatic collage. She wanted a permanent record of these giants.

There were 56 entries in

the childrens' section – the highest number of entries on record.

Hand crafted certificates by Mike Beach were awarded to Joe Bennett, Aivlin Moss and Emily Allen for their individual drawings of cats.

The next demonstration and talk will be conducted by Mike McDonald and his subject is "Chagford Landscape in mixed media". This will take place at Seaton Town Hall on September 2nd from 2pm to 4pm. Visitors and new members will be given a warm welcome.

Embroiderers learn Italian craft

OTTERY St Mary Embroiderers were delighted to welcome Beppi Berlin to their meeting on Monday, August 5th when she demonstrated Casalguidi work.

Beppi has always been a great favourite with her demonstrations of stitching and great patience with her pupils.

Casalguidi is a form of padded embroidery invented in a town in Italy by that name.

Members spent the day learning how to make free standing flowers on a background of squares

made by stitching.

The meeting in September will be the annual general meeting and will be held in the morning only.

The group meets at The Institute on the first Monday of each month from 10.30am to 3.30pm when a tutor attends or from 10.30am to 12.30pm for workshops only.

If you are interested in joining the needlework group and would like more information, contact Pat Snelling on 01404 812 651.

theWI Women's Institutes ROUND UP

AWLISCOMBE

FORTY members of Awliscombe WI along with friends and partners enjoyed a leisurely mystery trip last Thursday by coach.

The weather was perfect and not too warm when members set off at 5.30pm.

Travelling through some lovely countryside, the

group went via Taunton, Bridgewater and Burnham on Sea for a brief stop just long enough to take in a bit of sea air.

Then onto The Huntspill Arms where members enjoyed a tasty meal together. They arrived back at Awliscombe at 10.45pm after a most enjoyable evening.

**Send your Clubs News to Francesca Evans
by email at francesca@pemedial.co.uk
or by post at Pulman's View From
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- | | |
|-----------------------------------|--|
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| Saturday 21 September 2013 | Familiarisation and 11+ preparation |
| Saturday 5 October 2013 | 11+ tests |

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Dalwood invaded by pirates!



■ LORD of the Manor of Axminster Jim Rowe (right) and Axminster Town Crier Nick Goodwin lead the procession of shipmates and pirates through the main street in Dalwood. Pictured below are some of the entries in the fancy dress competition



DALWOOD was invaded by pirates on Saturday as the village celebrated its 669th country fair.

Persistent rain throughout the afternoon failed to dampen the spirits of villagers who turned out in force to enjoy a well supported fancy dress parade with a procession of shipmates and pirates through the village's main street and which included the Honiton Twirlers majorettes.

The fancy dress competition was judged by Jim Rowe, Lord of the Manor of Axminster, who, accompanied by Axminster Town Crier Nick Goodwin, officially opened the fair from a platform opposite the Tuckers Arms.

Mr Rowe paid tribute to those who had worked so hard down the years to preserve the village fair tradition.

After the opening, the crowd moved on to Gordon's Field, by kind

By Philip Evans
philip@pemedia.co.uk

permission of the Stapleforth family, where attractions included a number a stalls, including Punch and Judy, ferret racing, a steam train and a performance by the Uplyme Morris Men.

The fair week started on the previous Wednesday with the annual 10k-ish run and continued on Sunday with a united church service conducted by the Reverend Ann Mills and Kate Woolven.

The celebrations also included a production of "Pirates of The Caribbean" for four nights by the Corrydale Singers.

Proceeds from the fair will be divided between Devon Air Ambulance, Children's Hospice South West and Sidmouth Lifeboat.

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SUNDAY 25TH AUGUST 11AM-5PM
MONDAY 26TH AUGUST 10AM-6PM

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New attractions at village's annual show



■ **PRIZEWINNERS:** Successful entrants and their trophies. Below, the new dog show was particularly popular



THE Whitford Produce Association's annual Summer Show was a huge success and was enjoyed in glorious sunshine.

The event was opened by Dr David Evans and nearly 500 entries were entered into the varied vegetables, flowers, flower arrangements, cookery and handicraft classes. Organisers this year increased the photography section and were pleased to see it extremely well supported. Thanks go to new judge Dr David Shale for his expertise in judging the competition.

The children's exhibits were outstanding, ranging from miniature gardens incorporating trains and seaside theme cakes, to a celebration of 50 years of "Dr Who".

A new addition to the programme this year was a family dog show. The judge, local vet Tessa Porter, had a very difficult task of deciding on the ultimate winners of 12 classes, including best breed, the saddest eyes, the most handsome dog or the waggiest tail.

Also new to the show this year was an exhibition of miniature steam engines which, together with the tractor and wheat threshing machinery, was a real attraction, while the Chard Concert Brass Band provided musical entertainment throughout the afternoon.

Prize winners were awarded their cups by Dr Evans who paid tribute to the entrants for their wonderful exhibits acknowledging all the hard work that it entails to

by Philip Evans
philip@pemedi.co.uk

achieve such high standards.

■ Cup winners were as follows:

Pole Cup for the open class vegetables and flowers - Christopher Loud; Bridie Cup for the members vegetables and flowers - Christopher Loud; Committee Rose Bowl for the best exhibit of sweet peas - Brenda Clark; Fred Wilmington Memorial Cup for the best overall flower arrangement - Keith Mitcham; Arthur Bliss Cup for best vegetable collection - Christopher Loud; Moore Cup for open and members flower section - Brenda Clarke; Stoke Cup for exhibitor gaining most prizes in members' section and not previously won a Whitford cup - Sue Taylor; Colcombe Wood Rose Bowl for best rose exhibit - Christine Bonny; Fil Loud Cup for best dahlia exhibit - John Lang; The Jim & Phyllis Hallett Memorial Trophy for best gladioli exhibit - John Lang; Bakers Cottage Bowl (young people's cup) - Josie Mabbutt; Shute Horticultural Society Cup for the open class flower arrangements - Keith Mitcham; Cookery Section - Wendy Mitcham; The Garden Shop, Colyton £10 voucher for best overall begonia - John Lang.

Fruit and veg impress at Hawkchurch



■ SHOWING OFF THE SILVERWARE: Trophy winners at Hawkchurch Show

WHILE floral exhibits may have been down this year, due to bad weather, fruit and vegetable classes were overflowing with quality produce at the annual Hawkchurch Flower, Produce and Craft Show.

Pat Darch from the Hawkchurch Village Gardening Club said: "The village hall was packed with exhibitors and visitors for the award of prizes last Saturday and the committee wish to thank everyone for making this a very successful event."

"The overall number of entries was very close to the previous year but with more vegetable and fruit exhibits than flowers due to the hot spell in July. Despite this the flowers that were exhibited were of excellent quality. It was particularly pleasing to see a colourful display of creative flower arrangements this year, with the teacup challenge proving to be the most popular."

"We are again indebted to our judges whose expertise is much appreciated."

■ Results were as follows:

Baxter cup for vegetables and fruit - Mike Goode; Rose bowl for flowers - Rosemary Blunt; Floral decoration - Jean Ransford and Sally Lewers; Mini/small arrangement - Jean Ransford; Pot plant - Ann Lewis; Cookery and preserves - Sally Lewers; Art - Mike Goode; Craft - Kate Peirce; Photography - Clare Mackenny and Peter Melville; Ballinger Cup for most points - Sally Lewers; Best vegetable in show - Rose Churchill (peas); Best flower in show - Sally Lewers (dahlias); Best herb collection - Pat Darch; Child 5-7 Craft - Annabelle Mackenny; Child 8-10 Craft - Lucy Mackenny; Child 5-7 Cookery - Annabelle Mackenny; and Child 8-10 Cookery - Lucy Mackenny.

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Historic clock goes on show in Hemyock

A NIGHTWATCHMAN'S clock is on permanent display in Hemyock, offering a glimpse of factory life in the village 70 years ago.

The clock can be watched at Blackdown Healthy Living Centre at Millhayes in Hemyock.

The building was once the canteen for the milk factory complex, which existed on the site throughout the 20th century producing cream, spreads and ice cream powder as well as sending milk to London by rail.

A spokesperson for Hemyock History & Archiving Association said: "During the 1940s, the factory's nightwatchman would carry the clock with him on his rounds, inserting keys held at various points along the way which would mark a roll of paper inside."

"In this way, factory bosses could be sure that he was patrolling everywhere he was supposed to."

The clock, which was made in France, was donated to the association by Michael Lowman, son of factory foreman Edgar Lowman. He remembers it being used

in his childhood by nightwatchman Bert Head.

The project to display the clock was made possible thanks to a grant from the Sustainable Development Fund, which is administered by Blackdown Hills Area of Outstanding Natural Beauty Partnership.

Blackdown Healthy Living Centre is open from 9am-4pm on Mondays, Tuesdays and Thursdays, and 9am-12noon on Wednesdays.





Seaton Carnival programmes are on sale NOW from:

New Look News
Woodfields
Tower Services
Paper Chain
Seaton Fish Bar
Seaton Town Hall
Sweet Heaven
Animal Botanical
Tourist Information Centre
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Pick up your copy now for information on each event and a chance to enter the colouring competition, I-Spy Competition, NEW Photo Hunt and the £100 lucky prize draw sponsored by Seaton Fish Bar

SEATON CARNIVAL EVENTS 2013

Fishing Competition - 23rd August
Table Top Sale - 24th August
Bingo Night - 24th August
Classic Vehicle Show - 25th August
Crabbing Competition - 25th August
Songs of Praise - 25th August
Street Fayre - 26th August
Bowling Drive - 26th August
Car Treasure Hunt - 27th August
Quiz Night - 28th August
Murder Mystery Night - 29th August
Darts Competition - 30th August
Busking Competition - 30th August
Variety Night - 30th August
Dog Show - 31st August
Carnival Procession - 31st August
Please see the carnival programme for more details



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East Devon carnival season starts



KEEPING the family occupied at the end of the summer holidays need not be a worry if you are out and about in Seaton. A choice of entertainment is on offer for children and adults of all ages, on the esplanade and in the Town Hall, all organised by Seaton Carnival Committee. The carnival aims to raise funds for LOCAL charities and to bring visitors into Seaton for the procession night. There will be a variety of events from Friday August 23rd to Saturday August 31st. On Friday 23rd Seaton carnival presents an Open Shore Fishing Competition on Seaton Beach. The week of fun contin-

ues on Saturday 24th with a Table Top Sale for all the family at Seaton Town Hall and children's entertainment at Windsor Gardens from 10am – 12 noon. Spaces are still available at the Table Top Sale, if you wish for a table to be reserved please call Carnival Secretary Marie Churchill on 01297 22732. Also the popular Bingo Night will take place at the Town Hall from 7.30pm. Sunday 25th August is full of events happening along the seafront. There is a Crabbing Competition for the children from 11am at Seaton Angling Centre; classic Vehicle Show for the dads from 10am – 5pm and also a Songs of Praise for all the family

to have a sing-a-long. Seaton Champion Councillor Stephanie Jones will be crowning this year's Carnival Queen, Laura Fisher and her princesses Louise Tyne and Poppie Tooze, from 6.15pm at Jubilee Gardens.

Do you have any plans for Bank Holiday Monday August 26th? The whole family can try and grab a bargain at the Carnival's famous Street Fayre. Spaces are still available at the Street Fayre, if you wish for a space to be reserved please call Carnival Secretary Marie Churchill on 01297 22732. There will also be a Bowling Drive at the Bowling green from 2pm. At Jubilee gardens

from 10.30am you can challenge the Seaton Chess Club to a game of strategy and cunning. Do you know the local area well? Or fancy finding out more about the beautiful surroundings? Then join in the fun, at the Car Treasure Hunt on Tuesday August 27th, starting from Axe Valley Centre Car park (next to St Clares) at 6.30pm. Don't forget your torch in case you get lost and remember all clues can be seen from the car. For more details please contact Eric Samways on 01297 24260.

The whole family can enjoy the Battle of the Brains Quiz Night at Seaton Town Hall starting at 7pm on Wednesday

28th August. Please call 01297 22007 for your entry forms so you can prove to all your friends and family that you have what it takes to win the Carnival Quiz Night.

There's been a murder at Seaton Town Hall, 7.30pm on Thursday August 29th. Can you solve the mystery? Seaton Drama Group has a great night out planned with a quiz.

Next, its time for the Seaton Carnival Variety Night starring singing duo Eclipse, Allan Roberts Comedy Vocalist and Neil Diamond Tribute Show on Friday August 30th at the Town Hall from 6.30pm. The night will be packed with great entertain-

ment, great food and great company. Tickets are £14 per person, which includes a delicious buffet and dessert. Tickets are available NOW from Seaton Town Hall Box Office until 29th August or by calling Kevin Frost on 01297 24330. Seaton Carnival also has a Darts Pair Competition at Seaton Football Club from 7.30pm. Seaton's 2013 illuminated carnival procession will take place on Saturday August 31st, and starts at 8pm on the Esplanade. Seaton Carnival is traditionally the first carnival in the East Devon circuit and attracts floats and entries from not only East Devon but also across

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with Seaton carnival

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Please Note the streets to be closed for procession night are: Fishermans Gap, Trevelyan Road, Beach Road, Riverside Way, Harbour Road, Underfleet, Fore Street, Marine Place and the Esplanade. To help the carnival procession continue for many years to come, please come along to collect on the night as you might win a prize if you come in fancy dress. Collection tins are available from outside The Pebble Coffee House from 6.30pm. Seaton Carnival also has a Fun Dog Show in the morning on the Esplanade at 10.30am. If you would like to enter the procession, application forms are available to download from www.seatonbay.com. Please buy a carnival programme from Seaton Town Hall and local shops to find out more including the colouring competition,

I-spy competition, the NEW Photo Hunt and the FREE £100 lucky prize draw sponsored by Seaton Fish Bar. Seaton Carnival Committee hope that the sun will shine and everyone will enjoy their

events. Please give generously so the committee can give back to local charities. Last year the carnival week and main procession raised £1,445. The Carnival week would not happen without the support of

the traders and businesses who have advertised in the carnival programme. The committee also rely on the public to help raise funds and ensure the carnival can continue for the future.

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SEATON CARNIVAL COMMITTEE 2013

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Chairman – Kevin Frost

Treasurer – Terry Churchill

Secretary – Marie Churchill

Committee: Angela Broom, Jenni West-Broom, June Frost, June Millman, Peter Burrows, Rosemary Partridge-Hogbin, Vic Raskin, Wayne Broom and Jon Crose (Guest from Exeter University)

Procession Committee:

June Millman, Roger Broom, Kevin Frost, David Jones, Stewart & Pauline Leach.

Carnival Float Committee:

Angela Broom, Wayne Broom, Kevin Frost, June Frost & Marie Churchill

For more information on any of the events or to contact the committee you can:
Call Carnival Secretary 01297 22732
Email seatoncarnival@gmail.com
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Ready and willing to fight green wedge plans again

■ I WOULD like to heartily endorse the comments made in Y. Ishida-Bax's letter of last week to the effect that the green wedge appeal should not be allowed.

Unfortunately it is allowed and since last week the same developer has put in another (yes, another!) planning application on the green wedge site.

Apparently an applicant can re-submit an application free-of-charge if it is done within 12 months of the original. Clearly, although, this developer will make a killing if the application is approved, it doesn't want to waste its pennies on planning fees! Bit sick that!

There are some differences in the two applications (notably the current one does not provide any parking!) but the dreadful, overall effect on the area will be the same.

Folk who are unable to get on the property ladder naturally pin a lot of hope on the provision of "affordable" houses in new developments. If this development were to go ahead, eventually there could be 34 so-called affordable houses. However, it is probable that these affordable houses will not be built until the other 136 unaffordable houses are sold and built.

Over the years I have seen a lot of developers seduce the district council with promises of jobs and housing, etc. that never come about. I remember one that promised nearly 100 new jobs and in the event there were five!

Could be, therefore, just a case of "promises, promises".

Personally, the aspect of this application that I find most offensive is the fact that the only reason Seaton Park (Devon) Ltd. is ploughing ahead and trying to ride roughshod over us is not to provide "affordable" houses.

It is, as we all know, to make millions of pounds and they do it because they can. Of course, they are quite within their rights to re-apply and money is not a consideration to them when it is spent to make their profits. It's rather like the international companies that have incurred so much criticism recently for paying a pitiful amount of tax whilst making billions. They're not breaking the tax laws so whilst they can do it, do it they will. Bit like playground bullies.

However, we don't want any reader to think the residents of Seaton and Colyton intend to lose this round. Absolutely not! We are all ready, willing and able to fight again - and again if necessary. However long it takes.

Sooner or later the developer may get the message - Seaton Park (Devon) Ltd. you should understand we don't want your development spoiling this lovely, green valley so, please, be morally responsible, go away and build on a brownfield site instead.

BONTE POCKOCK
(By email)

Affordable promises 'turned to ashes'

■ IN the *Pulman's View From* (August 13th) you report that agents for the land on the Seaton Regeneration area (presumably still owned by Tesco) are requesting permission - which it seems they are almost certain to receive - to remove any affordable housing requirement on the site.

Local people will well recall that a deciding factor in granting planning permission for the Tesco project was the undertaking by the developer to make 40 per cent of the homes on the site affordable.

Sadly, East Devon District Council has now muffed negotiations yet again over this critical need for affordable provision. If EDDC had dealt constructively with the Racial site at any time over more than a decade then it could have delivered a major affordable housing outcome. It didn't, the goalposts were moved by government, and who can really be surprised that the owners removed their previous affordable offer from the scheme?

Similarly with Tesco, just a few years ago district

councillors proclaimed the word "regeneration" to trump the well-informed concerns from locals that their affordable home promises would turn to ash - and they have.

My point is not anti-Tesco, I shop there (just as I probably would have done at Sainsbury's). It's always been the "Gobi desert" Tesco created next door three years ago that worried me.

The "Seaton Champion" district councillor, Steph Jones and the district councillor for Axmouth, Ian Thomas, are both members of the small but influential EDDC Cabinet, and Councillor Helen Parr is the chairman of the Development Management Committee. We believe that our local representatives now need to make more than sympathetic noises about both this travesty of fairness and the outright failure in planning strategy at EDDC.

PAUL ARNOTT,
Seaton & Colyton representative,
East Devon Alliance

Seaton shops need support of customers

■ HAVING just read R. Buckleys letter (August 13th) I feel it only fair to put forward a different view.

It is not the shopkeepers but the customers of Seaton who are responsible for shops closing early. If they used local shops more they could afford to stay open.

Standing in a shop surrounded by perishable goods with only the odd customer, then to have to dispose of those goods, knowing you have not only lost your original outlay but also have wages and electric to pay, is soul destroying. The shops are not open because they can't afford to be, not because they are not prepared to make the effort and who in their right mind is prepared to do to open and lose money!

Since the loss of the holiday camp and the arrival of Tesco, shops have suffered a sustainable loss in turnover and profit. Shopkeepers are human and get tired so please don't begrudge them time out.



I have taken a photo to go with this letter it was taken at 3pm on Tuesday, August 13th and it speaks for itself.

Janet Phillips
(By email)

Thanks and good luck, Laura!

■ THE Seafood Platter team in Beer would like to thank Laura Goldsbury Noy for all her help, support and wonderful coverage throughout the last year at *Pulman's View From* newspapers.

We all would like to wish her luck at her new career choice and hope she settles in to her new job.

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WISHES MILLWEY RISE FC ALL
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▲ First team manager Matt Hall and Glynn Moore of Axminster Taxis.

MILLWEY Rise F C was formed in 1958 and have played in the Perry Street and District League ever since.

In their first season they won Division One, the Division One Cup and the Arthur Gage Cup. Over the years they have mainly played in Division Two and the Reserves in Division Four.

Millwey have won the league's Tommy Tabberer cup in 1987 and 1988, the Jack Venn Cup in 1964, 1965, 2003, 2006, 2007 and 2010 and the Ken Hodges Cup 2004 and 2006.

In recent years Millwey has progressed on and off the pitch and won the Division Two title in 2010. In 2011 saw Millwey move from their ground of 50 years, affectionately known as the 'slope', to Cloakham Lawn Sports Centre and have started a youth section for the first time.

The new ground was named "Harry's Field" in memory of the late Harry Dutfeld, the founder of Axminster Carpets who provided the land for the Cloakham sports complex. The 2011 season was one of many firsts for Millwey, they won the Division One title and won the Chard Hospital and Stan Wilson Cups for the first time and reached the Devon Intermediate Cup final, losing on penalties,

along with capturing the Division One Cup for second time.

In 2012 they one step further and won the Devon Intermediate Cup and finished in a credible mid table position in their first season in Premier division and the reserves also finished mid table in division 3 but won the John Fowler Cup.

This season Matt Hall has taken over first team manager. Simon Flint continues to run the Reserves.

The Youth section are looking to run Under 7's, 8's, 9's, 11's, 12's, 13's and 15's this season and have a training session on Saturday 24th

August at 10am to 11.30am at Cloakham Lawn Sports Centre

Millwey are always seeking new players, especially in the goalkeeping department to improve the squad and increase competition.

New players are welcome to training on Tuesdays 6.30pm and Saturdays 3pm.

The club boasts good playing and training facilities, as well as having a welcoming social area, which is well used after matches!!!

Matt can be contacted on 0779 238 4069 and Simon on 0775 648 9617.



▲ Wayne Jenkins of Aqua Heat Axminster Ltd with club secretary Jason Farrant and the reserve team top.



▲ Matt Hall, Glynn Moore, Wayne Jenkins and Jason Farrant.

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PRIDE IN AXMINSTER AWARDS

Thursday, September 26th 2013 Axminster Guildhall

Supported by Axminster Chamber of Commerce and Industry

A glittering awards ceremony in which the community champions of Axminster, nominated by readers of ***Pulman's View From Axminster***, will be recognised, honoured and rewarded

Readers are invited to submit nominations for the following:

● Charity Champion

Someone who has dedicated their life to raising money for charity and/or has made a significant difference to the lives of others

● Emergency Services Champion

Someone who has served as a member of the Emergency Services (Police, Fire Brigade, St John Ambulance, RNLI, Coastguards, etc.) with commitment, bravery and distinction.

● Young Champion

A young person (up to the age of 17) who has made a real difference in their school, youth club or community through attitude and example.

● Business Champion

A trader or business entrepreneur who can demonstrate a successful track record through innovation and good practice.

● Arts Champion

Someone who can demonstrate that they have enhanced the quality of life for the people of Axminster and district through creativity, dedication and excellence in the arts.

● Rural Champion

Someone who has played a prominent role in developing and promoting community initiatives to enhance the quality of life of those who live in the rural surrounds of Axminster (in the EX13 postcode).

● Sports Champion

A sports enthusiast (no age barrier), competitor or organiser, who has made a distinct contribution to the sporting life of Axminster and district, either by example or achievement.

● Community Champion

A special person whose contribution to the community life of Axminster and district and who epitomises the high ideals of those who believe in service before self. This category will be the top honour in the **Pride in Axminster Awards** and the winner will receive a cheque for £100 for their favourite charity/cause as well as receiving an inscribed plaque, as will all other category winners.

■ **HOW TO VOTE:** Send your nominations by post to: Champions, *Pulman's View from Axminster*, Tindle House, South Street, Axminster, with your nominated person written in capital letters (with a contact number of address if possible) and the category marked clearly. All those who submit a nomination will go into a free draw to win two places at the sparkling awards dinner in the Guildhall on September 26th. The winners will be judged by a panel made up of representatives of the sponsors of each category. The closing date for entries is: 12 noon, Friday, September 6th 2013.

Pulman's View in East Devon

- Pulman's View from Axminster ● Pulman's View from Colyton
- Pulman's View from Seaton ● Pulman's View from Honiton
- Pulman's View from Ottery St Mary ● Pulman's View from Sidmouth

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**BARBERSHOPERA
ARE BACK...
WITH SWORDS!**

*The musical theatre company
return with shows in Lyme
Regis and Bridport
See page 29*

BAND'S SURPRISE CELEBRITY CONDUCTOR

THERE was a surprise for Lyme Regis Town Band members during last week's 'Music by the Sea' concert on Marine Parade, when a holidaymaker stepped out of the audience to take over the conductor's baton.

The volunteer was no amateur, but none other than Mark Peacock, who was staying in the area with his family. Mark is currently the Musical Director of the Longridge Band in Lancashire, as well as Associate Conductor of the famous Fairey Band, who are currently ranked 8th in the world. He is also an adjudicator and a lecturer at Manchester Metropolitan University.

Mark conducted the band for the march 'Punchinello' and later gamely took part with the rest of his family, together with children from the audience, in playing percussion accompaniment to one of Abba's greatest hits 'Ring Ring'. Lyme Band's Musical Director John Powell commented, 'we were delighted and privileged that Mark took time out, not only to come and listen to our concert, but to agree to conduct. Our band members really enjoyed the experience'.

The Fairey Band, based in Cheshire, are certainly no strangers to Dorset. They have a strong local following and have given regular concerts at St Mary's Church in Beaminster for many years, always attracting large audiences. Their next visit is on 22nd September, followed by a pre-Christmas concert

on December 15th.

This has again been a successful summer for the Lyme band. The season is now drawing to a close, with only two Tuesday night concerts left, plus a Sunday afternoon concert on August 25th, starting at 2.30pm.



Mark Peacock leads the Lyme Regis Town Band

Tickets go onsale for 'Our House'

SEATON'S Testudo Musical Players are celebrating their fiftieth anniversary this year and are staging the popular award winning show 'Our House.'

The modern love story very cleverly based around the

songs from the band 'Madness' will be staged at The Gateway, Seaton Town Hall from Wednesday September 18th to Saturday September 21st.

Testudo are renowned for their amateur presentations with a professional flair and the

cast's enthusiasm in this fast, pacy show will have you singing and dancing in the aisles.

Tickets will go on sale at The Gateway Box Office (01297 625699) from August 1st onwards.



Learn to drive a tram!

SEATON Tramway, the unique heritage tramway and tourist attraction in the Heart of Lyme Bay, is offering its Driver's Eye "learn to drive a tram" Experience, on Monday 26th August, the Summer Bank Holiday.

The thought that often goes through visitors' minds is: "I would like to get my hands on the controller and drive a Seaton tram". Well now they can. For adults, we are making our popular Driver's Eye Experience available on that day at Colyton Station. This will be the chance for budding tram drivers to get their hands on the controls.

Together with your Driving Instructor, drive one of our trams from Colyton Station to Colyford and back for only £25.00 per person, which includes a souvenir certificate. If you are bringing your own guests they can travel with you for £6.50 per person. As this is a popular activity, please pre-book in advance on 01297 20375 to avoid disappointment. Why not round off the enjoyment with lunch or a Devon Cream Tea in the Tram-stop Café at Colyton to complete the day.

Don't forget that on whichever day you come, all visitors now receive 'Explorer' tickets, which provide all day unlimited tram travel. Visitors can make as many journeys as they wish, with the bonus of being able to hop on and hop off at any station and ride on any number of fascinating trams from the oldest to the newest.

Remember, also, that children under three accompanied by an

adult travel free, and children under sixteen accompanied by an adult pay just half the adult ticket price.

What better way to spend a day at Bank holiday time than to explore the Jurassic Coast at Seaton and the townships of Colyford and Colyton, as well as the River Axe Estuary

and Axe Estuary Wetlands with all the amazing wildlife to be seen than from the open top deck of an electric tram.

Tickets can be purchased at the Seaton Terminus and Colyton Station ticket offices (or on line at: www.tram.co.uk)



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Classical music the world over!

"CLASSICAL music the world over" – this is the motto of the Chamber Philharmonia Cologne. It is irrelevant for their musicians whether they are playing in a little village church, in the open air, in Cologne Cathedral or in the Sydney Opera House – their enthusiasm to play music is the same every time.

The objective is simple – the group want to inspire as many people as possible across all generations to enjoy classical music. The popularity of the ensemble is reflected in the fact that the Chamber Philharmonia Cologne gives around 300 concerts a year around the globe and listeners throughout the world look forward to a musical encounter with exceptionally talented musicians.

The Chamber Philharmonia Cologne was founded in the city whose name they bear: Cologne. The city that is famous throughout the world for its University of Music and its musical and instrumental teaching. Generations of musicians have been trained here for many decades who, in terms of their musicality, are unparalleled around the world. Taking advantage of this pool of talent, a stock of outstanding musicians has accrued that in a changing cast of musicians take our motto across the world.

Since November 2009, the Chamber Philharmonia Cologne has a very special partner at their side – the Mercedes-Benz Centre in Cologne. As part of a creative co-operation, this world renowned company, via its branch in Cologne, thrilled by our musical concept provides the

Chamber Philharmonia Cologne with a comfortable tour bus. It enables our musicians to travel quickly and comfortably to the many varied concert locations. In return, the Chamber Philharmonia Cologne, in close cooperation with the Mercedes-Benz Center Cologne, organises special concerts for the car company's special customers. The remarkable construction of the Mercedes-Benz Center is transformed in the process into a really top-class concert palace. This results in the smell of new cars mixing with the sounds of classical music.

The permanently expanding repertoire of the Chamber Philharmonia Cologne consists primarily of hand-picked pieces. The real appeal of our programme lies in the meeting of popular and unknown works from a wide variety of musical epochs. This sees familiar greats like Wolfgang Amadeus Mozart and Antonio Vivaldi in dialogue with works from people such as Sergei Prokofiev through to the "King of Tango" Astor Piazzolla. This mix promises great diversity of the very highest order, without us having to preach to the audience in the process. After all, music is for entertainment and not for instruction.

Chamber Philharmonia Cologne will perform at Sidmouth's St Giles & St Nicholas Church on Saturday, August 24th from 6.30pm. The concert will feature works by Vivaldi, J.S. Bach and Mozart among others. Tickets are available in advance from Sidmouth Information Centre (01935 516441), or on the door one hour prior to the concert from 5.30pm.



Chamber Philharmonia Cologne

They're just Tres Geezers...

TRES Geezers return to Devon next week with a string of dates in the area.

The rocking trio - who can name Eric Clapton, Dave Gimour, George Harrison and Annie Lennox among artists they have performed with - come down from London once a year to do a run of gigs.

This year they perform at The Clinton Arms, Exmouth on Friday, August 23rd from 9-11pm; The Royal Clarence, Seaton on Saturday, August 24th from 4-7pm, then at The Axminster Inn from 9.30pm-12am also on Saturday 24th; The Volunteer in Honiton on Sunday, August 25th from 9-10.30pm; and finishing at Yeovil Labour Club from 3-6pm on Monday, August 26th.

For more details on the band visit www.tresgeezers.co.uk.



Put a smile on your 'Boat Race' with Chaz & Dayve and The Twerzels Tribute Show

YOU won't Adam & Eve it, but to round off its Summertime entertainment, Seaton Tramway, the unique heritage tramway and tourist attraction in the Heart of Lyme Bay, has arranged a great evening's entertainment of hearty, unfilled nostalgia with the Twerzels – Wurzels West Country and Chaz & Dave Tribute Show performing at Colyton Station on Saturday, September 7th.

The tram departs from Seaton at 7.00pm, which will give you a chance to get into the mood as you take a wonderful evening ride along the Axe Estuary. When you arrive at

Colyton dressed in your 'Lionel Blairs' you can enjoy a delicious hot roasted pork bap with stuffing and apple together with homemade coleslaw and potato wedges in the newly extended Tramstop Café, all washed down with local West Country cider. Then you will be all ready to wallow in and to sing along with all those old favourites from "Combine Harvester" to "Rabbit Rabbit" when the Twerzels – Wurzels West Country Tribute Show begins at approximately 8.30pm – 9.15pm, followed by the Chaz & Dave Tribute Show at from 9.45pm – 10.00pm.

After all this fun and excitement, the tram departs from Colyton at 10.30pm bound for Seaton and home.

The return tram ride, entertainment and meal prices are: Adults £23.00, Children (3-15) £17.00 and Children (under 3) £5.00. If you are making your own way to Colyton to enjoy the food and entertainment, the prices are: Adults £18, Children (3-15) £12.00 and Children (under 3) £5.00. This is sure to be a really popular event, so please get on the "dog & bone" in advance on 01297 20375 to avoid disappointment.

40th Honiton Hill Rally

August Bank Holiday Sunday & Monday

9:00am – 6:00pm

Rising Sun, Stockland, Nr Honiton, Devon EX14 9NH



- Steam Engines - Tractors
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Admission : Adults - £7.00, OAP's - £6.00
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www.honitonhillrally.co.uk



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7th September 2013

THE TWERZELS
Wurzels West Country Tribute

**&
CHAZ & DAYVE**
Tribute Show

At Colyton Station, Colyton
7.30pm - 10.30pm

Join us for a fantastic evening out, great entertainment and delicious hot roasted pork bap with stuffing and apple together with homemade coleslaw and potato wedges. Optional tram ride available



The Ultimate
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Tram, Entertainment and Food Ticket Price:

Adult £23.00 per person Children (3-15) £17.00 per person U3's £5.00 per person.

Entertainment and Food Ticket Price:

Adult £18.00 per person Children (3-15) £12.00 per person U3's £5.00 per person.

For further details and to book tickets
Tel: 01297 20375 Website: www.tram.co.uk

The Sherpas to play at Eyre Court Hotel

EXETER'S most popular young band "The Sherpas" are performing at the Eyre Court Hotel's Party Night on August 23rd.

The Sherpas new EP 'Soiree' was recently launched at Mama Stones, just as Exeter's progressive indie rock band began a summer of UK and European gigs and festivals. The Sherpas are gifted young musicians and stunning live performers, flipping from memorable indie rock in the vein of The Maccabees, to passionate songs that recall Jeff Buckley.

The band have put off money-making contracts to stay independent. Bassist Chris Tilke is brilliant at recording and production; frontman Pierre Roxon is



The Sher-

also budding film maker. – and the whole band creates The Sherpas stunningly original sound – with guitarists Ben Milverton and Jake Daniel and James Fuke on percussion.

The Sherpas fought off stiff competition to win the 2012 Battle of the Bands competition at the Cavern in Exeter. Before Ben and Pierre joined, the Sherpas had won several other competitions including Battle of the Bands contests in Sidmouth in 2009 and Okehampton in 2010.

The band list their influences as: "Red Hot Chili Peppers, Bombay Bicycle Club, Pearl Jam, Jimi Hendrix, Richie Kotzen, Led Zeppelin, The Maccabees, The Strokes and many, many more...", in addition to modern dance and jazz.

Doors open on August 23rd at 8pm, band on at 9pm. Entry is free, and a free buffet is available.

EXETER'S MOST POPULAR YOUNG BAND PERFORMS AT THE EYRE COURT HOTEL'S PARTY NIGHT



"Best download of the week, ever"
James Santer, BBC introducing in Devon

"Brash, noisy and young, quite enjoyed it!"
Peter Hook, Joy Division

FRIDAY 23 AUGUST

Doors Open 8pm, Band on at 9pm
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www.facebook.com/TheEyreCourtHotel

Electric Palace lives the High-Life

FOLLOWING frequent demand for more dance nights, Bridport's Electric Palace opens its doors for a diverse new club night, 'High-Life'. On Saturday, August 31st BBC DJ Lopa Kothari brings her eclectic mix of sounds from around the world to the Electric Palace for this very special opening club night. She will be joined by Afro-pop outfit AJ Holmes & the Hackney Empire for an unmissable live set of global grooves.



AJ Holmes & The Hackney Empire

From the depths of Hackney come a five-piece band that are taking over the world with their unique blend of Afro-pop with a home-grown British sensibility. They are AJ Holmes & The Hackney Empire, and have been described by the music press as "the ultimate Afro party disco machine". Fusing African influences with classic London narratives in the vein of Ian Dury and Squeeze, AJ Holmes & The Hackney Empire have created a feel-good soundtrack for 21st century tropical pearly kings and queens! 'Wedding' is their electrifying debut release, influenced by London's rich cultural melting pot creating a union of cultures; where Africa meets London and falls in love! It embodies AJ Holmes' mad professor genius, who fuses wildly different genres of music together so deftly hand that you'd think they had always walked hand in hand. AJ's partners in crime (bass player Abi, drummer Ged, guitarist Martyn and vocalist Sabine) are the 'The Hackney Empire'; a multi-cultural tribe of uber-talented musicians who bring even more colour to a fluorecently bright palette of sounds. Following support slots with David Byrne and appearances at Secret Garden Party, Big Chill, Lovebox and Thames Festival, whilst also rocking the stages of the Royal Festival Hall, Islington O2 Academy, The Olympic Park, BT London Live and Gulbenkian Lisbon, AJ Holmes & the Hackney Empire now come to raise the roof at Bridport's Electric Palace to launch their new club night 'High-Life'.

Lopa Kothari from BBC's 'World on 3' brings her eclectic mix of sounds from around the world to the Electric Palace, with exclusive sessions and concerts by leading musicians in world music. Lopa gave up a high-flying career in investment banking to indulge her love of music and as a result has enjoyed a range of careers as diverse as the CDs on her bookshelf. Recently she presented for Radio 3 World on your Street stage at WOMAD.

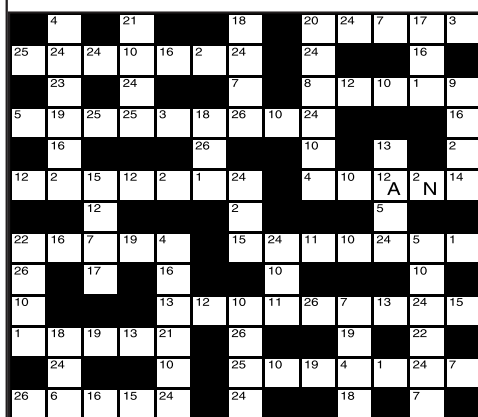
Rounding off the night, DJs Highlife Sound System present a throw-down of global roots and culture – perfect for a late night, late summer party! Entry is £5 on the door.

Brain Gym

No.235

Codeword

Each number in the grid represents a different letter of the alphabet and every letter of the alphabet is used. Use the given letter(s) to the right of the main grid to start you off.



LAST WEEK'S SOLUTION:

1	D	C	N	J	S	L	T	A	X	Z	I	O	U
14	G	R	E	P	H	Y	Q	V	W	M	B	K	F

1	14
2	15
3	16
4	17
5	18
6	19
7	20
8	21
9	22
10	23
11	24
12	25
13	26

Double Crossword

Choose either quick or cryptic clues - both fit the same grid.

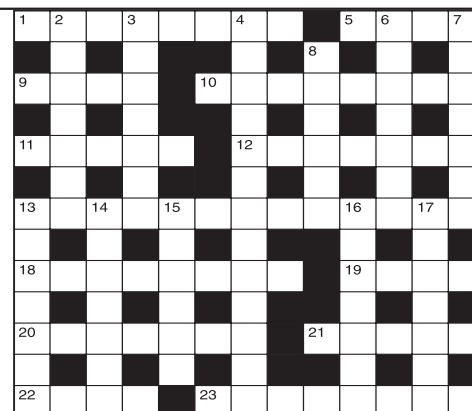
Cryptic Clues:

Across

- Way over the mountains, presumably (4-4)
- Part of the Canibal Islands in Indonesia (4)
- A slight legato effect (4)
- Desert transport for moving houses (8)
- Enumerates the venues for the tournament (5)
- Calling for a taxi - when it is doing this in the winter? (7)
- A source of current attraction (7-6)
- Seen in sackcloth, a riotous libertine (8)
- The bearing of a man sounds parsimonious (4)
- Gasp about complete necktie (7)
- Prohibit nearly everything commonplace (5)
- Takes the fare (4)
- Scarcely incline to one in crafty setting (8)

Down

- Unfortunate disposition of estate showing malice (3-4)
- Eric gets involved with the non-conformist (7)
- Historically ill-timed (13)
- Nights associated with Scheherazade..... (7)
-showing imaginative perception in visual range (7)
- The greatest numbers will provide a guiding principle to the first letter (6)
- Surpass a natural phenomenon (7)
- Incorporated in a different text, but no longer in being (7)
- They provide capital adornments (6)
- Although he's associated with clubs and bars, he's in good physical shape! (7)
- As a pupil I make a raucous noise, one hears (3-4)



Quick Clues:

Across

- Crafty trick (8)
- Breeding farm (4)
- Employer (4)
- Incursion (8)
- Purloin (5)
- In the fashion (1,2,4)
- Thoughtfulness (13)
- Charm (8)
- Bird's home (4)
- View (7)
- Flaming (5)
- Ancient Roman garment (4)
- Protected (8)

Down

- A stew (7)
- Raids (7)
- Regaining health (13)
- N. African port (7)
- Dark cell (7)
- N. American country (6)
- Cigar (7)
- Nil (7)
- Sloping type (6)
- Stress (7)
- See (7)

Sudoku

	3		4			7		9
			8	5			4	
2		6		7			1	
	5				4	8		
4		3		8		2		7
		8					3	
	7			4				6
		1		9	5			2
9	4			3			8	

Fill in the grid below so that every column, every row and each of the 3x3 boxes contains all the digits from 1 to 9.

LAST WEEK'S SOLUTIONS >

9	3	4	5	1	6	7	8	2
1	7	8	2	4	3	9	6	5
5	6	2	8	9	7	1	3	4
7	4	3	6	5	9	8	2	1
8	1	9	7	3	2	5	4	6
6	2	5	1	8	4	3	7	9
4	5	7	9	6	8	2	1	3
3	8	1	4	2	5	6	9	7
2	9	6	3	7	1	4	5	8

LAST WEEK'S CROSSWORD SOLUTIONS:
CRYPTIC - Across: 1 Lassie; 4 Cloche; 9 Battle honours; 10 Uniform; 11 Ether; 12 Aglow; 14 Using; 18 Horde; 19 Steeple; 21 Water-biscuits; 22 Paying; 23 Aligns. Down: 1 Labour; 2 Sitting pretty; 3 Igloo; 5 Lancets; 6 Caught napping; 7 Ensure; 8 Thumb; 13 Overrun; 15 Show up; 16 Astir; 17 Senses; 20 Excel. QUICK - Across: 1 Remark; 4 Erects; 9 Spring balance; 10 Loiters; 11 Theme; 12 Again; 14 Adept; 18 Refit; 19 Lug-gage; 21 Plain-speaking; 22 Esteem; 23 Ledger. Down: 1 Result; 2 Marriage feast; 3 Range; 5 Related; 6 Contemplating; 7 Seeker; 8 Abuse; 13 Intense; 15 Triple; 16 Slope; 17 Beggar; 20 Grade.

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Jazz star Jungr at Marine Theatre

LONG acknowledged as a unique interpreter of popular song and one of Britain's top singers, award winning performer Barb Jungr has brought her own writing and interpretation of great songs together in this fabulous new collection featuring some of her favourite songwriters.

This is Barb Jungr like you've never heard her before, in a deeply soulful, richly groove laden show which explores Jungr's trajectory from the roots of her European upbringing in the Northwest of England to her international cult status as one of the great song stylists.

'Stockport to Memphis', Jungr's new album, is jam-packed with her extensive repertoire of material familiar, unusual and original in a

rollicking, emotionally contrasting and unforgettable show that will have audiences screaming for more.

The unique artistry of Barb Jungr has brought rave reviews internationally, and two New York Awards; her acclaimed recordings and her live performances have brought her to the world's stages.

Barb Jungr performs at the Marine Theatre, Lyme Regis this Thursday, August 22nd. Doors open 7.45pm with the performance from 8.30pm. Tickets cost £15 (full), £13 (concessions) and £45 (family 2+2). A TheatreFriends discount is available. Tickets can be booked online at www.marinetheatre.com, or from Lyme Regis TIC (01297 442138).



BARB JUNGR
"Casually virtuosic" The Guardian

Howl to showcase top local musicians at River Cottage Canteen

ELIJAH Wolf and River Cottage Canteen Axminster have come together to put on a spectacular night of emerging new music emerging from the South West.

On Monday, August 26th some of the hottest acts from the area who are making waves in the music industry will gather together to perform at the canteen, Elijah explains: "Howl showcases at the canteen have a reputation for being fantastic nights. New and original

music from the south-west sometimes gets a bit ignored so its our aim to shout about it. What makes this event great is that everyone playing is being recognised on national radio by stations like Radio 2, BBC 6 and BBC Introducing! so this really is a night celebrating the unique and quality artists from the area. We invite anyone who is into music to come and join us for a fabulous evening of food, fun and fabulous music"

Acts include: The Gravity Drive, Elly McCabe, Aidan Simpson, Holly McIntosh aka Mouse Deer, HUSH, Andy Grant and Peter James Millson. Tickets are £10.00 each including River Cottage nibbles and can be bought from River Cottage Canteen in Axminster, Bridport Music or by emailing info@elijahwolf.com or bought on the night.



Cranberries Luxury Hideaway

CRANBERRIES Luxury Hideaway is in Whitford Road, Kilmington just 1 mile from Axminster.

As well as accommodation and function rooms, Cranberries also offers a whole host of activities.

If you are organising a hen or corporate day/weekend please give us a call.

A sample of activities:

- Clay pigeon Shooting
- Archery
- Cupcake Decorating
- Chocolate making
- Pamper sessions
- Vintage Afternoon Tea
- Crafting
- Reiki and Crystal Healing

•Cooking Skills

Cranberries have two function rooms, one for small meetings up to 30, and the large function room can seat up to 250.

For the corporate client there is a small and large meeting room available and can offer a day delegate rate to include tea and coffee and also lunch starting from £40.00.

Equipment hire is available, including flipcharts and projectors. Office facilities are also available inc free wifi.

Things are moving really quickly at Cranberries, weddings and civil partnerships will be a key part in

the ongoing success. Cranberries have recently obtained a wedding licence which will again add to the facilities. Ceremonies can be conducted in the Library which overlooks the surrounding countryside and distant sea views or the custom built pagoda which will be situated outside again overlooking the stunning Axe Valley surroundings.

To complete the offerings at Cranberries, the function suite has a fully fitted and licensed bar. To add to any event there is for hire, six bouncy castles, a Rodeo Bull and Casino Tables, and a Hog Roast Machine Hire.

stags.co.uk

Stags Agriculture

SATURDAY 24TH AUGUST – STARTING AT 11.00AM

HONITON SHOWGROUND, GITTISHAM, NR HONITON, EX14 3AW

EAST DEVON GRAND SALE OF MODERN & VINTAGE TRACTORS, VEHICLES, FARM MACHINERY, CARS & AUTOMOBILIA AND GENERAL EQUIPMENT

Expected 1000 Lots to inc: 11 Tractors: John Deere 1130 c/w Quicke Plus H Loader; 1997 Case IH 4240 c/w Quicke Loader (P507 DOD); Massey Ferguson 590 2WD c/w MF 80 Loader (RUN 213F); Ford 7610 4WD (D Reg); 1948 Oliver Standard 60 (Petrol/TVO); 1958 Lanz Bulldog (Used this year/In good working order); Leyland 154 (Very Tidy); International 275 Tractor (Engine recently rebuilt); Kubota B6000E 4WD Compact; Kubota B6000E 2WD Compact (Spares or Repair); Kubota T1400 Yard & Garden Tractor **Vehicles/Cars:** 2003 Golf 1.6 Match (12 Months MOT/93,000 Miles/New Brakes); 1998 Land Rover 130 (12 month MOT/pto Winch/Hyd Tip Alloy Side Ext) **Trailers:** Buffalo Hyd Tilt Tri-Axle Trailer c/w Elec Winch; Ifor Williams Cattle Stock Trailer; Michael Thorne 20ft Bale Trailer; AW Cattle Feed Trailer; Rice Horse Trailer (Front & Rear Unload) **Machinery & Implements:** 2003 Ruscon 2000 gallon Vacuum Tanker; Two 2E480 Hedgetrimmer; Bomford B458 Hedgetrimmer; Overum Excelsor 5 Furrow Reversible Plough; Manitou Bucket; Quicks 6ft Topper (Nearly New/Heavy Duty Blades); Taurup 622 Forager; Krone 6 Star Tedder; JT Universal Round Bale Unwinder (2 yr old); Claas WM250 Mower; KRM Fertiliser Spreader; Fraser 850 FYM Spreader; Fraser Vacuum Slurry Tanker; Browns Yardscraper; Browns Flat 8 Sledge & Grab; Zetor 7ft Hyd Fold Up Mower; Folding Seed Drags; Folding 3.8m Vibrotiller; Taurup 602B Forager; 4 Furrow Kverneland Plough; McHale Shear Grab; Two 452 & 402 Yard Scrapers; Crop Sprayer; 3ft PTO Heavy Duty Topper; Harrows; 3 Kongskilde Corn Bins (2 x 35 Tons/1 x 15 Tons); Kongskilde Corn Blower & Qty Blower Pipes; PTO Saw Bench; Car Trailer; 2 Sets of Pallet Forks; County Tractor Parts; 2 County Wheels; Matador Wheels & Fuel Tank; Kidd Chain Topper; Ransome Faum Potato Planter; Kverneland Triple K Vibrotiller; Two Vibrotiller; Pooley Scales; Mounted Drags; Cattle Round Feeders & Drinking Troughs; Sheep Equipment inc: 12 4ft & 8 6ft Galv. Hurdles/8 Hay Racks/5 Galv. Feed Troughs & Hay Racks/ 6 Water Troughs & Drinkers/Weigh Crate/Elec. Netting/Fencing/12V Elec. Shearing Set; 4 Wheeled Trolley; Ifor Williams Canopy; Pig Arcs; Corn Augurs; DB Tractor Lights; IBC Containers; Lamb Weigher Crate; Qty Piping & Timber **Automobilia:** Qty Range Rover Spares inc: Defender 10 Fuel Tank, Classic Tail Gate & Inner Front Wings, 2 Gearboxes, Front Grille **Building, Workshop & Vintage Equipment:** Denning PTO Saw Bench; Diesel Lister Engine; Petters Engine on Trolley; Cast Trolley Wheels; Pulleys; Valve Grinder; Building Timber; Diesel Generator; Large Compressor; Corrugated Roofing Tin; Engineers Vices; Scaffolding Equipment; Electric Table Saw; Grinders; Bosch Breaker; Pressure Washer; WW2 Army Field Kitchen **Household Items:** 3ft PTO Rotovator; Toro Wheel Horse Ride On Lawn Mower; Honda/Mountfield/Champion Lawn Mowers; Chainsaws; Shrimmers; Brushcutters; Leaf Blowers; Lawn King Rotary Mower; 2 Iron Garden Arches; Flower Urns; Vic. Cast Iron Fire Surround; Aluminium Milk Churns; Fire Grates; Large Travellers Trunk; Picnic Table & Parasol; Wheelbarrows; Granite Sets; Large Qty Garden Tools **Also to include Complete Dispersal of Workshop and Garden Tools on behalf of Mrs S Gosling, Barnstaple inc:** Merlin SIP 150 Welder; Blackspur BD100 Bench Drill, Stihl Strimmer & Brushcutter and many other lots.

ALL LOTS MUST BE PRIOR ENTERED ON THE OFFICIAL ENTRY FORM (AVAILABLE ON WEBSITE OR OFFICE 01884 255533). ENTRIES ACCEPTED UP TO SALE DAY. ALL LOTS MUST BE RECEIVED ON SITE FRIDAY 8AM TO 8PM & SATURDAY MORNING OF THE SALE BEFORE 10AM.

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The West Country is Stags Country

Your ceremony at Cranberries Luxury Hideaway...

Perfectly situated atop of a hill in an area of outstanding natural beauty, Cranberries is surrounded by lush green countryside with stunning coastal views. The beautiful grade two listed farm buildings were once part of a working dairy farm which dates back 250 years ago. The former barn have each been delicately renovated to retain as much of their original character as possible and each has been lavishly furnished into luxury accommodation; perfect to accommodate wedding guests and have a luxurious country honeymoon.



There is a range of areas to hold a romantic ceremony and wedding breakfast. Our main function suite has its own bar and lounge area and can seat up to 200 guests. The library is situated in the traditional grade two listed farm house and can seat up to 50 people—a gorgeous building inside and out. A gazebo is perfect for taking advantage of the surrounding area with acres of beautiful countryside, this can seat up to 100-150 people.

Cranberries wedding garden truly captures one of the best views in the country. Overlooking the Axe Valley and famous Jurassic coast, it's a really special place to create matrimonial romance; boasting a breathtakingly memorable backdrop for treasured wedding photos. With plenty of choices for entertainment, themes, catering and accommodation, we can tailor make a wedding package to make your wedding day perfect down to the last detail! Call for our brochure and to arrange a viewing.



Telephone: 01297 33193

Email: www.cranberrieshideaway.com

Address: Cranberries Luxury Hideaways, Hills Farm, Kilmington, Devon, EX13 7NS

Diary Dates

TUESDAY AUGUST 20TH

HAWKCHURCH: Bingo – Hawkchurch Village Hall – eyes down 7.30pm

WEDNESDAY AUGUST 21st

OTTERY ST MARY: Drop in Stay & Play for under 5's at Old Boys School, 9.30–11am

OTTERY ST MARY: Bumps and Babes at Ottery Children's Centre, for babies until they are crawling, 1.30–3pm.

THURSDAY AUGUST 22nd

HAWKCHURCH: Whist Drive – Hawkchurch Village Hall at 7.30pm – £2.00 per player

COLYTON: Colyton Parish History Society: Walking discovery of Colyton – the most rebellious town in Devon! Every Thursday afternoon until end of September. At 2pm from the town car park (regardless of weather). Minimum donations £2 per person (u16s free). Booking not needed. Lasts about 1 hour. For more details call 01297 552514 or 01297 33406.

NEWTON POPPLEFORD: Newton Poppelford Stay & Play drop in group for under 5's. From 1.30–3pm.

AXMINSTER: Church sale at Church Hall in Chard Street, from 9–30am start, with Bric – A – Brac, books, Plants, Cakes, Vegetables, Toys & Raffle. Coffee / Tea & home made light lunches available. Organised by Axminster United Reformed Church.

SEATON: Hobby & Craft Fayre at Winstons, Harbour Road from 11am. Organised by Bizzy Fingers Craft Group, supporting 'Force' Cancer Charity. For more details call 01297 21508.

FRIDAY AUGUST 23rd

HAWKCHURCH: BBQ at the Old Inn, Hawkchurch – BBQ and Children's Disco in the marquee at the rear of the Old Inn at 8.00pm and for the adults 'Proms at the Pub' from approx. 9.00pm with laser show at 10pm

SEATON: Fishing Competition. Sign on 6pm at The Spot On Cafe. £5 entry plus optional pool. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Mike Spiller 01404 43397

LYME REGIS: Car Boot Sale at Lyme Regis Football Club, Charmouth Road from 6pm. Sellers from 5.30pm. Admission: Sellers £5, buyers 50p.

SEATON: Operation Dishwasher coffee morning at Seaton town hall from 10am until 1pm. To raise funds for our dishwasher campaign, Raffle and lots of homemade cakes tea and coffee. Contact 01297 625699 for info.

SIDMOUTH: Bumps and Babes at Sidmouth Children's Centre, for babies until they are crawling, 10–11.30am

SATURDAY AUGUST 24th

UPLYME: Ballroom, Latin and some Sequence dancing at Uplyme Village Hall from 8–10.30pm. £4.50 per person in aid of hall funds. For more details call 01297 442439.

HAWKCHURCH: Teddy Bear's Picnic and Parachute Jump – 12.00 noon at St John the Baptist Church, Hawkchurch. Decorated parachutes will be judged at 12.30pm and then teddy's will parachute off the church tower at 1.00pm. For parachute instructions contact Merri Wallace on (01297) 678538

SIDMOUTH: Sidmouth Lions Club – Great Book Sale. 9.30am to 12.00 noon at St John Ambulance Hall, Blackmore Drive, Sidmouth EX10 8LA. Thousands of good quality books to choose from at very reasonable prices, plus Cakes stall and Coffees / Teas provided by Lions' Ladies. Entrance fee (50p per person) includes a cup of coffee. All proceeds to Sidmouth Lions' charity activities.

SEATON: Table Top Sale at Seaton Town Hall and Windsor Gardens, 10am – 12 noon. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

SEATON: Bingo night at Seaton Town Hall. Doors open 7.30pm, eyes down 8pm. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

BEER: Hobby & Craft Fayre at the Mariners Hall from 10am. Organised by Bizzy Fingers Craft Group supporting 'Force' Cancer Charity. For more details call 01297 21508.

BEER: Beer Buffs holding Coffee Morning & Summer Fayre at the Mariners Hall from 9am–12noon. Many bargains, bric-a-brac, tombola, grand draw, cake, stall, lucky dip etc.

SIDMOUTH: Concert by Chamber Philharmonia Cologne at St Giles & St Nicholas Church from 6.30pm. Performinc works by Vivaldi, Bach, Mozart and more. Tickets available in advance from Sidmouth Information Centre, Ham Lane (01395 516441) or on the door one hour prior to the concert from 5.30pm.

SUNDAY AUGUST 25th

KILMINGTON: Car Boot sale behind the Old Inn Pub, from 8am. £5 to sell. Please help us re-use, reduce & recycle. Kilmington pre-school.

HAWKCHURCH: Companion Dog Show – at the Playing Field, Hawkchurch. Entries will be taken from 1.30pm and judging will commence at 2pm prompt. For a schedule please call Christine Bright on (01297) 678498

HAWKCHURCH: Fun Quiz – at the Old Inn, Hawkchurch at 8.00pm. Teams limited to a maximum of five,

Helen Goodman Payne
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AXMINSTER GUILDHALL
SAT 31/08/13 10am – 4pm Free Entry
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REIKI – CRYSTAL BALL – TAROT
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House & Gardens

The Gardens are open every day throughout the year from 10am. Last admission is at 4.30pm and they close at 6.30pm.

The House is open on Tuesdays, Wednesdays, Thursdays, Fridays, Sundays, and Bank Holiday Mondays, from 12 noon with last entry at 4pm. Tearoom, Plant Centre & Gift Shop The Tearoom, Gift Shop and Plant Centre are open daily.

The Shop and Plant Centre are open to all visitors from 10am–5pm, with the Tearoom open to paying visitors from 11am–4.30pm.



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To advertise in View 2 call
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HAWKCHURCH VILLAGE FETE
Bank Holiday Monday
AUGUST 26th
2.00pm
in the playing field
Lots of fun for all the family:
Honeysuckle Dog Agility Team • Xtreme Falconry
Karizma Majorettes • Bridport Ukulele Group
Children's entertainment from Uncle Bob
Stalls • Games • Side Shows • Craft Marquee
Bouncy Castle • Face painting • Coconut Shy
Smale Gundogs • Cocker Hounds • Laurel Farm
Alpacas • West Country Sled Dogs • Much more!
BBQ, Licenced Bar & Refreshments Available

Popular Mind, Body & Spirit Fayre Visits Axminster

DAWN OF ENLIGHTENMENT'S popular Mind, Body & Spirit fayre visits Axminster on Saturday, August 31st, with an amazing line-up of psychic readers, therapists, holistic traders and a prize draw in aid of a local charity.

The one day Holistic show is FREE to enter and runs from 10am until 4pm at the Guildhall in West Street, situated in close proximity to the main shopping area, car parks, main line train station and local bus services.

Holistic therapists, psychics, tarot readers and spiritual mediums will be available to consult for advice and guidance, with free talks and demonstrations taking place in the main hall, throughout the day.

Visitors will also be able to browse through a selection of interesting stalls, offering crystals, pendulums, CD's for relaxation, incense, spiritual gifts and purchase raffle tickets in aid of Somerset based Horseshoes and Handprints formerly known as Special Horses for Special Children.

Presented by Dawn of Enlightenment's Danny Gee and Ken Payne, both experienced Reiki masters and spiritual healers, the professionalism and quality of all exhibitors is guaranteed to offer 'peace of mind'. A warm welcome is extended to all visitors.

For more information on the Axminster event, please contact Danny 07913243624 or visit our website www.dawnofenlightenment.co.uk

Musical Adventure Party
Colyton Reece Strawbridge Centre
Sept 9th 10.00am Pirate Adventure
Oct 14th 10.00am Woodland Friends
Nov 11th 10.00am Crazy Circus
Colyton Grammar School
Sports Hall
Streetdance Classes
Fridays 6.00pm Sept 6th
Beer Mariners Hall Breakdancing Workshop
Sasha Bilotshsky (Floorcrusaders)
31st Oct
11.00am–12.00pm Juniors 8–13yrs
12.15pm–2.00pm Seniors 14yrs & up
Musical Workshops 5.00pm – 7.00pm
Colyton Reece Strawbridge Centre
Sept 11th, 25th Oct 16th, Nov 6th, 20th Dec 4th
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Mind Body Spirit Fayre

Saturday 24th August 2013

9am to 5pm

Mackarness Hall, Honiton

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Free entry

Clairvoyance Demonstrations
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Healing ~ Reiki ~ Massage

Readings ~ Tarot ~ Angels ~ Ribbon Readings
Psychics ~ Colour

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Myths & Legends

Carved Pieces ~ Relaxation and Music CDs

Large Selection of Crystals

Further details contact: 01404 548420

Website: www.honitonspiritgroup.co.uk

Diary Dates

£1.00 per person.

SEATON: Crabbing Competition at Seaton Angling Centre, Axmouth Harbour at 11am. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

SEATON: Classic Vehicle Show on Seaton Esplanade, 10am – 5pm. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Vic Raskin 01297 22109

SEATON: Crowning of the Carnival Queen and Songs of Praise at Jubilee Gardens, 6.15pm. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

MONDAY AUGUST 26th

HAWKCHURCH: Hawkchurch Village Fete – 2.00pm in the Playing Field. Main ring entertainment, stalls, games of chance, raffle, coconut shy, Craft Marquee, bouncy castles, mini golf, vintage tractors, ice creams, teas, licenced bar, BBQ and the Church Tower maybe be open (weather permitting) – something for everyone!

SIDMOUTH: Drop in Stay and Play for under 5's, with health clinic at Sidmouth Children's Centre. 9.30–11.15am every Monday.

SEATON: Street Fayre on Seaton Esplanade. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

SEATON: Chess Club Challenge, 10.30am at Jubilee Gardens. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

SEATON: Bowling Drive at Seaton Bowling green at 2pm. Please see Seaton Carnival programme (on sale now) for more details. Enquiries 01297 20431

BEER: Beer Film society and Beer Social Club present the film: 'Star Trek: Into Darkness' to be shown at the social club, doors open 7pm for 7.30pm start. All welcome, tickets £5 pay on the door.

AXMINSTER: Meat Bingo at Axminster Guildhall, open 7.30pm for 8pm. Guaranteed £100 half time cash flyer.

TUESDAY AUGUST 27th

SEATON: Carnival Car Treasure hunt. Assembly Point: Axe Valley Centre Car Park (Next to St Clares) 6.30pm start – Entry fee £3 per car. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Eric Samways 01297 24260

WEDNESDAY AUGUST 28th

LYME REGIS: Talk 'Designing a Show Garden' by Hugo Bugg, RHS Young Designer of the year 2010 and GOLD medalist at RHS Tatton Park and RHS Hampton Court Palace Flower Shows. At Woodmead Hall from 7.30pm. Members free, Non Members £2. For more details call 01297 444034 or visit www.ulrhs.wordpress.com. Organised by Uplyme and Lyme Regis Horticultural Society

SEATON: Carnival Quiz Night at Seaton Town Hall. Doors open 7pm. Teams of four, £6 per team. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

THURSDAY AUGUST 29th

COLYTON: Colyton Parish History Society: Walking discovery of Colyton – the most rebellious town in Devon! Every Thursday afternoon until end of September. At 2pm from the town car park (regardless of weather). Minimum donations £2 per person (u16s free). Booking not needed. Lasts about 1 hour. For more details call 01297 552514 or 01297 33406.

AXMINSTER: Psychic development group 7.30–9pm. Small group meeting the last Thursday of every month. £5.00 per session Call 01297 35448 for more info or see www.rachel-rendell.co.uk

SEATON: Murder Mystery at Seaton Town Hall, 7.30pm. £3 per person. Please see Seaton Carnival programme (on sale now) for more details. Enquiries Marie Churchill 01297 22732

AXMINSTER: Come and support the HALFF Cake Sale from 9am–1pm, outside Bevis and Beckingsale Solicitors in Silver Street. All monies raised will go towards running free cookery classes within the community.

FENITON: Feniton Stay & Play drop in group for under 5's at Youth Centre, 1.45–3.15pm.

AXMINSTER: Coffee Morning and sale of goods at the Church Rooms from 8.30am–1pm. Funds to support Axe Vale over 50s.

FRIDAY AUGUST 30th

SEATON: Variety Night, 6.30pm. Great food – Great Acts – Great Night Out. Please see Seaton Carnival programme (on sale now) for more details. Tickets £14 per person including buffet and dessert. Tickets available from Kevin Frost on 01297 24330 or after the 23rd August Seaton Town Hall Box Office 01297 625699

Email your Diary Dates to
rob@pemedial.co.uk
(deadline Friday midday).

The Ramona Flowers tour comes to Exeter



THE Ramona Flowers anthemic new single 'Brighter', out September 9th on burgeoning label Distiller Records, mixes electronica, rock and indie resulting in a track that's as infectious as it is dramatically powerful. The 'Brighter' remix package will include reworks from Everything Everything and electronic-folk outfit Mt. Wolf.

Bristol-based The Ramona Flowers, whose previous singles include the emotional 'Lust and Lies' have been praised for their rawness but simultaneously their courage to experiment with a surprising number of styles. Music sympatico Andy

Barlow of Manchester electronica duo Lamb immediately heard the potential in the band's early demos and has since taken on production duties for their forthcoming full length.

The Ramona Flowers wowed audiences on the recent Bastille tour; Hot Chip and Ladytron have remixed them, and NME describe the band's textural sound as "a wholly different beast, and one that could have feasibly fitted on Radiohead's Kid A."

On 'Brighter', singer Steve Bird has never been in better command of his falsetto, and he's got monster

hooks and melodies in his bottle of tricks. 'Brighter' is the sound of a band utterly on form and completely on top of their game - it's sharp, emotive, massive.

After support shows with Bastille, MS MR and Lamb, The Ramona Flowers are ready for their own headline tour, and the band will be performing at Exeter Phoenix on Wednesday, September 11th, with doors opening at 8pm. Tickets cost £5, and are available online

at www.exeterphoenix.org.uk, or call 01392 667080.

Barbershopera are back... and this time they have swords!

BARBERSHOPERA, the multi award-winning musical company, are heading to Bridport and Lyme Regis with their brilliant new musical The Three Musketeers (Bridport on Thursday, August 22nd, 7.30pm, and Lyme Regis on Friday, August 23rd at 7.30pm)

Reinventing Alexandre Dumas' classic story with some fresh four-part harmonies, Barbershopera's three guys and a girl sing you through the epic adventure of D'Artagnan and The Three Musketeers.

With her village under threat of destruction at the hands of the villainous Cardinal RichTea, young Nicole D'Artagnan must dress up as a man and head to Paris in hope of joining the famous King's Musketeers. But murky happenings plague the progress of our heroine and her new-

found trio of friends as they battle corruption, femme fatales and the cultural confusions brought on by a quest to England.

Blackadder meets Gilbert & Sullivan in a joyous hour of musical comedy. The 17th century just got cool again. All for fun and fun for all!

Tickets for the Bridport show cost £12 adults/ £11 members/ £7 child/ £34 family. To book tickets online visit www.bridport-arts.com, or at Bridport Arts Centre's box office (01308 424204).

Tickets for the Lyme Regis show cost £12 adults/ £10 concessions/ £7 under 16/ £30 family. To book tickets online visit www.marinetheatre.com, or at Lyme Regis Tourist Information Centre box office (01297 442138).



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On the day: Adults £13
Advance tickets: Adults £11 available online
www.melplashshow.co.uk

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7.30pm

Full Price: £12

Concessions: £10

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Also at Bridport Arts Centre

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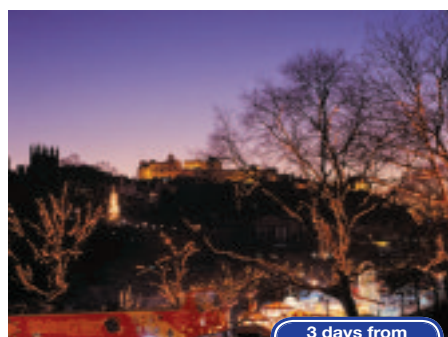
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Golden YEARS



A 12-page pull-out guide to elderly care, help and services
in East Devon, West Dorset and South Somerset



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So whether it's just a short break or long term care, a stay at Steepleton Manor is a high quality, relaxing, yet sociable experience. With its attentive care staff, impressive facilities and grounds, it feels like home. To find out more about Steepleton Manor, speak to a member of Altogether Care's friendly staff on 01305 300 161, or visit their website at www.altogethercare.co.uk



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Altogether Care

Seaswift House

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The rooms at Seaswift House are spacious and tastefully decorated, with individuality and colour, so no room is the same. All of the rooms have a colour television and private telephone if required. A stair lift is also available.

The business is privately owned by the resident proprietor Mrs Kate Jackson, who is in touch and available on a daily basis.

Kate and the staff at Seaswift House are all dedi-

cated to running the sort of Care Home that ensures residents feel happy and secure, and to know they are among friends, to live their lives as they wish, with dignity, independence and freedom of choice, but with the assurance that help is always at hand. To be able to receive their relatives and friends into their home, with the privacy they require.

Realising, that the decision to move into residential care is a very big one for all concerned, Kate and the team invite you to visit, have a cup of tea or coffee and look around.

Seaswift House offers all these things and their promise to you is, they will always have time to listen.

We currently have a beautiful large en-suite room available, with lovely sea views and views of the Bowling Green and gardens. It has recently been refurbished. Early viewing is recommended if you are interested.



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and ask for Kate Jackson or
Leanne Phillips.

Thistlegate House

THISTLEGATE House is a splendid and most elegant residential care home which offers "possibly the finest residential care in the south west". The Grade II Lutyens inspired "arts and crafts" style property retains the ambience of a fine country residence with its timber beamed ceilings and stone feature fireplace. The large comfortable lounge which is set out in a manner to encourage conversation or privacy as desired, overlooks the formal part of the four acre grounds which boasts many fine trees, terraces, walkways and a delightful sunken garden together with far reaching views of the surrounding countryside across to Lyme bay.

As you enter Thistlegate House the comfortable calm relaxed atmosphere is immediately apparent and welcoming. The accommodation is spacious and tastefully decorated as you would expect of a house of this style. The



high quality care is provided by a very experienced professional staff together with the resident proprietors, June Webb and John Corney, who are available to residents and staff alike throughout the day and night which ensures that the very highest standards of care are maintained at all times. The excellent cuisine at Thistlegate

House is a very important part of daily life with the highly varied menus being planned by the chefs and June Webb on a daily basis, the elegant dining room provides the ideal setting where the residents receive silver service.

Great emphasis is placed upon achieving a feeling of wellbeing for the residents of Thistlegate House by appreciating their individuality and providing the care that they need in the manner that they require. There are many additional aspects and services available to residents at Thistlegate House. We would be pleased to discuss these, along with the level of care required for yourself, a relative or perhaps a friend and establish exactly how we at Thistlegate House may be of help to you.

For further information please contact Mrs. June Webb or Mr. John Corney Tel: 01297 560569 or visit our new internet web site www.thistlegatehouse.co.uk



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Is the time right for Nursing Home or Home Care?

HOW do you know when the time is right to consider the decision of placing someone in a nursing home for more care?

If you're the caregiver for a loved one with Alzheimer's or another dementia, maybe you've wondered the same thing. Maybe you're taking care of your loved one in your home and your situation is working out really well. Or maybe you're in that situation of wanting desperately to keep your family member at home, but you're starting to feel that the challenge of balancing everything in life might be too

much at times.

Reasons Nursing Homes Are Avoided

Families often experience guilt and anxiety related to even the thought of nursing home placement. They may have made a promise years ago to their loved one that they wouldn't ever put them in a nursing home. Some might feel like it's their duty to care for their spouse in their own home. Or, they may have had a bad experience (or heard of one) with a nursing home and are fearful of making that choice.

When Nursing Home Care Happens by Default

Occasionally, there are situations where it's clear that the time has come for nursing home care. These could include severe illness, injury or hospitalization of the caregiver or person with dementia, or the death of the caregiver. Those sudden changes often necessitate nursing home placement and sometimes individuals end up in facilities almost overnight, with very little time to

search different facilities.

Signs that the Time for Nursing Home Care Is Near

Outside of those sudden changes, when is it time? What are signs to pay attention to? How do you know when you should make that move to a nursing home or if you can continue to make things work at home?

Here are some signs that it's time to consider nursing home care:

- . You've hurt your back or fallen when trying to lift or move your loved one.
- . Your loved one's Alzheimer's has progressed to the point where she tries to hurt you or exhibits other challenging behaviors such as paranoia or frequent anger.
- . Your family member has wandered outside and become lost.
- . You're dropping the ball with other responsibilities.
- . Your own health is declining.
- . Your relationships are suffering.
- . You have surgery or another planned medical procedure coming up soon.
- . Your doctor has said that it's time for nursing home placement.
- . Your loved one has care needs that you really

can't handle very well, despite your best efforts.

. You've had friends or family members repeatedly express concern for you and encourage you to look into the option of a nursing home.

. You already have tried other options to keep your loved one at home and they just aren't providing enough assistance.

. Financially, nursing home care is more feasible than paying for the amount of in-home services that

would be needed to meet your loved one's care needs.

If one or more of these signs sounds familiar, it may be time to go forward with planning a move to a nursing home.

Keep in mind that if your health or emotional well being suffers too much, you won't be able to be much help at all to your loved one. Planning well can help you continue to be there for your loved one, so you can keep providing the love

and support that she needs during the challenge of this journey.



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The importance of exercise as you get older

PHYSICAL activity and exercise can help you stay healthy, energetic and independent as you get older. Adults aged 65 and over spend on average 10 hours or more each day sitting or lying down. This makes them the most sedentary age group. They're paying a high price for their inactivity, with higher rates of falls, obesity, heart disease and early death compared with the general population. As you get older, it's even more important that you remain active if you want to stay healthy and maintain your independence. If you don't stay active, all the things you've always enjoyed doing and taken for granted start to become that little bit harder. You may struggle to pursue simple pleasures, such as playing with the grandchildren, walking to the shops, leisure activities and meeting up with friends. You might start to get aches and pains that you never had before, and have less energy to go out. You may also be more vulnerable to falling. This can all lead to being less able to look after yourself and do the things you enjoy.

Strong evidence

There's strong scientific evidence that people who are active have a lower risk of heart disease, stroke, type 2 diabetes, some cancers, depression and dementia.

What doesn't count?

Daily chores such as shopping, cooking or housework don't count towards your 150 minutes because the effort isn't hard enough to increase your heart rate.

If you want to stay pain-free, reduce your risk of mental illness, and be able to go out and stay independent well into old age, you need to keep moving. It's that simple. There are lots of ways you can get ac-



tive, and it's not just about exercising. Most people as they get older want to keep in touch with society – their community, friends and neighbours – and being active is a way to ensure that they can keep doing that.

What is physical activity?

Physical activity is anything that gets your body moving. It can include anything from walking to recreational sport.

The first thing to bear in mind as you get older is to keep moving. On a basic level, that means making sure you don't spend hours on end sitting down during the day. This means avoiding long periods of TV viewing, computer use, driving, and sitting to read, talk or listen to music. While some activity is better than none at all, to get the maximum health benefit, you should aim to do at least 150 minutes (2 hours and 30 minutes) of moderate-intensity aerobic activity every week. Aim to do something every day, preferably in bouts of 10 minutes of activity or more. The more you do, the greater the health gains. One way of achieving your weekly physical activity target is to do 30 minutes on at least five days a week.

On at least two days a week, activities should include those that strengthen muscles and bones, such as weight training, carrying heavy loads and heavy gardening.

Examples of moderate-intensity aerobic activities include:

- walking fast
- doing water aerobics
- riding a bike on level ground or with few hills
- playing doubles tennis
- pushing a lawn mower



Bridport Mobility

At Bridport Mobility, our aim is to offer advice and quality products at affordable prices to each of our customers. At Bridport Mobility we believe everybody should be entitled to independence and freedom in every aspect of their lives. We are proud to offer a vast range of products, all designed to make those living with disabilities feel capable and secure.

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A local company offering a quality service

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COOK

HAVE you ever tried a frozen meal made by those clever chefs from COOK? Their founding principle in 1997 was to cook using the same ingredients and techniques you would at home, so everything looks and tastes homemade. And today, nothing's changed. Their meals taste as good (or maybe a little better) than you would make at home.

They have two shops in the area, one on Corporation Street in Taunton and one in Tudor Arcade in Dorchester. Both shops offer a home delivery service making their delicious meals even more convenient.

Their meals come in a number of portion sizes and cover everything from Liver and Bacon to Roasted Confit of Duck. You'll also find they have a selection of meals for smaller appetites.

In addition to the quality of their meals, they pride themselves on the service they offer and when they deliver they will gladly put the meals away in your freezer if you wish.

If your paper is The Weekender, Pulmans View, or you live in Lyme Regis, you should call the Taunton shop on 01823 323001 to request a menu. If your paper is a View From please call the Dorchester shop on 01305 756571.

Alternatively you can visit www.cookfood.net.



COOK
www.cookfood.net

Frozen meals that look and taste homemade
Could you, a friend or a relative benefit from
the convenience of delicious frozen meals?



**Pulman's View From
& WEEKENDER**

Readers can have free delivery
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01823 323001 (min order £30)

**from
View
newspapers**
in West Dorset

Readers can have free delivery
from COOKfood Dorchester
01305 756571 (min order £30)

Single meals from £2.99

Please call either shop for a copy of our menu

Overington Care

OVERINGTON Care Ltd is an Independent Domiciliary Care Agency, established in 2013 by Managing Director Nichola Overington. They are situated in the beautiful seaside town of Seaton. They provide a 24-hour service, with a wide range of Care Services to assist adults wishing to remain living in their own homes on a one-to-one basis, allowing them to live independently, tailoring their service to meet the clients individual needs. Overington Care also provides Health Care Assistants, Support Workers and RGN to Residential, Nursing and Learning Disability Homes, throughout the South West.

Overington Care Ltd is registered with the Care Quality Commission (CQC) and they work within the guidelines and Legislation of accepted good practice.

At Overington Care, they pride themselves on their professionalism and dedication. All staff members are checked via a Disclosure and Barring Service (DBS) prior to commencing work.

Overington Care also provides the optional FREE installation of Invicta Telecare. If the client has a fall at home, Invicta Telecare receive a signal from a pendant or impact detecting wristband device, and they then immediately contact Overington Care who will then attend to the client. There is NO EXTRA call out fee for unscheduled/emergency callouts, and the client only pays for the time a member of staff is in attendance

with them. There is also NO EXTRA charge for mileage, as this has already been calculated into the fees. Call Overington Care today and

see how they will be able to help you or your loved ones, you will be pleasantly surprised by the services they provide.



Richard Stent Optometrist



RICHARD Stent Optometrists, your local independent opticians provide free NHS eye exam-

inations for the over 60's. Having regular eye examinations to check the health of your eyes is important. An eye examination can detect conditions such as cataracts, macular degeneration, glaucoma; all of these can cause difficulties with your sight. Checking your spectacle prescription is up to date also ensures that you get the best possible vision when wearing your glasses.

Our Dispensing Opticians will give you expert advice on choosing the most suitable eyewear including varifocal lenses. Richard Stent Optometrists are Nikon and Essilor stockists and specialise in varifocal dispensing, keeping up with the latest innovations in lens design.

We have appointments available Monday to Friday 9.00 - 5.30pm and Saturdays 9.00 - 1.00pm. Call in or contact us on 01460 53921.



Your local independent Optician

Providing a Personal and Professional Service. NHS, Private Eye Examinations and OCT Scanning.

Cornhill, Market Square
Ilminster
Tel: 01460 53921

Hazelwell Lodge

HAZELWELL Lodge is a 35 bed Care Home for the elderly situated in Parish town Ilminster in South West Somerset. Miss Edna Maxwin took over the running in 1987, for people with Old age and dementia. Her aim was to change people's perception of care homes and how people view their autumn years. We are now a 35 bed home specialising in care for those who suffer from dementia and associated behavioural issues that may cause challenges in an unsupervised setting. The operation of the home is designed to enable such residents to resume a more appropriate and desirable way of living that deals with their individual needs on a personal level. We provide safe environments that are adapted to the unique needs of the resident so that they can enjoy as much independence, mental and physical stimulation as possible. Miss Maxwin has now been joined in the ownership

of the home by her son Chris Ochoa. With the support and interaction of local authorities, NHS and Healthcare professionals it is

clear to see that Perceptions HAVE changed and Hazelwell Lodge holds an important and respected position in the local community.



HAZELWELL LODGE SPECIALIST RESIDENTIAL CARE

We focus on providing person centred care, in our 35 bedroomed home, specialising in Dementia, with our highly trained, dedicated team of staff.

2012 winners of the Somerset Care Focus Dignity in Care
& Outstanding Manager Awards

For further information please contact:

Claire Kingdon on 01460 52760 | claire@hazelwell.co.uk
Hazelwell Lodge, 67 Station Road, Ilminster, Somerset TA19 9BQ

Overington Care



**FREE
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FOR CLIENTS
IF REQUESTED**

Provide healthcare assistance to clients wishing to stay in their own homes

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Chiropody Appliance Service Ltd.

YOUR foot comfort is as important to us, as it is to you. We appreciate how problems with your feet can cause problems to you both physically and emotionally.

Let's face it it's no fun coping with constantly painful, sore or aching feet.

We have been making insoles for Chiropodist's & Podiatrist's patients for over 28 years and understand that people's foot problems vary greatly. For specialized foot care we always suggest you contact a Podiatrist or Chiropodist, however, we also know our standard range of products might be what you are looking for.

We supply to private customers and medical practitioners, ie Podiatrists, Chiropodists, Physiotherapists, Orthopedic services.



Manufacturers of high quality insoles to the NHS for over 30 years!

We offer a range of foot supports and comfort insoles to the public via our website

www.4footpain.co.uk

Full length insoles - ¾ length insoles - Metatarsal pads
Toe Supports - Ramblers comfort - Sports comfort
Available for sports shoes, running trainers and fitness footwear

PO Box 32, Colyton, Devon EX24 6YR
t: 01297 553818 e:4footpain@googlemail.com

Higer Ground Meadow

OUR Natural Burial Ground is set within the beautiful west Dorset landscape and offers far reaching panoramic views. For those who cherish the countryside and its wildlife this is the perfect place to be laid to rest with dignity in a secure setting of timeless beauty.

When a loved one dies many families have to face a situation for which they are not prepared. At Higher Ground Meadow we welcome the opportunity to help you at this difficult time and we will liaise with your funeral director. We feel passionately that the funeral ceremony which takes place needs to be individual, to honour the deceased and celebrate their life. Burials may follow a church service or any type of ceremony held here. There will be no rush as we normally only hold one service per day, giving mourners privacy, space and time.

Perhaps you are looking for the right place to inter a loved one's ashes, we offer plots in the meadow or the new woodland. Please consider viewing our burial ground, phone for an appointment if you would like me to meet you there. Many families are finding peace and comfort from laying their loved ones to rest here.



Higher Ground Meadow

Natural Burial Ground

A very special place for your loved one to be laid to rest

For further information please call,
Joanna Vassie.

Higher Ground Meadow, Hackney
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Tel: 01935 891245

Website:

www.highergroundmeadow.co.uk



Our technicians manufacture many types of insoles and arch supports, suitable for foot comfort in the home and outdoors. These can help ease many conditions for the older patient including joint pain associated with arthritis, plantar fasciitis, metatarsalgia, Morton's neuralgia, etc. Also available are comfort insoles for the changing foot conditions of the diabetic patient, MS sufferer, etc.

Insoles are available for sports shoes, running trainers and fitness footwear to help protect the soft tissues of the foot, ease heel pain, shearing/impact effect and to help with shock absorption.

Plus, we haven't forgotten all the walkers, hikers, & welly boot wearers, made to help ease the trauma of everyday walking. Please see our specialized range on our website, www.4footpain.co.uk.



Daley Home Care

DALEY Home Care, the registered Domiciliary Care Agency, is helping clients from Lyme Regis to Dorchester to remain independent in their own homes. The team of friendly, personable carers are all highly trained, complementing their experience, (all have enhanced CRB disclosure) and guided by Registered Manager Julie Daley, who has a wealth of experience of the care industry. Julie also runs a 3 star rated Care Home and Domiciliary Care Agency in Shropshire and with fellow director Mark Roberts is now replicating these excellent standards in West Dorset.

We Care For You by Caring About You is Daley Home Care's simple message and sums up the company ethos. They are able to offer a full range of services, from personal care and help with domestic tasks to full palliative care. Helping clients regain their independence after hospital treatment and getting them to appointments and social events are all included. Daley Home Care is dedicated to providing the very highest standards of care 365 days a year, and their charges reflect this, being the same every day, ensuring every client enjoys the dignity and respect they deserve. Contact Daley Home Care on 01308 898 345 or email daleyhomecare@btconnect.com



We Care For You by Caring About You

Daley Home Care, backed by years of the very highest quality experience, is ready to look after you.

Whatever your needs, our superbly trained carers will ensure the dignity and respect you deserve as we assist you to remain independent in your own home.

From a simple check call to full palliative care we provide the very best service every day of the year, at the time and frequency that suits you.

We offer a complete range of services from personal care to cleaning, cooking and shopping.

Contact
Mark Roberts or Julie Daley

Daley Home Care
01308 898 345
daleyhomecare@btconnect.com

Regency Care & Mobility



Exceptional service with compatible prices at Regency Care & Mobility

REGENCY Care and Mobility are happy to announce that they are now selling British made rise and recline chairs and beds. The chairs and beds can be made to order to any size.

We pride ourselves on giving honest, trustworthy and no pressure to buy advice. Our large stock ranges from small aids to scooters, beds, rise and recline chairs and bathlifts. Anything we do not have on display can always be ordered in for any persons individual needs after initial assessment.

We offer exceptional service with compatible prices including free call outs. Our services cost £39 with a free pick up and return. All scooters, chairs and beds brought from us come with a free after care service.

Not only do we accept part exchange on scooters, chairs and beds, we will also take away your old beds and chairs when we deliver your new one.

We are open Monday to Saturday 9am to 4pm so come and see us or call us on 01460 271172.

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Rise and Recline
Chairs
FROM **£495**

FREE
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New Mobility
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01460 271172

Email: regencycareandmobilityltd@btconnect.com

Web: www.regencycareandmobility.co.uk

Scott Rowe

PLANNING for later life and retirement can seem complicated and overwhelming.

At Scott Rowe we understand that many people would rather not think about making a Will. However, making one will ensure that your wishes are carried out, utilising any tax benefits available.

If you die without a valid Will then you are said to have died 'intestate'. It can leave your family

with a financial and administrative burden when establishing who the true beneficiaries are, and people who you wished to benefit may miss out.

You may also consider making a Lasting Power of Attorney, to be used by people you nominate to run your affairs for you, should you become unable to. This can cover your financial future and your personal and welfare decisions whilst you are alive.

We can also advise you on how to fund possible future care, including equity release schemes, and on buying or selling your home if you are looking to move house in the future.

Over 98% of our clients recently surveyed say that we provided a good quality service and that they would recommend us to others. We are friendly and easy to talk to, and we can arrange home visits if that is easier.



Scott Rowe

TAKING CARE OF YOUR LEGAL NEEDS



- ✓ Wills
- ✓ Living Wills
- ✓ Trusts
- ✓ Inheritance Tax Planning
- ✓ Lasting Powers of Attorney
- ✓ Management of Affairs
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- ✓ Equity Release
- ✓ Care Funding

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01297 443777

www.scottrowe.co.uk

Tips for eating well as you age

AS YOU age, your relationship to food may change along with your body. A decreased metabolism, changes in taste and smell, and slower digestion may affect your appetite, the foods you can eat, and how your body processes food. The key is to figure out how to adapt to your changing needs. Now, more than ever, healthy eating is important to maintain your energy and health.

. Load up on high-fiber fruits, vegetables, and whole grains. Your whole digestive system



does slow as you age, so fiber is very important. Consume fiber-rich foods such as whole grains, fruit, and vegetables. They will help you feel more energetic and give you fuel to keep going.

. Put effort into making your food look and taste good. Your taste buds may not be as strong and your appetite may not be the same, but your nutritional needs are just as important as ever. If you don't enjoy eating like you used to, put a little more effort into your meals, including the way you flavor, prepare, and present your food.

. Watch out for dehydration. Because of physical changes, older adults are more prone to dehydration. So make sure you are drinking plenty of fluid, even if you don't feel thirsty. If you're not getting enough water, you're not going to be as sharp and your energy will suffer.

Make meals a social event. It's more enjoyable to eat with others than alone. If you live alone, invite other people over. It's a great way to stay in touch with friends and you can share cooking and cleanup duties.

Horton Cross Nursing Home

Horton Cross Nursing Home - Caring for you!

HORTON Cross Nursing Home is privately owned providing general nursing care to the elderly; this includes Palliative and Respite Care.

Whilst always striving to achieve higher standards of care, we are proud of the service we offer and continually encourage staff to maintain their on-going training programme supported by the management of the home.

We strive to ensure the home is run with a 'home from home', happy and relaxed atmosphere. At the same time we employ a good safe, secure and professional standard of nursing care.

A structured recreational programme is in operation involving all residents. This includes outings, entertainment and activities suitable for all residents.

We have a hairdresser and a registered chiropodist who visit regularly.

All other personal services including dentist, physiotherapy, newspapers and magazines, can

be arranged. We also have an in-house shop which sells toiletries and confectionery items.

Doctors from local practices visit Horton Cross on a regular basis or by individual appointment.

Adequate parking facilities are available for all visitors and a warm welcome will always await them. We provide for the social service and privately funded clients. Fees and any other details supplied on application.



Bilbys coffee shop



Good quality home cooked food
Friendly atmosphere

Why not come and enjoy a light lunch or coffee and cake with friends

Market Street, Crewkerne - 01460 72622

Silver Street, Ilminster - 01460 57050

HORTON CROSS NURSING HOME



Specialising in providing general nursing care for the elderly and exceeding standards.

For availability of placement or an informal tour please call the Registered Manager.

Horton Cross, Ilminster, Somerset TA19 9PT

01460 52144

The Koppers

A RESIDENTIAL Care Home specialising in the care of people with Dementia set in one of the most beautiful East Devon villages.



▲ Dennis with Muffin the Rabbit

Terry New Denture

Dentures from the comfort of your home

TERRY New's Denture Clinic offers a service that few can compete with. Terry has been in the denture business for more than 30 years, and got introduced to the business by a relative who was a technician as well.

He visits a lot of homes, and is one of the few practices in the country who is legally qualified to make dentures without the involvement of a dentist. He can make dentures straight to the public, which saves a lot of time and hassle.

"I do a lot of home visits, and meet a lot of people and go to a lot of residential homes," Terry said. "I offer one on one service, at competitive prices."

Prices are extremely competitive even for those with a limited budget. Terry also offers a denture repair service, while customers wait.

"As I work from home, I do offer service at weekends, if I am around."

Based near Ashcot in Somerset, Terry can do home visits within a 25 mile radius of his home. For more information call 01458 210039 or cut out and keep this advertisement for future reference.



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Terry New Denture Clinic



Have the perfect denture measured, made and even fitted in the comfort of your own home with our home visits, or come to denture clinic for a consultation

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- Denture Advice • Fast, professional Service
- Registered & Qualified Clinical Dental Technician
- 7 Days A Week Service
- Dental Repairs & Alterations While You Wait

Covering Somerset
01458 210039

Thomas Farm, Pedwell, Bridgwater TA7 9BN

The owners have a wealth of experience in the care of the elderly with complex care needs, long standing mental health problems and severe communication disabilities. They manage, lead and support a dedicated, well trained team of staff and provide a 24 hour person-centred care in a secure environment.

Our Gold Standards which cover all aspects of our work, are Choice, Dignity, Compassion, Respect, Relationships and Friendship.

The Home features a spacious Day Activity area, dining room, relaxation/quiet lounge and patio. Bedrooms are on the ground and first floor, which is accessible by chair lift. Single and double rooms are fitted with hand basins, en suite facilities, some with shower/wet room, television point and up to date 'On Call' system. Personal possessions are welcomed at the owners' discretion and health and Safety regulations.

Meals are offered from a balanced and varied menu, offering choice and delights. Special diets are catered for by excellent home cooking this is locally sourced. Soft drinks and snacks are readily available throughout the day and night.

The gardens and grounds are a delightful pleasure; residents can enjoy the lovely lawns, seasonal

Fairfield House

Life at Fairfield House... A Home with a View

FAIRFIELD House is an elegant early Victorian manor house offering panoramic views of the stunning bay of Lyme Regis.

Within the house you are greeted by elegant interiors, beautifully appointed bedrooms and stunning grounds and gardens.

Our team of dedicated and qualified staff encourage independence, dignity and freedom of choice in a compassionate and caring manner.

Our residents are at the centre of everything we do and our emphasis on choice is reflected in the caring lifestyle provided by Fairfield House.



"Personalised Care in the Heart of the Community"

At Fairfield House we prioritise each resident's needs with an emphasis on choice. Our dedicated team of professional staff work closely with all our residents to ensure a continuously high standard of person-centred care.



Charmouth Road, Lyme Regis, DT9 3HH
enquiries@fairfieldhouse.co.uk
www.fairfieldhouse.co.uk

flower beds, shrubberies and terraces including Green Houses and Vegetable plots, tendered with loving care.

The amenities of Kilmington offer opportunities for day to day activities and social inclusion. A friendly community and annual fete and flower show, the local Shop/Post Office, Church, Village Hall, and Village Green with a bubbling stream running through makes for an idyllic and peaceful place.

Our activities organiser promotes and encourages a wide range of stimulating activities and outings relevant to the individual, and wherever possible, links with the local community for outings and social inclusion.

We also offer Respite Care.

For further details or to arrange a visit, please telephone The Koppers on 01297 32427. We look forward to meeting you.



▲ Jean with the newest edition to The Koppers family



The Koppers

A Home From Home



Quality Care with Dignity & Respect

The Street, Kilmington, Axminster, Devon EX13 7RJ

Tel: 01297 32427 www.the-koppers.co.uk

Proprietors Mr & Mrs Baksh

Dignity at the Heart of Everything We Do

Staying Healthy Over 65 - How to feel young and live life to the fullest

STAYING healthy and feeling your best is important at any age and that doesn't change just because you have a few more grey hairs. As we grow older, we



experience an increasing number of major life changes, including career changes and retirement, children leaving home, the loss of loved ones, and physical changes. How we handle and grow from these changes is the key to staying healthy. These tips can help you maintain your physical and emotional health and live life to the fullest, whatever your age.

Finding and following your formula for staying healthy

Coping with change is difficult, no matter how old you are. The particular challenge for adults over 65 is the sheer number of changes and transitions that start to occur—including children moving away, the loss of parents, friends,



and other loved ones, changes to or the end of your career, declining health, and even loss of independence. It's natural to feel those losses. But if that sense of loss is balanced with positive ingredients, you have a formula for staying healthy as you age.

Healthy aging means continually reinventing yourself as you pass through landmark ages. It means finding new things you enjoy, learning to adapt to change, staying physically and socially active, and feeling connected to your community and loved ones. Unfortunately, for many, aging brings anxiety and fear instead. How will I take care of myself late in life? What if I lose my spouse? What is going to happen to my mind? However, many of these fears stem from myths about aging that are exaggerated by the media or simply untrue. The truth is that you are stronger and more resilient than you may think.

Myths About Healthy Aging

MYTH: Aging means declining health and/or disability.

FACT: There are some diseases that become more common as we age. However, getting older does not automatically mean poor health or that you will be confined to a walker or wheelchair. Plenty of older adults enjoy vigorous health, often better than many

younger people. Preventive measures like healthy eating, exercising, and managing stress can help reduce the risk of chronic disease or injuries later in life.

MYTH: Memory loss is an inevitable part of aging.

FACT: As you age, you may eventually notice you don't remember things as easily as in the past, or memories may start to take a little longer to retrieve. However, significant memory loss is not an inevitable result of aging. Brain training and new learning can occur at any age and there are many things you can do to keep your memory sharp. The sooner you start, the sooner you'll reap the benefits.

MYTH: You can't teach an old dog new tricks.

FACT: One of the more damaging myths of aging is that after a certain age, you just won't be able to try anything new or contribute things anymore. The opposite is true. Middle aged and older adults are just as capable of learning new things and thriving in new environments, plus they have the wisdom that comes with life experience. If you believe in and have confidence in yourself, you are setting up a positive environment for change no matter what your age.

Tips for coping with change

FOCUS on the things you're grateful for. The longer you live, the more you lose. But as you lose people and things, life becomes even more precious. When you stop taking things for granted, you appreciate and enjoy what you have even more.

- Acknowledge and express your feelings. You may have a hard time showing emotions, perhaps feeling that such a display is inappropriate and weak. But burying your feelings can lead to anger, resentment, and depression. Don't deny what you're going through. Find healthy ways to process your feelings, perhaps by talking with a close friend or writing in a journal.

- Accept the things you can't change. Many things in life are beyond our control. Rather than stressing out over them, focus on the things you can control such as the way you choose to react to problems. Face your limitations with dignity and a healthy dose of humor.

- Look for the silver lining. As the saying goes, "What doesn't kill us makes us stronger." When facing major challenges, try to look at them as opportunities for personal growth. If your own poor choices contributed to a stressful situation, reflect on them and learn from your mistakes.

- Take daily action to deal with life's challenges. When a challenge seems too big to handle, sweeping it under the carpet often appears the easiest option. But ignoring the problem doesn't make it go away; it allows both the problem and your anxiety to build. Instead, take things one small step at a time. Even a small step can go a long way to boosting your confidence and reminding you that you are not powerless.



Tips for boosting vitality

DON'T fall for the myth that growing older automatically means you're not going to feel good anymore. It is true that aging involves physical changes, but it doesn't have to mean discomfort and disability. While not all illness or pain is avoidable, many of the physical challenges associated with aging can be overcome or drastically mitigated by eating right, exercising, and taking care of yourself.

It's never too late to start! No matter how old you are or how unhealthy you've been in the past, caring for your body has enormous benefits that will help you stay active, sharpen your memory, boost your immune system, manage health problems, and increase your energy. In fact, many older adults report feeling better than ever because they are making more of an effort to be healthy than they did when they were younger.



Nurse Plus

HEMOCARE and One to One support has increasingly become a popular choice for many people, allowing them to remain in the comfort of their own homes amongst familiar surroundings and people and allowing them to live as independently as possible, for as long as possible.

Choosing the right Domiciliary Care Agency can be a daunting prospect with so many to choose from. Nurse Plus have been arranging reliable and personal homecare support service since 2005, recruiting Personal Assistants, Carers and Nurses for people with varying care and support needs.

For a free care assessment contact your local office today on 01305 259328



Offering personalised care & support at home for

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• Dementia • Complex Care • Mental Health
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Call today & see how we can help

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WE ARE CURRENTLY RECRUITING CARE WORKERS TO JOIN OUR TEAM, CONTACT US FOR MORE INFORMATION

George House Dental Laboratory



GH
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Dental Laboratory Association
Registered Member



Shire House Residential Care Home

STANDING in one acre of picturesque garden, Shire House is a delightful combination of old and new, having the Edwardian building as its base with the modern wing providing spacious accommodation.

Overlooking Lyme Bay and the Jurassic Coast, Shire House provides nearly all large en-suite rooms some with spectacular views. Eleven of our rooms have direct garden access. We also have two suites; these include a sitting room, bedroom and bathroom, again with spectacular views.

The aims of Shire House are to provide a homely, safe and caring environment for older people respecting their rights to choose their own lifestyle and actively supporting them to realise their aspirations. This is achieved by offering residents independence and privacy, companionship, comfort and care. Our focus is on enhancing quality of life by setting the style and tone of the home in terms of its efficiency and probity, showing concern for residents and staff and its relationship with the community.

The friendly and caring environment is maintained 24hrs a day by a team of qualified staff who is led by our Registered Manager, Miss Marie Bunao.

Training is an important feature of employment to ensure the adoption of totally professional and up to date care techniques to NVQ standards.

A state of the art call bell system is fitted in all residents' bedrooms and all public bathrooms and lounges. We have an elevator to all floors.

We welcome all enquiries and visits concerning residential care whether long term, respite or day care. Should you wish to visit, we would be happy to show you around, meet our staff and residents and most importantly give you a copy of our menu, which takes into account different dietary needs and requirements. Eating here is considered to be a very major part of life and endeavour is made to cater for individual's tastes and needs.

Our objective is to provide the very best person-centred care. Our staffs are dedicated to this objective. In doing so, our philosophy is that this is in every sense a residents home with the freedom to live as they wish but with the assurance of help always being at hand if necessary.

We appreciate that the move to residential care is a big decision and so we offer flexibility in the time taken for residents to get to know us. We encourage initial trial periods of residency and are happy for informal visits for various lengths of time and to join us for a meal.



▲ Geoffrey, Marie and staff

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SPECIAL OFFERS

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For further information, please call
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www.sentrycare.co.uk



▲ Staff, residents and visitors relax in the lounge

Honiton Hearing Centre

Hearing Loss is No Joke

GOOD hearing is something most of us take for granted, but it actually requires special attention to test, prescribe and advise those with a loss of some kind.

Colin Eaton, an HCPC registered audiologist and hearing aid dispenser from the Honiton Hearing Centre explains that "Sometimes we just need to advise on hearing protection, both at work and play, with motorsports, music and shooting. But with only 2 million people using aids, of the approximately 5 million people in the UK requiring one, some people could be worried by the old bulky unattractive hearing instruments, but realistically with the advent of the digital systems, they no longer need to hold off".

To view a range of miniature, unobtrusive and cosmetically appealing devices, all of which incorporate the latest technology or just some unbiased advice please contact Colin directly in Honiton on 01404 47070

St Nicholas Residential Care Home



ST NICHOLAS Residential Care home has been re-registered by CQC on Friday 14th September to accommodate five residents instead of three, with the big demand of families wanting a small home for their relatives.

The home has recently under gone an unannounced inspection by our regulators, Care Quality Commission (CQC), and the outcome was very good.

St Nicholas Residential Care home in Seaton provides peace and tranquillity and security for up to five elderly residents, requiring full time care with quality as a priority.

St Nicholas Residential Care Home is a family run home, with high standards and fully trained carers; St Nicholas has been established for 15 years, and the home is in the beautiful Devonshire countryside in Seaton.

The proprietor Karen Roberts and her partner live on the premise which ensures high standards are maintained.

St Nicholas has a cheerful homely atmosphere, visitors often remark on how they are made to feel welcome at all times.

There is well trained staff on duty day and night, and work very closely with the local doctors and district nurses.

St Nicholas is in ¼ of an acre of level gardens, with a fish pond and water fall, plenty of bird feeders to watch the wild birds, with our small holding, the residents enjoy watching our chickens, geese, lambs, and miniature pigs, which the residents help to feed, to promote their independence and giving them stimulation and to live life as they choose.

St Nicholas residents are encouraged to follow their chosen pursuits; we provide a variety of quizzes, games, videos and day trips such as Bicton and Peco etc., out and around town, the sea front, and local events, local shows.

The residents special dietary requirements are catered for, such as diabetics, vegans and vegetarians, we pride ourselves with meals that are freshly prepared daily using quality ingredients from our allotment, meat from our small holding and fresh eggs from our chickens.

St Nicholas is a spacious building, three of the residents rooms are on the ground floor, one which is en-suite, and two rooms are upstairs, which also has a stair lift if needed. The five residents have private bathrooms with all the facilities needed, there is a call bell in all the rooms and bathrooms, telephone line if they wish to have a phone in their bedrooms, and sky TV. Residents are encouraged to personalise their rooms with their belongings and small items of furniture if they wish.

All prospective new residents are welcomed to the cheerful and friendly home, with their families for tea and an informal chat to clarify if St Nicholas is suitable for them.

Care plans will be made with the involvement of the resident, and their relations, this emphasizes the residents potential to manage their own lives, as independently as possible, and for the freedom of choice. Care plans are reviewed monthly and whenever there is a change in the residents care needs.

Fees vary depending on the level of care required, we do take Social Services residents, for any more information, or a broacher please ring Karen or Samantha Roberts on (01297) 20814, or if preferred come to St Nicholas for a cup of tea/coffee, and chat with ourselves.

St Nicholas
RESIDENTIAL CARE HOME



HAREPATH HILL,
SEATON DEVON EX12 2TA

Email: Samroberts01@btinternet.com

Telephone: (01297) 20814

Clarondene Residential Home

TEA AND CHAT at the BEACH

COME and join us for a relaxed social gathering looking out over the bay!

Clarondene hosts Lyme Regis' own Tea and Chat session in the Langmoor Room of the Shelters. You will find us there every 2nd Wednesday afternoon of the month, from 2pm to 4pm. Getting everyone there is quite an undertaking. In July and August there were visitors all over the place to add to the other obstacles of scaffolding, barriers, mysterious lift operating instructions and Lyme's myriad hills. September should be tranquil in comparison and the effort is well worth it. The views are lovely and it is relaxing to get out and enjoy the sea whatever the weather. Please join us – there is cake and drink for all! Or bring a contribution – there is no charge otherwise. Come and join in our singing and reminiscence! Ring up if you need a lift down there, I'll come and collect you.

Those RED ARROWS!

Many thanks to our kind neighbours who welcomed us onto their lovely flat frontage to get such a great view across Lyme. Those 'wonderful men in their flying machines' aerobatics kept us mesmerised.



The SUMMER SHOW

Those poor performers did not know what hit them when they came to Clarondene! They tried to run the event their way, but with Vi pinching the props, Bim joining in all the dances, and Cookie the dog getting excited, the old adage "Never work with the elderly and animals" was truer than ever! We all had a great time, especially the staff. Thanks SG Productions, see you in the Autumn.



Bymead House



BYMEAD House Nursing & Residential Home in Charmouth has been owned by Susan Blacklock – a qualified nurse with a background specialising in Community Nursing – for 20 years.

Her philosophy is to provide truly individual and therapeutic support including complimentary therapies such as acupuncture, to whatever degree is wanted or required.

She has always believed that this support should extend to the families and friends of those living at Bymead House as they form an important integral part of the care network within the home.

Bymead has always been proactive with the care provision and facilities on offer to the residents.

We continue to work towards the 'Gold Standards Framework in Care Homes', this will enhance the excellent care we already provide and is part of a national initiative to achieve the best quality of life for our residents particularly towards the end of life.

A very important part of the support Bymead provides is their extensive activities programme.

In line with their philosophy of holistic care, these activities are tailored to suit the individual needs of their residents.

The varied weekly programme reflects hobbies the residents may have had in their previous home and any new interests are encouraged and supported. Also outings to favourite destinations are chosen by the residents.

Sue Bartlett-Hall, activities co-ordinator, has been instrumental for many years in taking forward Susan Blacklock's vision of the therapeutic importance of social activities in relation to the happiness and wellbeing of people living within a care home.

Using local suppliers has always been important to Bymead House, this ensures that Bymead have frequent deliveries of fresh local produce each week enabling them to provide a varied, nutritious and tasty menu and special diets are also catered for.

Bymead continues to grow and develop as a vital care provider in the community.

Residents are encouraged to make the rooms their own personal space with favourite pieces of furniture, pictures and paintings.

All bedrooms are single and most are en-suite whilst each room has a telephone and television.

Bymead House would welcome any visits to the home, at any time, to see the benefits on offer.

Our new website has some lovely photos of the newly decorated areas; you can find this at bymeadhouse.com

All enquiries please telephone the Manager, Sharon Dellow on (01297) 560620 or e-mail bymead@tiscali.co.uk

BYMEAD HOUSE NURSING & RESIDENTIAL HOME

Amminster Road, Charmouth. Dorset DT6 6BS
Director Susan Blacklock RGN NDN RHV



For further details or to arrange a visit please contact the Registered Manager

Sharon Dellow on 01297 560620
e-mail bymead@tiscali.co.uk
www.bymeadhouse.com

Tips for staying connected

ONE of the greatest challenges of aging is how your support network changes. Staying connected isn't always easy as you grow older—even for those who have always had an active social life. Career changes, retirement, illness, death, and moves out of the local area can take away close friends and family members. And the older you get, the more people you inevitably lose. In later life, getting around may become difficult for either you or members of your social network.

It's important to find ways to reach out and connect to others, regardless of whether or not you live with a spouse or partner. Having an array of people you can turn to for company and support as you age is a buffer against loneliness, depression, disability, hardship, and loss.

The good news is that there are lots of ways to be with other people. It doesn't matter what you do, so long as you get out of the house (if possible) and socialize:

- Connect regularly with friends and family. Spend time with people you enjoy and who



make you feel upbeat. It may be a neighbor who you like to exercise with, a lunch date with an old friend, or shopping with your children. Even if you are not close by, call or email frequently to keep relationships fresh.

- Make an effort to make new friends. As you lose people in your circle, it is vital to make new connections so your circle doesn't dwindle. Make it a point to befriend people who are younger than you. Younger

friends can reenergize you and help you see life from a fresh perspective.

- Spend time with at least one person every day. Whatever your living or work situation, you shouldn't be alone day after day. Phone or email contact is not a replacement for spending time with other people. Regular face-to-face contact helps you ward off depression and stay positive.

• Volunteer. Giving back to the community is a wonderful way to strengthen social bonds and meet others, and the meaning and purpose you find in helping others will enrich and expand your life. Volunteering is a natural way to meet others interested in similar activities or who share similar values. Even if your mobility becomes limited, you can get involved by volunteering on the phone.

- Find support groups in times of change. If you or a loved one is coping with a serious illness or recent loss, it can be very helpful to participate in a support group with others undergoing the same challenges.

The White Horse

THE White Horse in Haselbury, with over 20 years' experience in some of London's finest restaurants, Richard & Rebecca Robinson decided to escape to the country & buy The White Horse. Having grown up in Broadwindsor, Rebecca was keen to return to

this beautiful part of the world whilst Richard was extremely easy to convince with so much fantastic local produce & the stunning Dorset coast with its abundance of seafood.

"For us the experience of the great British pub is as important as fine wine and food; you can come here for our homemade Scotch eggs and local Ales or for diver caught scallops, Dorset snails and our 40 day aged steaks".

We look forward to welcoming you to The White Horse!

The White Horse, Haselbury Plucknett, Somerset, TA18 7RJ Tel: 01460 78873 www.thewhitehorse-haselbury.com Follow us on twitter @thewhitehorseRR



Active Ageing in the heart of Lyme Regis

- Daily activities and community involvement, entertainment and outings on a frequent basis
- Regular visits by nurses, opticians, chiropodist, faith groups and hairdressers
- 24 Hour personalised care with owner in residence
- Permanent, respite and day care packages for both privately and socially funded residents

ROOM AVAILABLE WITH VIEWS ACROSS LYME TO THE SEA

You're always welcome

Do contact me if you require any further information or have any questions. The kettle is always on, so please pop in for a cup of tea and a chat, anytime.
Alison Curtis - Resident Owner

View Road, Lyme Regis, Dorset DT7 3AA
tel: 01297 442876 web: www.clarondene.co.uk

The White Horse

Haselbury Plucknett, Somerset TA18 7RJ
Tel: 01460 78873

Come and try our new beer garden, alfresco dining also available

The White Horse is located in the beautiful village of Haselbury Plucknett in rural Somerset. Our menu is inspired by French & British classics, we also offer local cask ales & an interesting wine list.

Please visit our website for more details and upcoming events
www.thewhitehorsehaselbury.com
To reserve a table please call
01460 78873

Pulman's PropertyView™

Beautiful cottage in Colyton for £250,000

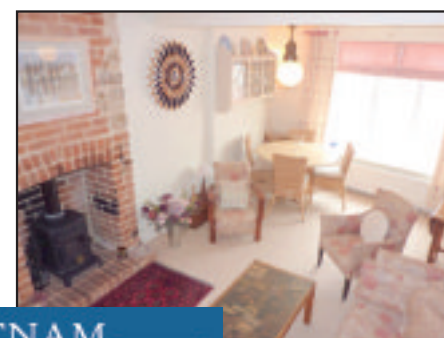
THE Cottage is a delightful property arranged over 3 floors. It has been sympathetically renovated to an exceptional standard. Of particular note is the luxury bathroom with slipper bath and Victorian-

style suite and radiators and the top floor bedroom with exposed beams and a lovely arched window with brickwork surround and views to the Church tower.

The property has the added benefit of a large detached garage with Garden Room attached and a beautiful cottage-style walled garden which has been landscaped to include well stocked borders and a seating area with views to the Church tower.

This property must be viewed to fully appreciate the standard and size of accommodation on offer.

For more information please contact Fortnam Smith & Banwell Seaton on 01297 23939 or visit www.fsb4homes.com



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Membury, Axminster

£725 pcm

An immaculate two bedroom annex set in private grounds. Ample off road parking. Two double bedrooms, two shower rooms, kitchen/diner and lounge. Garden and patio area. Available fully furnished on a short term let for six months from early October. EPC rated D.

AXM130233

01297 32879



Lyme Regis **£675 pcm**

A very well presented and spacious, penthouse flat with superb coastal views. Close to town centre, benefits from master bedroom with en-suite and further bedroom and separate bathroom. Dedicated parking space available. Available Immediately, EPC Rating C

AXM130269

01297 32879



Hawkchurch **£750 pcm**

A fully furnished well presented three bedroom lodge situated in a rural location of the outskirts of Hawkhchurch. Available on short term let from end of September to Mid March 2014. Pets and children considered.

ACC100328

01297 32879



Seaton **£650 pcm**

A semi detached two bedroom bungalow, front and rear garden, plenty of off road parking situated in a convenient location near Seaton. Available mid September, children considered, regret no pets or DSS. EPC rated E.

ACC110123

01297 32879



Axminster **£650 pcm**

A fairly new two bedroom coach house situated on the outskirts of Axminster. Benefiting from garage and rear garden. Available from mid August. Regret no pets, children considered. EPC rated C.

ACC110185

01297 32879



Kilminster **£1,100 pcm**

An unfurnished five bedroom character style cottage with spacious and comfortable living accommodation benefiting from conservatory, paved and enclosed garden and double garage. Available for short let Mid September - end of June 2014. Pets and children considered. EPC rated C

ACC120084

01297 32879



Axminster **£1,850 pcm**

A six bedroom converted farm house offering spacious living accommodation with traditional features. Situated on the outskirts of Axminster in a rural setting, with double garage and storage and ample off road parking. Pets and children considered. Available Immediately. EPC rated D.

AXM130066

01297 32879

Property Of The Week

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ADVERTISING

call 01297 446158

Delightful three bedroom period home in Beer for £410,000



A **DELIGHTFUL** and most appealing three bedroom period home located at the heart of Beer opposite St Michaels Church.

This intriguing home was formerly Goods Garage and subsequently a gallery and gift shop, but now offers spacious and attractive accommodation arranged over three floors with an annexe potential.

Constructed with colour washed rendered elevations under a slate roof, the accommodation offers a superb kitchen/dining room, utility room and cloakroom on the ground floor, with the first floor comprising most attractive living room with balcony, bedroom and two bathrooms. The second floor comprises a further two bedrooms and a second bathroom.



There is a colourful courtyard garden to the rear with separate access and street parking is available opposite or in the adjacent village car park. The property has the usual benefits of gas fired central heating. EPC rating E. For more information or to view this property please contact John Wood & Co on 01297 20290 or visit our website www.johnwood.co.uk.

**John
Wood
& Co**

Five bedroom cottage in Kilmington annual short let



ONCE again we are pleased to offer Shire Cottage for its annual short let.

This well maintained property is a five bedroom character style cottage with spacious and comfortable accommodation.

Benefiting with conservatory, well fitted kitchen and utility, lounge with cosy multi fuel stove, master bedroom with en-suite.

There is an attractive paved garden with ornamental pond, Double garage.

Available from mid September to end of June 2014. Pets and children considered.

EPC rating C

The rental price for this property at £1100 Per Calendar Month.

For further details on this property and others please visit our website www.symondsandsampson.co.uk or call our office on 01297 32879.

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& Sampson**



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Residential Lettings



LET

Seaton

Five bedroom detached house with sea views. Hallway, sitting room, kitchen/dining room, cloakroom, utility, 2 en suites, bathroom. O.F.C.H. Garden, double garage, parking. EPC band B. Web Find: 50400

£1,650 pcm

Honiton 01404 42553



LET

Detached 4 bedroom barn conversion including Annexe. Hallway, utility, cloakroom, kitchen, sitting room, 2 en-suites. Annexe: Open plan kitchen/living room, shower room. Gardens, parking, car port. O.F.C.H. EPC Band C. Web Find: 39525

£1,250 pcm

Honiton 01404 42553



LET

Shute

Grade II Listed house situated in the grounds of Shute Barton. Open plan living area, 4 bedrooms, 2 bathrooms. Garden, parking. E.N.S.H. EPC band F. Web Find: 58512

£995 pcm

Honiton 01404 42553



LET

Payhembury

Detached 3 bedroom house with parking and garden. Sitting room, dining room, kitchen, cloakroom/shower room, bathroom. O.F.C.H. EPC Band D. Web Find: 34121

£850 pcm

Honiton 01404 42553



LET

Honiton

Semi detached 2 bedroom bungalow with garden, garage & parking. Hallway, sitting room, kitchen, conservatory, shower room. G.F.C.H. EPC Band D. Web Find: 61233

£675 pcm

Honiton 01404 42553



LET

Ottery St Mary

Two bedroom unfurnished character cottage close to town centre. Sitting room, dining room, kitchen, bathroom. Garden. EPC Band E. Web Find: 60127

£595 pcm

Honiton 01404 42553



LET

Honiton

2 bedroom unfurnished house close to town centre. Sitting room, kitchen/dining room, bathroom. Courtyard, parking. G.F.C.H. EPC Band B. Web Find: 34099

£595 pcm

Honiton 01404 42553



LET

Honiton

Well presented 2 bedroom bungalow for the over 55's. Hallway, sitting room, kitchen, bathroom. Garden, parking. G.F.C.H. EPC Band C. Web Find: 61225

£585 pcm

Honiton 01404 42553



LET

Honiton

Modern 2 bedroom unfurnished attached property. Sitting/dining room, kitchen, bathroom. Garden, parking. G.F.C.H. EPC band D. Web Find: 33941

£575 pcm

Honiton 01404 42553



LET

Wilmington

1 bedroom furnished annexe situated within rural location. Kitchen, sitting/dining room, bathroom. Parking. E.N.S.H. Allocated parking. Would suit a single/professional couple. Web Find: 43726

£475 pcm

Honiton 01404 42553

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Summer sales continue for Pennys Fine and Country



PENNYS Fine and Country are delighted to report the sale this month of Birtwick in Convent Fields, Sidmouth–this substantial brand new detached house was sold off an asking price of £795,000 to a local purchaser.

The house, laid out over three floors, offered some fine open views towards the sea from the front elevation and included lawned gardens together with a substantial detached triple garage with studio over.

The extensive accommodation included a stunning living room, dining room, two conservatories, family room, breakfast room and five bedrooms two of which offered en-suite facilities. If you are looking to make a move this summer Fine and Country can be contacted on 01297 22224.



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STRICTLY BUSINESS



SEATON £470 PCM

Fantastic position for this one bedroom unfurnished apartment - Security entrance to third floor and private lobby. Fitted kitchen with appliances, sitting room has sea views. Shower room and double bedroom, fitted carpets, economy 7 heating and a parking space. EER:D



SEATON £465 PCM

A second floor unfurnished flat in town centre. Large living room with views across to the sea. Well fitted kitchen with cooker and fridge.. Bathroom with shower over bath. Double bedroom. Gas central heating included. Private parking space.



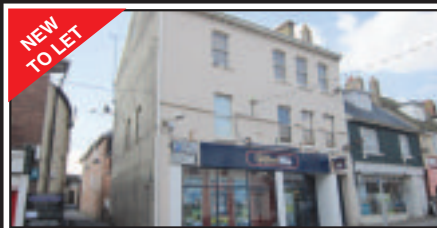
SEATON £550 PCM

An immaculate two bedroom second floor apartment with security entrance, Hall, a spacious open plan living area and balconette enjoying valley views! Fitted kitchen area with appliances, a well appointed bathroom with shower over bath, one double and one single bedroom. NSH. D/Glazed. Lift, parking. Regret no children under 10. EER: B



BEER £595 PCM

A well appointed, ground floor, retirement apartment for the over 55's, overlooking the communal courtyard. Short level walk to the village centre/beach. Entrance hall with storage. Spacious lounge with bay window. Fitted kitchen with appliances. Double bedroom with fitted wardrobe and a single bedroom, bathroom with shower attachment. Gas ch. D/Gl. parking. EER:C



SEATON; £500 PCM

A two bedroom, third floor apartment in the town centre. Fitted carpets and curtains throughout. Large lounge with eaved ceiling and sea view. Fitted kitchen with cooker and fridge, tiled bathroom. Gas CH. EER E.



BEER £925 PCM

A pretty family house near the square. Entrance hall with storage, cloak room, a smart fitted kitchen/dining room with appliances. Lounge with wood burner leads to a conservatory with large dining table. Family bathroom with bath and separate shower. Master bedroom with en suite shower A further double and a generous single room. Enclosed court yard with sun deck. Private parking, gas CH. D/Glazed. EER: C

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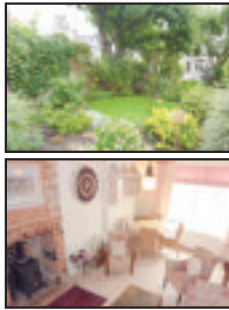
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NEW

COLYTON £250,000



Beautifully presented 2 bedroom cottage in a sought-after location with detached garage and lovely cottage-style garden. The property has been carefully renovated to an exceptional standard and offers many character features.



NEW

SEATON £265,000



A detached, 2 bedroom bungalow with 28' integral tandem garage, situated in an elevated location with lovely, far reaching sea and estuary views. The property offers a large living / dining room with conservatory and two double bedrooms, one ensuite. EPC rating E.



NEW
NO CHAIN

SEATON £165,000



Lovely semi-detached 2 bedroom bungalow in a popular cul-de-sac location. The property has been thoughtfully upgraded and modernised to enhance the layout. There are landscaped gardens to the front and rear and off-street parking. NO CHAIN. EPC rating D.



NEW
PRICE

SEATON £279,500



Koslanda is a 3 bedroom detached bungalow situated in an elevated position on the outskirts of Seaton with views to Axe Cliff and the sea. It has a detached garage and lovely gardens to the front and rear. The property would now benefit from some modernisation. EPC Rating C.

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COLYFORD - £450 PCM



TWO BEDROOM GROUND FLOOR FLAT IN CONVERTED HOUSE. PROPERTY CONSISTS OF GOOD SIZE LOUNGE WITH WOODBURNER. KITCHEN, BATHROOM, ONE DOUBLE BEDROOM, ONE SMALL SINGLE BEDROOM/STUDY. ELECTRIC HEATING, ONE PARKING SPACE. EPC RATING CURRENTLY F.

AXMINSTER - £570 PCM



BRICK BUILT MID-LINK MODERN HOUSE, BENEFITS FROM GAS FIRED CENTRAL HEATING, TWO BEDROOMS, LOUNGE, KITCHEN, FITTED SHOWER. ADJOINING ALLOCATED PARKING SPACE.

SEATON - £550 PCM



CONTEMPORARY ONE BEDROOM HOUSE, LOCATED IN THE HEART OF SEATON. OPEN PLAN LIVING WITH MEZZANINE BEDROOM. BATHROOM. PARKING.

SEATON - £725 PCM



A TWO BEDROOM DETACHED BUNGALOW SITUATED IN POPULAR LOCATION ON OUTSKIRTS OF TOWN. CONSISTS OF 2 BEDROOMS, LOUNGE, FITTED KITCHEN, BATHROOM, SEPARATE WC, CONSERVATORY, NSH. DELIGHTFUL REAR GARDEN, DRIVEWAY AND GARAGE WITH SMALL WORKSHOP BEHIND. EPC RATING D.

SEATON - £670 PCM



TWO BEDROOM PROPERTY ON OUTSKIRTS OF TOWN WITH KITCHEN/DINER, LOUNGE, CONSERVATORY, BATHROOM, TWO BEDROOMS, PARKING, GARDEN.

LYME REGIS £695 PCM



A TWO BEDROOM FIRST FLOOR APARTMENT WITH LOUNGE/DINER, FITTED KITCHEN, GCH, PRIVATE PARKING AND SEA GLIMPSES

HONITON £695 PCM



MODERN 3 BED SEMI-DETACHED PROPERTY IN CUL-DE-SAC LOCATION. LOUNGE, KITCHEN/DINER, CLOAKROOM, MASTER EN-SUITE, FAMILY BATHROOM, GARDEN, PARKING, GCH. EPC RATING 75

COLYTON £950 PCM



THREE BEDROOM DETACHED HOUSE IN QUIET CUL-DE-SAC, LARGE GARDEN, 2 BATHROOMS, KITCHEN, LOUNGE, DINING ROOM, DOUBLE GARAGE, GCH, PARKING, EPC RATING 56, CHILDREN AND PETS CONSIDERED

SEATON £750 PCM



A TWO BEDROOM DETACHED CHALET BUNGALOW, NEUTRALLY DECORATED THROUGHOUT. PROPERTY COMPRISES: KITCHEN WITH DOUBLE RANGE COOKER / DINER, LOUNGE, FAMILY BATHROOM AND DOWNSTAIRS CLOAKS, ENCLOSED COTTAGE STYLE GARDEN, GARAGE AND PARKING. GCH, DOUBLE GLAZED, EPC: F

PROSPECTIVE LANDLORDS:

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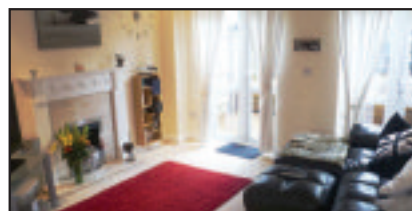
HEATHSTOCK £399,950

Believed to date back to the 1700's this former Cider House has been recently renovated and extended offering versatile and deceptive accommodation of 3/4 bedroom, 4/5 reception rooms. Retaining much of its original character with flagstone floors, exposed beams, woodwork and stone features, wooden doors, vaulted ceilings and farmhouse style kitchen with oil fired Aga. Set in the picturesque rural hamlet of Heathstock, just one and a half miles from the village of Dalwood offering a village shop, post office and pub and 5 miles from the market town of Axminster. The Old Cider House enjoys fabulous views over the rolling countryside of Stockland Valley and benefits from oil fired central heating, underfloor heating in the recent extension and double glazing throughout. The accommodation briefly comprising: Entrance porch opening to the reception hall, doors and passageway leading off to further accommodation: - Lounge with woodburner, impressive farmhouse kitchen/diner with inglenook recess housing the Aga, bespoke dining room/conservatory, study/bedroom 4, step up to the recent extension currently an open plan family room with utility area offering the potential to divide into separate rooms, wet room and back door to the outbuildings. On the first floor is a gallery landing with doors off to 3 double bedrooms, two of which face to the front across the valley enjoying the views, one with a separate mezzanine/gallery the other with a separate gallery area within the vaulted ceiling. Further double bedroom with rural outlook at the rear of the property and family bathroom. Outside to the rear is a stone outbuilding (offering potential for a variety of uses subject to the necessary planning and building regulations). Pathways lead around the property to the level enclosed gardens, giving access to the conservatory/dining room and fully appreciating the rural location. Energy Rating D. We strongly recommend an internal inspection to appreciate the potential and accommodation this property has to offer along with the flagstone flooring and character features.



YAWL HILL LANE £338,000

A charming detached cottage recently renovated still retaining much of its character with flagstone floors, ornate fireplaces and stunning views in a southerly direction. Three double bedrooms and 2 reception rooms set in a quiet position on the fringes of this popular village enjoying magnificent far reaching views across the valley and surrounding countryside to St Mary's woodland. Offered for sale with uPVC double glazing and accommodation briefly comprising: Entrance porch leading to entrance hall, lounge with multi-fuel burner, dining room with flagstone flooring, comprehensively fitted wooden fronted kitchen/breakfast room with integrated appliances. On the first floor is the master bedroom with inbuilt shower cubicle, and two further double bedrooms along with a family bathroom. Attractive and enclosed side/rear garden facing in a southerly direction towards Lyme Bay with raised decked sitting area, separate outside w/c. The lower level of the gardens mainly laid to lawn with access to the back of the garage, potting shed/workshop, wood store and shed. Enclosed split level front garden, pedestrian access to either the lane or parking area in front of the double garage. Energy Rating G.



CHERRY TREE ROAD £181,500

A well presented 3 storey, 3/4 bedroom, 2 reception room mid terraced town house in a cul-de-sac within a popular residential development, close to the schools and town centre. The property benefits from the remainder of a 10 year NHBC warranty, gas fired central heating, uPVC double glazing, off street parking, garage and landscaped rear garden. The accommodation briefly comprises: Entrance hall, separate w.c., kitchen with open plan dining area and lounge with feature fireplace and dual doors opening out onto the rear decked sitting area. On the first floor are 2 bedrooms, a family bathroom and study/bedroom. On the second floor is the master bedroom with dressing room and en-suite bathroom. Energy Rating B. We would recommend an internal inspection to fully appreciate the accommodation offered within this property.



WOODBURY PARK £169,950

- Deceptive 3 Bedroom Family House With Attic Room Set In A Popular Residential Area
- Gas Central Heating
- uPVC Glazing
- Enjoys Views To The Rear Of The Town And Surrounding Countryside
- Front & Rear Gardens
- Energy Rating D



LATCHES WALK £299,950

- 3 Bedroom Detached Bungalow Set On A Level Corner Plot
- Landscaped Gardens
- Garage And Parking
- Gas Central Heating
- Wooden Double Glazing
- Located In A Popular Location Close To The Town Centre And It's Amenities
- EPC Rating D



WOODBURY WAY £199,950

2 Bedroom Detached Bungalow In A Popular Residential Area With Southerly Facing Enclosed Rear Garden, Conservatory, Garage And Driveway. Energy Rating E



SHUTE £159,950

A 3 Bedroom Mid Terraced Family Home, Enjoying Rural Outlooks With Double Glazing, Central Heating, Rear Garden & Off Street Parking, Subject To An EDDC Housing Restriction. Energy Rating E



PURZBROOKE COTTAGES £129,950

2 Bedroom Character Cottage With Rear Garden, Outhouse, Storage Shed, uPVC Glazing & Gas Central Heating, Located Within Close Proximity To Axminster Town Centre. Energy Rating D



FLAX MEADOW £129,950

2 Bedroom Semi Detached Coach House With Allocated Parking, uPVC Glazing & Gas Central Heating. Energy Rating B

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NEW



Beer, Four Bedroom Family Home With Building Plot. £375,000

A spacious four bedroom detached family home situated in the heart of Beer with a building plot and attractive views over the village. Landscaped gardens and a single garage. EPC rating F.

NEW



Colyton, Town Centre Location. £295,000

An attractive semi-detached home in an excellent town centre location with the benefit of a garden and covered parking for two vehicles. Living room, dining kitchen, utility room, three bedrooms and bathroom. Courtyard garden. Garden room. Parking with storage areas. Gas CH. Oak staircase. Exposed flooring. EPC rating E.

NEW



Beer, Superb Semi-Detached Chalet Bungalow. £425,000

A beautifully presented four bedroom chalet bungalow constructed to an exacting standard in 2007 close to the centre of the village and the sea. Landscaped gardens and grounds and parking. EPC rating C.

NEW



Colyton, Attractive Detached Two Bedroom Bungalow. £244,000

An attractive detached two bedroom bungalow located in a quiet location on the outskirts of Colyton. Garden, garage and parking. EPC TBC.



Seaton, Edwardian Semi Detached House. £415,000

A superbly restored and presented late Edwardian four bedroom semi-detached house close to the town centre and enjoying sea views. Open fronted garage, gardens and parking. EPC rating C.

NEW PRICE



Beer, Superb and Spacious Bungalow with Views. £565,000

A superb and exceptionally spacious three bedroom detached bungalow constructed to an imaginative and individual design with stunning views over Beer and Lyme Bay. Double garage. Gardens. EPC rating D.



Beer, Attractive Four Bedroom House. £329,500

A most attractive and very spacious four bedroomed, semi-detached house located close to the centre of Beer with the advantage of a garage, parking for three cars and an excellent sized terraced garden. EPC rating E.

TO LET



Colyton, Two Bedroom Furnished House. £575pcm

A modern mid-terrace house just a short walk from the town centre as well as rural and river walks. Accommodation includes living room with patio doors to rear garden, fitted kitchen with cooker, fridge/freezer and washing machine, two bedrooms and bathroom. Garden with shed. Parking. Gas CH. EPC rating D.

TO LET



Colyton, Three Bedroom Semi Detached House. £750pcm

An attractive three bedroom semi detached home located in an elevated position on the outskirts of Colyton with some attractive far reaching views. Living room, separate dining room, garden room, fitted kitchen, utility area, W.C, 3 bedrooms and a family bathroom. Large garden. Garage by arrangement. EPC rating TBC.



Seaton, Attractive Three Bedroom Bungalow. £365,000

A most attractive and beautifully presented three bedroom bungalow located on one of Seaton's premier developments. Landscaped gardens, garage and parking. EPC rating D.

TO LET



Colyton, Town Centre Cottage. £620 pcm

A period mid terrace cottage located at the heart of Colyton and convenient for all the town centre amenities. The accommodation includes two bedrooms and a bathroom on the first floor, a living room and kitchen on the ground floor together with the courtyard and studio. Gas fired central heating. Available early September. EPC rating E.

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KILMINGTON



Adapted for wheelchair users, this 3 bedroom detached bungalow is situated in a favoured level cul-de-sac location in this sought after village. Accommodation comprises: Entrance hall, Lounge, Spacious Kitchen/Diner, Utility room, Cloakroom, 3 Bedrooms, Bathroom, separate WC, Garage, Front and private Rear Gardens adjoining the village cricket pitch & playing field. **£305,000.**

CHARMOUTH ROAD.



This exceptionally versatile 1920's detached chalet style house offers well planned accommodation of 4/5 bedrooms and is set in gardens and grounds of approximately 1.25 acres with a potential building plot in the grounds. Comprising Verandah Porch, Entrance Hall, Lounge/Dining room, Sitting room, large Kitchen/Breakfast, Dining room/Bedroom 5, Master Bedroom with En-Suite, 3 further Bedrooms, Bathroom with Jacuzzi bath, Large Garage and Workshop. **£545,000**

BORDER COTTAGE



This most attractive 1930's chalet style detached house enjoys superb views towards 'Golden Cap' & enjoys a private level plot. Accommodation comprises: Entrance Hallway, Kitchen/Breakfast room, Lounge, Dining room, Conservatory, Utility room, downstairs Cloakroom, 3 double Bedrooms, Bathroom, Separate WC, Garage and large Garden which wraps around the whole of the property. **£350,000**

FAIRFIELD CLOSE



Situated at the end of a favoured cul-de-sac which provides rear pedestrian access leading to South Street, this deceptively spacious detached chalet house benefits from gas central heating, double glazing, ample parking/ hardstanding and comprises Entrance Hall, Shower Room/Cloakroom, Lounge with fireplace, Dining Room, Study/Bedroom 4, Large Kitchen/Breakfast Room, Sun Room, 3 Bedrooms, Bathroom, Private gardens, Garage. EPC Rating: D. **£259,950.**

THE GARDENS



Looking more like a Mediterranean holiday home, this superbly presented semi-detached cottage enjoys a private south facing garden within easy reach of the town and boasts off road parking for 2/3 cars with garage/workshop. Rarely seen on the open market before this is a golden opportunity to acquire a very special home. Comprising with gas central heating, kitchen/diner, living room, bedroom, spacious bathroom and a landing area/study. **Guide price £180,000 - £200,000**

THE CRICKETERS



This very well presented 2/3 bedroom detached bungalow is situated in a level cul-de-sac location and enjoys a delightful south facing rear garden. Benefiting from gas fired central heating and double glazing throughout, this well planned accommodation comprises: open Porch, Hallway, Bay fronted Lounge, Dining Room/Bedroom 3, modern Fitted Kitchen, 2 further Double Bedrooms, spacious Bathroom, ample Parking & Garage. EPC Rating: D. **Priced to sell at £199,950**

AXMINSTER TOWN CENTRE



Enjoying this central town centre location this purpose built 2 bedroom 2nd floor apartment is served by a lift and enjoys views to the west. The spacious accommodation comprises Entrance Hall, Spacious dual elevation Living Room (Bedroom 2), Fitted Kitchen, Master bedroom with En-suite Shower, Spacious well appointed Bathroom, Secure underground parking with lock up store. EPC Rating: D. **Realistically priced to sell £129,950.** Viewing Recommended NO ONWARD CHAIN

CRIDLAKE



Situated in a quiet location and within easy walking distance of the town centre, this recently converted first floor flat complies to the latest stringent sound proofing & insulation regulations. Ideally suited to single occupancy the gas centrally heated accommodation comprises External staircase leads to Entrance Hallway/Study, Living Room, Fitted Kitchen, Double Bedroom, Bathroom, Outside paved patio off road parking. **£99,950.**

WIDEPPOST LANE



This individually designed brand new detached house is within easy walking distance of the Town Centre, enjoying fine views over the rear elevation towards the Minster Church and will comprise Entrance hall, Cloakroom, Lounge, Kitchen, Dining area, Master bedroom with En-Suite, Dressing area, 2 further Bedrooms, Bathroom, Parking area to the front & rear Gardens. **£249,950.**

WILLHAYES PARK



A semi-detached 3 bedroom house offered for sale with no onward chain benefiting from a garage, front and rear gardens and enjoying a quiet cul-de-sac location close to the town centre with accommodation comprising: Entrance hall, inner hall, downstairs Cloakroom, Living room, Kitchen/Breakfast room, Conservatory, 3 Bedrooms, Bathroom, Garage, Parking. **EPC Rating: D. £169,950**

KILMINGTON



In need of some modernising this well planned and spacious 4 Bedroom detached house is situated in a delightful location in the heart of this highly sought after village. Worthy of particular mention is the level and private rear gardens. Accommodation comprises: Entrance Porch, Hallway, Cloakroom, Lounge, Separate Dining Room, Kitchen, 4 Bedrooms, Bathroom & Garage. EPC Rating: E. **£299,950.**

THE ROWANS



This attractive brick built detached house is situated in a favoured residential area and benefits from gas fired central heating, double glazing, detached double garage and ample hardstanding. Worthy of particular mention are the enclosed level gardens which enjoy a south westerly aspect affording far reaching countryside views. The accommodation comprises canopy porch, entrance hall, cloakroom, spacious study/5th bedroom, kitchen breakfast room, utility room, master bedroom with en suite shower room, 3 further bedrooms and family bathroom. EPC Rating: C. **£310,000**

Pennys

estate agents

01297 22224
Seaton Office

Ryalls Court, Seaton

£350,000

NEW



- Detached bungalow
- 'L' shaped Living room/ dining room
- Master bedroom with en-suite shower room and two further bedrooms
- Kitchen
- Family bathroom
- Gas central heating and Upvc double glazing
- Single garage and drive way
- Front and rear landscaped gardens
- Short walk into town and to the seafont
- Viewing is highly recommended
- Energy Performance is D

Haven Court, Seaton

£99,000

NEW

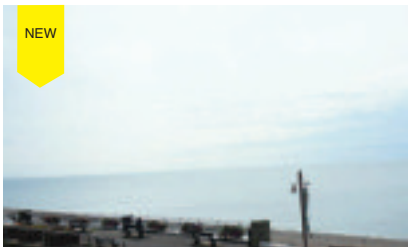


- Purpose built retirement apartment
- Close proximity to the sea front, beach and town centre
- Easy, level walk to the town's amenities
- One double bedroom
- Electric heating
- Sealed unit double glazing
- Residents lounge, guest suite and 24 hour care line
- Attractive, landscaped communal gardens
- Communal, secure gated parking
- No onward chain
- Energy Performance is C

Fosseway Court, Seaton

£145,000

NEW



- Town centre apartment situated on the 2nd floor
- Well presented and in good decorative order
- Three bedrooms
- Lounge / Dining area
- Lift and staircase providing access to all levels
- Upvc double glazed windows
- Superb sea views from private balcony
- Level walking distance to local amenities
- Allocated undercover parking space
- Perfect sea front holiday home
- Energy Performance is D

Axevue Road, Seaton

£205,000

NEW



- Semi-detached bungalow
- Three bedrooms
- Modern, fitted kitchen
- Recently fitted shower room
- Sea views from the front and rear garden
- Single garage and driveway
- Landscape rear garden with summer house
- Gas central heating and Upvc double glazing
- Well presented throughout
- Viewings recommended
- Peaceful Cul-de-sac
- Energy Performance is D



Fleet Court, Seaton

£187,500

- First floor apartment
- Two double bedrooms
- Modern fitted kitchen
- Lounge with views across the Axe valley
- Bathroom
- Private entrance
- Two allocated parking spaces and visitors parking
- Gas central heating
- Upvc double glazing throughout
- Close to town centre and local amenities
- Energy Performance is C

Newlands Park

£315,000

NEW



- A spacious, extended semi-detached house
- Desirable location within easy reach of the town
- Flexible, well presented accommodation
- Three bedrooms with two further top floor rooms
- Sitting room, dining room, conservatory and breakfast room
- Well appointed, quality kitchen
- Far reaching Axe Estuary and sea views
- Gas central heating and sealed unit double glazing
- Off road parking and single garage
- Mature, good sized secluded gardens

NEW



Townsend Avenue, Seaton

£330,000

- Detached chalet style house
- Four double bedrooms
- Lounge
- Kitchen
- Dining Room
- Family bathroom and a downstairs WC
- Beautifully presented throughout
- Integral garage with parking for several cars
- Gas central heating and Upvc double glazing
- Valley views and sea glimpses



Grove Hill, Colyton

£240,000

- Detached Bungalow
- Two double bedrooms, one with en suite shower room
- Lounge and dining room
- Kitchen
- Family bathroom
- Single garage and driveway
- Gas central heating and Upvc Double glazing
- Pretty front and rear gardens
- Beautifully presented throughout
- Located in a quiet cul de sac
- Energy Performance is D

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ESTATE AGENTS



Boundary Park, Seaton

£275,000

- Detached family home
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- Three further bedrooms and a study
- Lounge and dining room
- Kitchen
- Family bathroom and downstairs WC
- Single Garage and driveway
- Rear garden
- Gas central heating
- Located in a popular residential area of Seaton
- Energy Performance is D

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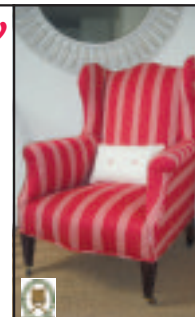
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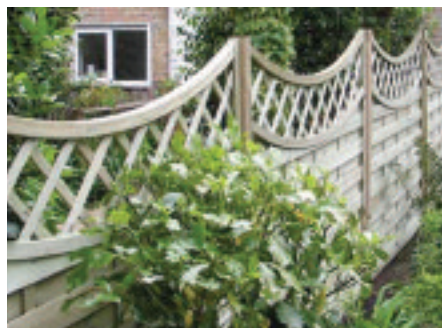
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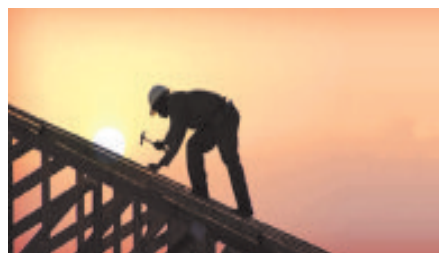
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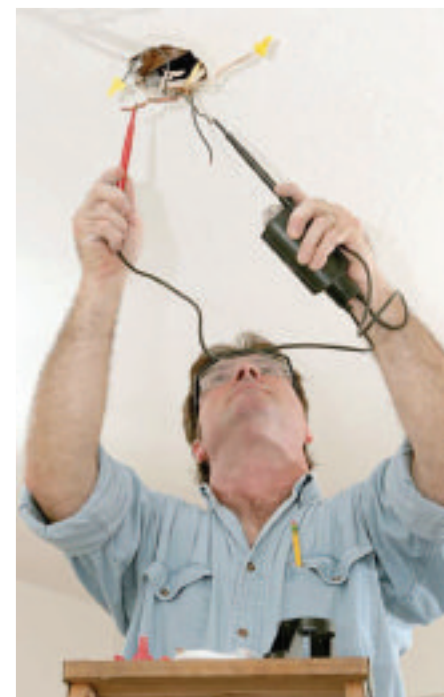
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Business founder, designer and artisan craftsman Norman Brown holds an MSc. in Environmental Planning & Management and has contributed to books, periodicals and the gardening press. Further information can be obtained without obligation by calling 01297 23596 (07977 415446) or by visiting the web pages at a1-environmental.com



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Aerodynamic new Insignia makes life a drag for rivals

VAUXHALL'S new Insignia is not only the lowest CO₂ emitting car in its sector but now also the most streamlined vehicle in the world in its class.

Thanks to clever changes to the body design of the new Insignia, Vauxhall's engineers have reduced the vehicle's drag coefficient to under 0.25 for the Insignia hatchback and 0.28 for the Sports Tourer. New extended underbody covers, wider front spoiler lips, tail lamp housings designed to enhance airflow separation and an integrated rear deck lid spoiler contribute to the new Insignia's slippery shape.

Insignia 2.0 CDTi ecoFLEX (120/140PS) models with Start/Stop also feature an additional, ultra-modern aerodynamic element: an active front air shutter. Air flowing through the front grille to cool the engine usually accounts for up to eight per cent of total vehicle air drag. To reduce this effect, a shutter in the lower front grille automatically closes to prevent air entering and causing turbulence. For cold starts, an additional advantage is a faster en-

gine warm-up, which also helps reduce fuel consumption and CO₂ emissions. Whenever the engine needs air for cooling, the shutter opens automatically.

These changes help the new Insignia ecoFLEX (120/140PS) achieve class-leading CO₂ emissions of 99g/km and 76.3mpg on the combined cycle.

This gives the ecoFLEX a range of up to 1175 miles, which means that an average company car driver would have to fill up just 18 times a year according to data provided by Zenith, one of the UK's leading independent leasing, fleet management and vehicle outsourcing businesses. Or put another way, an ecoFLEX driver could travel from London to Budapest on one tank of fuel!

"Taking all improvements into account, Vauxhall has succeeded in giving the new Insignia benchmark levels of aerodynamic performance along with rock bottom CO₂ emissions of just 99g/km on the new 2.0 CDTi engine," said Peter Hope, Vauxhall's Marketing Director. "With exceptionally low

Cd values, we are delighted that new Insignia hatchback and Sports Tourer are the most streamlined series production cars of their kind in the world."

Available as a five-door Hatch, four-door Saloon and Sports Tourer, the new range now starts at just £16,279, nearly £2,000 less than entry into the outgoing line-up. And as with all new Vauxhalls, the New Insignia comes with a Lifetime Warranty that gives first owners peace of mind as long as they own the car.

The biggest change existing Insignia customers will see when they sit in the new car is a completely re-designed centre console and instrument cluster. The centre console has been simplified and now has fewer buttons for more intuitive operation of common functions, such as air conditioning and infotainment, while the instrument cluster has new dials and a fresh, high-tech look.

Optional across the range is an 8-inch, high-resolution colour infotainment display (up from 5-inches in the outgoing range) and a new, upgraded instrument cluster. The cluster incorporates two outer dials showing fuel and revs, while in the centre sits a speedometer that can be displayed in analogue or digital form, or changed to show functions such as smartphone or audio use, or navigation.

The 8-inch infotainment display has touch-screen functionality, allowing drivers to access all functions and sub-menus such as radio stations, song titles, smartphone connection or 3D navigation in an intuitive and safe way. Its illuminated, touch-sensitive surface reacts immediately to finger movements, with even individual letters and numbers being accessible via this method. Up to 60 favourite menus can be stored from all functions and Apps can also be downloaded via the car's Bluetooth-connected internet.

Order banks for the New Insignia are now open, with first cars reaching customers in October.



▲ New Vauxhall Insignia



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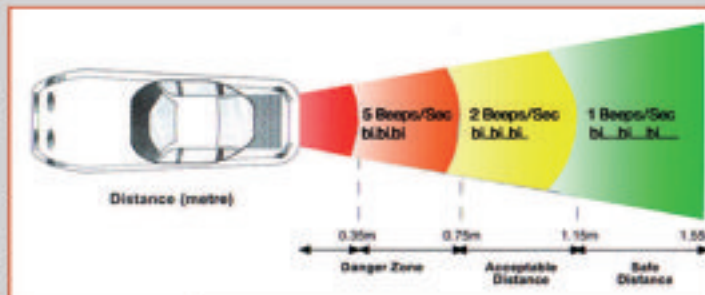
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Motoring View

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UK pricing and specification announced for the mighty new S 63 AMG

THE most sophisticated car in the world has been introduced to the engineers at AMG in Affalterbach to create the new, 585 hp, S 63 AMG – set to arrive in the UK in November priced from £119,565 OTR.

The most powerful high-performance saloon in the luxury segment aims to set new standards in driving dynamics, performance, refinement and technology.

The hand built AMG 5.5-litre V8 bi-turbo engine is twinned

with an AMG Speedshift MCT seven-speed sports transmission to deliver superior performance effortlessly. The S 63 AMG boasts an output of 585 hp and 900 Nm of torque and can accelerate from rest to 62 mph in just 4.4 seconds, with a top speed electronically limited to 155 mph.

The S 63 AMG returns 27 mpg on the combined cycle and emissions of 237 g/km.

Equipped with 19" AMG 10-spoke alloy wheels, the S63

AMG uses high-performance Composite Brakes fitted as standard along with unique AMG sports suspension based on the all new Magic Body Control. Backing up the performance is the AMG sports exhaust system, providing a suitably thunderous soundtrack. AMG body styling including all-new front and rear bumpers, aiding cooling and adding greater visual drama are joined by AMG specific side sill panels with silver chrome inserts.

Innovative technology is a prerequisite with the launch of every new S-Class and the S 63 AMG is no different. The impressive line-up of standard equipment which includes the Driving Assistance Package, Front Seat Comfort Package, Panoramic sunroof, Keyless Go Package, the mighty Burmester Surround Sound System with Six-Disc changer, Tyre Pressure Monitoring System and Ambient Lighting is all over and above the standard equipment offered on the outgoing model representing more than £8,400 of added value for the customer.

The S 63 AMG is available in the long wheelbase version of the S-Class offering passengers the ultimate in luxury and legroom. An AMG sports steering wheel and superbly supportive AMG sports seats, which are electronically adjustable and heated, are fitted as standard. The front centre armrest has the AMG emblem embossed on it while an AMG-specific IWC-design analogue clock features on the dash. The rear features AMG heated sports seats as well as an AMG start-up screen/instrument cluster.

As with every AMG, there are options for customers to personalise their car further via the AMG Performance Studio. The Drivers Package (£2,760) derestricts the top speed to 186 mph and secures the customer a place on an AMG 'Power and Passion' event so they can learn how to handle their car on the racetrack. Carbon Fibre can also further enhance the look of the car with the addition of the AMG Exterior Carbon Package (£5,000) while the AMG high-performance ceramic composite brake system can be added for £7,090.



▲ Mercedes-Benz S 63 AMG

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MotoringView

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Škoda retailers cut a quarter off Fabia Hatch and Estate list price

ŠKODA retailers are celebrating summer with a sizzling new offer, whopping 25% discount on the price of a Fabia.

The amazing cost reduction applies to both the Fabia hatch and Fabia Estate, bringing the benefits of value-for-money motoring to the

widest possible number of drivers.

The offer applies to the Fabia hatch SE 1.2-litre 12V 69PS. Its on-the-road price is £12,140 but that has now been slashed to just £8,995 – a drop of £3,145. It's also available on the same version of the Fabia Estate, bringing the cost down from £13,560 to just £9,995. The deal gets even sweeter for customers who buy the car through ŠKODA Finance – 7.9% APR representative – because they benefit from free servicing for up to three years / 30,000 miles.

Two vibrant exterior colours, Brilliant Silver Metallic and Denim Blue Metallic, are available on both models. The high level of standard equipment on SE trim includes 15-inch alloy wheels, manual air conditioning, tinted glass, electric door mirrors, remote central locking, additional rear speakers for the audio system and a spare wheel. Environmental performance for the car is equally impressive, with 51.4 mpg fuel economy and 128g/km CO2 emissions.

Available from now until 31 December 2013 or while stocks last, the amazing offer epitomises ŠKODA's core philosophy – 'Simply Clever' vehicles which are great to drive and provide customers with fantastic value for money.



▲ Škoda Fabia

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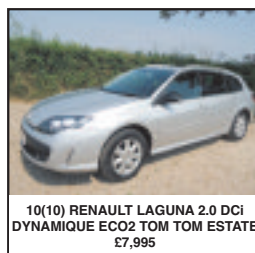
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07(07) LAND ROVER FREELANDER II 2.2 GX £9,950



07(57) MINI 1.6 COOPER S CLUBMAN £8,995



10(10) RENAULT LAGUNA 2.0 DCI DYNAMIQUE ECO2 TOM TOM ESTATE £7,995



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11(61) RENAULT MEGANE 1.5 DCI EXPRESSION COUPE £9,695



10(10) MINI COOPER 1.6 DIESEL CHILI PACK £8,995



06(56) BMW 530D M SPORT TOURING AUTOMATIC £9,695

11(61) RENAULT MEGANE 1.5 DCI EXPRESSION COUPE, Metallic Black, Only 13,000 Miles, Renault Warranty until December 2014, Air Con, ABS Brakes, Alloy Wheels, Remote C/Locking, E/Windows, Outstanding MPG, ONLY £20 PER YEAR ROAD TAX.....£9,695

10(10) MINI COOPER 1.6 DIESEL CHILI PACK, Metallic Pepper White, Full Mini Service History, Climate Control, 17" Crown Spoke Alloy Wheels, Bluetooth Phone, USB + iPod Connection, Space Saver Spare Wheel, Remote C/Locking, 1/2 Leather Interior, CD Player, Outstanding MPG, ONLY £20 PER YEAR ROAD TAX.....£8,995

07(57) MINI 1.6 COOPER S CHILI PACK, Metallic Dark Silver, ONLY 25,000 MILES with Full Mini Service History, Full Black Lounge Leather Interior, Panoramic Glass Sunroof, Air Con, ABS Brakes, Crown Spoke Alloys, CD Player, Remote C/Locking, Only £140 Per Year Road Tax.....£8,495

05(55) MINI COOPER S CONVERTIBLE CHILI PACK, Metallic Hot Orange, Full Mini Service History, Air Con, ABS Brakes + Traction Control, CD Player, 1/2 Leather Interior, Electric Convertible Roof with Sunroof, Remote C/Locking, Parking Sensors.....£6,695

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07(07) LAND ROVER FREELANDER II 2.2 GX, Metallic Izmir Silver Blue, Full Service History, Climate Control, ABS Brakes, Cruise Control, Remote C/Locking, Alloy Wheels, Parking Sensors.....£9,950

06(56) BMW 530D M SPORT TOURING AUTOMATIC, Metallic Silver Grey, 1 Owner, Full BMW Service History, BMW Professional Media Pack including SAT NAV & Bluetooth Phone, 1/2 Leather Interior, Cruise Control, Climate Control, iPod Interface, Front and Rear Parking Sensors, Alloy Wheels, Heated Seats.....£9,695

05(55) TOYOTA RAV4 XT-R 2.0 VVT-I, Metallic Astral Black, Full Service History, Full Black Leather Interior, Digital Climate Control, Cruise Control, ABS Brakes, Remote C/Locking, Alloy Wheels, CD Player.....£5,995

05(55) BMW X5 3.0D M SPORT, Metallic Sterling Grey, Full Service History, Full Grey Leather Interior, Comms Pack inc SAT NAV & Bluetooth, Digital Climate Control, Cruise Control, Trip Computer, SELLING ON BEHALF OF CUSTOMER.....£9,995

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East Devon cricket round-up

As they stand

Premier	Pld	Pts
Exmouth.....	16	251
Bovey Tracy*.....	16	239
Sidmouth*.....	16	232
North Devon.....	16	200
Exeter*.....	16	182
Plymouth.....	16	170
Torquay*.....	16	158
Cornwood.....	16	157
Bradninch.....	16	139
Budleigh Salterton*.....	16	123

Division C	Pld	Pts
Bideford.....	16	276
Axminster*.....	16	247
Ipplepen*.....	16	211
Kingsbridge.....	16	208
Ottery St Mary.....	16	179
Chagford.....	16	174
Dartington & Tot*.....	16	172
Plymouth CS & Rob.....	16	166
Clyst St George.....	16	153
Yelverton*.....	16	142

Division D	Pld	Pts
Clyst Hydon.....	16	276
Shaldon Optimists.....	16	212
Seaton.....	16	210
Ashburton.....	16	200
Uplyme & LRegis.....	16	186
Filleigh.....	16	172
Honiton.....	16	165
Halberton & SP.....	16	162
Countess Wear.....	16	158
Feniton.....	16	151

Division E	Pld	Pts
Babbacombe.....	16	253
Whitchurch.....	16	234
Whimple.....	16	230
Kilmington.....	16	196
Kentisbeare*.....	16	190
Topsham St James.....	16	190
Kenn.....	16	183
Uptontery.....	16	162
Bridestowe.....	16	158
Yarcombe & Stock.....	16	131

Division F	Pld	Pts
Kingskerswell.....	16	289
Chelston.....	16	236
Cullompton*.....	16	232
Exeter Civil Service*.....	16	222
Tiverton & Bickleigh.....	16	200
Chardstock*.....	16	189
Woodbury.....	16	153
Cheriton Fitzpaine.....	16	140
Buckland Mchorum.....	16	139
Culmstock.....	16	136
Newton St Cyres.....	16	121
Lifton.....	16	116

2nd XI Premier	Pld	Pts
Exeter.....	16	270
Sidmouth.....	16	259
Paignton.....	16	202
Plymouth.....	16	201
Plympton.....	16	194
Sandford*.....	16	172
North Devon.....	16	170
Chudleigh.....	16	167
Bovey Tracy.....	16	152
Cornwood.....	16	109

2nd XI Division B	Pld	Pts
Budleigh Salterton.....	16	259
Ottery St Mary.....	16	248
Sidmouth 3rds.....	16	240
Alphington.....	16	221
Plymouth CS & Rob.....	16	192
Abbotskerswell.....	16	159
Brixham.....	16	147
Cornwood 3rds.....	16	146
Stoke Gabriel.....	16	130
South Devon.....	16	126

2nd XI Division C	Pld	Pts
Thorverton.....	16	275
Exeter 3rds.....	16	260
Ivybridge.....	16	195
Yelverton.....	16	195
Bideford.....	16	187
Kingsbridge*.....	16	186
Barnstaple & Pilton.....	16	185
Clyst Hydon.....	16	155
Clyst St George.....	16	126
Honiton.....	16	77

2nd XI Div D East	Pld	Pts
Axminster.....	16	245
Seaton.....	16	229
Countess Wear.....	16	221
Uplyme & LRegis.....	16	218
Kilmington.....	16	213
Shobrooke Park.....	16	190
Kentisbeare.....	16	152
Uptontery.....	16	151
Whimple.....	16	138
Feniton*.....	16	116

2nd XI Div E East	Pld	Pts
Halberton & SP.....	16	271
Exmouth 3rds.....	16	248
North Devon 3rds.....	16	239
Cullompton.....	16	221
Thorverton 3rds.....	16	211
Filleigh.....	16	152
Exeter Civil Service.....	16	131
Topsham St James.....	16	124
Kenn.....	16	116
Seaton 3rds*.....	16	106

*pts deducted

Rain, rain go away... and don't come back!

RESULTS

WITH just two weeks now remaining and an exciting end of season in store the timing could hardly have been worse - after a near perfect season weather-wise the rain hit hard on Saturday to almost completely decimate the Devon Cricket League fixture list.

Premier Division

Budleigh Salterton v Torquay. No play, rain. Budleigh (six points), Torquay (six). Exmouth v Bovey Tracey. No play, rain. Exmouth (six points), Bovey (six). Exeter v Bradninch. No play, rain. Exeter (six points), Bradninch (six). North Devon v Cornwood. No play, rain. North Devon (six points), Cornwood (six). Sidmouth v Plymouth. No play, rain. Sidmouth (six points), Plymouth (six).

Division A

Abbotskerswell v Hatherleigh. No play, rain. Abbotskerswell (six points), Hatherleigh (six). Barton v Paignton. No play, rain. Barton (six points), Paignton (six). Braunton 21-0 v Plympton. Rain stopped play. Braunton (six points), Plympton (six). Plymstock 41-3 v Brixham. Rain stopped play. Brixham (seven points), Plymstock (six). Sandford v Heathcoat. No play, rain. Sandford (six points), Heathcoat (six).

Division B

Barnstaple & Pilton v Lewdown. No play, rain. Barnstaple (six points), Lewdown (six). Chudleigh v Tavistock. No play, rain. Chudleigh (six points), Tavistock (six). Ivybridge v Thorverton. No play, rain. Ivybridge (six points), Thorverton (six). Shobrooke Park v Stoke Gabriel. No play, rain. Shobrooke (six points), Stoke (six). South Devon v Alphington. No play, rain. South Devon (6pts), Alphington (six).

Division C

Yelverton 137-2 (T Watkins 70no) v Bideford. Rain stopped play. Yelverton (eight points), Bideford (seven). Clyst St George v Chagford. No play, rain. Clyst (six points), Chagford (six). Dartington & Totnes v Ottery St Mary. No play, rain. Dartington (six points), Ottery (six). Ipplepen v Axminster. No play, rain. Ipplepen (six points), Axminster (six). Kingsbridge v Plymouth CS & Roborough. No play, rain. Kingsbridge (six points), Plymouth CS&R (six).

Division D

Ashburton v Clyst Hydon. No play, rain. Ashburton (six points), Clyst (six). Feniton v Halberton & Samp-

ford Peverell. No play, rain. Feniton (six points), Sampford (six). Filleigh v Honiton. No play, rain. Filleigh (six points), Honiton (six). Shaldon Optimists v Seaton. No play, rain. Shaldon (six points), Seaton (six). Uplyme & Lyme Regis v Countess Wear. No play, rain. Uplyme (six points), Countess Wear (six).

Division E

Uptontery v Topsham St James. No play, rain. Uptontery (six points), Topsham (six). Kenn v Babbacombe. No play, rain. Kenn (six points), Babbacombe (six). Bridestowe v Kentisbeare. No play, rain. Bridestowe (six points), Kentisbeare (six). Yarcombe & Stockland 160 v Whitchurch. Rain stopped play. Yarcombe (nine points), Whitchurch (11). Kilmington v Whimple. No play, rain. Kilmington (six points), Whimple (six).

Division F

Chelston 209-7dec (K Szymanski 110no; P Barratt 4-23), Buckland Monachorum 6-0; Rain stopped play. Chelston (11 points), Buckland (nine). Culmstock v Chardstock; Rain. Culmstock (six points), Chardstock (six). Cheriton Fitzpaine 122-7dec (D Carr 61no, K Povey 31; P Lacey 4-8) v Kingskerswell. Rain stopped play. Cheriton (seven points), Kingskerswell (nine). Newton St Cyres 153-6 (S Bates 52), Tiverton 155-3 (B Parr 73no, T Reed 34). Tiverton (18 points) bt Newton SC (four) by seven wickets. Lifton v Woodbury; No play, rain. Lifton (six points), Woodbury (six). Exeter Civil Service v Cullompton; No play, rain. Exeter CS (six points), Cullompton (six).

2nd Premier

Bovey Tracey v Sandford. No play, rain. Bovey Tracey (six points), Sandford (six). Cornwood v North Devon. No play, rain. Cornwood (six points), North Devon (six). Paignton v Chudleigh. No play, rain. Paignton (six points), Chudleigh (six). Plymouth v Sidmouth. No play, rain. Plymouth (six points), Sidmouth (six). Plympton v Exeter. No play, rain. Plympton (six points), Exeter (six).

2nd A

Bradninch v Braunton. No play, rain. Bradninch (six points), Braunton (six). Hatherleigh v Ipplepen. No play, rain. Hatherleigh (six points), Ipplepen (six). Heathcoat v Exmouth. No play, rain. Heathcoat (six points), Exmouth (six). Plymstock v Plymouth. No play, rain. Plymstock (six points), Plymouth (six). Tavistock v Barton. No play, rain. Tavistock (six points), Barton (six).

Barton (six).

2nd B

Alphington 2nd XI, South Devon 2nd XI. No play, rain. Alphington (six points), South Devon (six). Ottery St Mary 2nd XI, Sidmouth 3rd XI. No play, rain. Ottery St Mary (six points), Sidmouth (six). Stoke Gabriel 2nd XI, Brixham 2nd XI. No play, rain. Stoke Gabriel (six points), Brixham (six). Cornwood 3rd XI, Abbotskerswell 2nd XI. No play, rain. Cornwood (six points), Abbotskerswell (six). Plymouth CS & Roborough 2nd XI, Budleigh Salterton 2nd XI. No play, rain. Plymouth CS & Roborough (six points), Budleigh Salterton (six).

2nd C

Yelverton 2nd XI, Bideford 2nd XI. No play, rain. Yelverton (six points), Bideford (six). Thorverton 2nd XI, Ivybridge 2nd XI. No play, rain. Thorverton (six points), Ivybridge (six). Honiton 2nd XI, Clyst St George 2nd XI. No play, rain. Honiton (six points), Clyst St George (six). Exeter 3rd XI, Barnstaple & Pilton 2nd XI. No play, rain. Exeter (six points), Barnstaple & Pilton (six). Clyst Hydon 2nd XI, Kingsbridge 2nd XI. No play, rain. Clyst Hydon (six points), Kingsbridge (six).

2nd D (E)

Axminster v Feniton. No play, rain. Axminster (six points), Feniton (six). Countess Wear v Uplyme & Lyme Regis. No play, rain. Countess Wear (six points), Uplyme & Lyme Regis (six). Kentisbeare v Shobrooke Park. No play, rain. Kentisbeare (six points), Shobrooke Park (six). Seaton v Uptontery. No play, rain. Seaton (six points), Uptontery (six). Whimple v Kilmington. No play, rain. Whimple (six points), Kilmington (six).

2nd D (W)

Bovey Tracey 3rd XI, Chelston 2nd XI. Chelston unable to raise a side. Bovey Tracey (20), Chelston (-10). Paignton 3rd XI, Dartington & Totnes 2nd XI. No play, rain. Paignton (six points), Dartington & Totnes (six). Lewdown 2nd XI, Plympton 3rd XI. No play, rain. Lewdown (six points), Plympton (six). Ashburton 2nd XI 4-0, Torquay 2nd XI. Rain stopped play. Torquay (six points), Ashburton (six).

2nd E (E)

Cullompton v Exeter Civil Service. No play, rain. Cullompton (six points), Exeter Civil Service (six). Exmouth 3rds v Filleigh (six). Halberton & SP v Seaton 3rds. No play, rain.

Corinthian cup winners



■ CHAMPIONS: CHRIS Hammett of Hammett and Associates presents the Corinthian Cricket Cup to Ben Morgan, captain of Seaton Cricket Club. Mr Hammett said: "I am delighted to present the trophy and my company is proud to be the main sponsor of Seaton Cricket Club. Seaton have beaten several teams from higher divisions to win this cup and for that they deserve the highest praise." Photo by HOWARD LARCOMBE

Halberton & SP (six points) Seaton 3rds (six) North Devon 3rds 62-2 (R Heaman 24) v Kenn. Rain stopped play. North Devon 3rds (six points) Kenn (seven) Topsham St James v Thorverton 3rds. No play, rain. Topsham St James (six points) Thorverton 3rds (six).

2nd E (W)

Plymouth 4th XI, Shaldon Optimists 2nd XI. No play, rain. Plymouth (six points), Shaldon Optimists (six). Babbacombe 2nd XI, Cornwood 4th XI. No play, rain. Babbacombe (six points), Cornwood (six). Plymstock 3rd XI, Paignton 4th XI. Paignton unable to raise a side. Plymstock (20), Paignton (-10).

2nd F (W)

Bovey Tracey v Yelverton. No play, rain. Bovey (six points), Yelverton (six). Ipplepen v Chagford. No play, rain. Ipplepen (six points), Chagford (six).

FIXTURES

Today (Tuesday)
Minor Counties Championship, (Day three of three): Devon v Oxfordshire (at Sidmouth - 11am).

FRIDAY

Representative Match: Devon v Cornwall Development XI (at Torquay CC).

SATURDAY

Devon Cricket League Premier Division: Bovey

Tracey v Sidmouth, Budleigh Salterton v Exeter, Exmouth v North Devon, Plymouth v Cornwood, and Torquay v Bradninch.

A Division: Barton v Braunton, Hatherleigh v Plymouth, Heathcoat v Abbotskerswell, Paignton v Plympton, and Sandford v Brixham.

B Division: Alphington v Barnstaple & Pilton, Chudleigh v Ivybridge, Lewdown v Stoke Gabriel, South Devon, v Shobrooke Park, and Tavistock v Thorverton.

C Division: Axminster v Chagford, Bideford v Clyst St George, Kingsbridge v Dartington & Totnes, Plymouth CS & Roborough v Ottery St Mary, and Yelverton v Ipplepen.

D Division: Ashburton v Uplyme & Lyme Regis, Clyst Hydon v Countess Wear, Halberton & Sampford Peverell v Honiton, Seaton v Feniton, and Shaldon Optimists v Filleigh.

E Division: Kilmington v Kenn, Topsham St James v Yarcombe & Stockland, Uptontery v Bridestowe, Whimple v Babbacombe, and Whitchurch v Kentisbeare.

F Division: helston v Kingskerswell, Cullompton v Chardstock, Exeter Civil Service v Culmstock, Lifton v Newton St Cyres, Tiverton v Cheriton Fitzpaine, and Woodbury v Buckland Monachorum.

2nd XI Premier Division:

Cornwood v Plymouth, Exeter v Chudleigh, North Devon v Sandford, Plympton v Paignton, and Sidmouth v Bovey Tracey.

2nd XI A Division: Bradninch v Tavistock, Braunton v Barton, Ipplepen v Heathcoat, Plymouth v Exmouth, and Plymstock v Hatherleigh.

2nd XI B Division: Abbotskerswell v Alphington, Brixham v South Devon, Ottery St Mary v Plymouth CS & Roborough, Sidmouth v Budleigh Salterton, and Stoke Gabriel v Cornwood.

2nd XI C Division: Barnstaple & Pilton v Yelverton, Clyst St George v Bideford, Ivybridge v Kingsbridge, Honiton v Exeter, and Thorverton v Clyst Hydon.

2nd XI D Division East: Countess Wear v Whimple, Feniton v Seaton, Kentisbeare v Axminster, Shobrooke Park v Uptontery,

and Uplyme & Lyme Regis v Kilmington.

2nd XI Division West: Chagford v Lewdown, Dartington & Totnes v Ashburton, Paignton v Torquay, Plymouth CS & Roborough v Plymouth, and Plympton v Bovey Tracey.

2nd XI E Division East: Exmouth v Halberton & SP, Filleigh v Thorverton, Kenn v Exeter Civil Service, North Devon v Cullompton, and Seaton v Topsham St James.

2nd XI E Division West: Abbotskerswell v Shaldon Optimists, Babbacombe v Plymstock, Cornwood v Paignton, Dartington & Totnes v Plymouth; Whitchurch, bye.

SUNDAY
Friendlies: Devon Lions v Gloucestershire (at Cornwood - 12.30 pm). East Devon District Youth: Under-11s v Glastonbury (at Sidmouth).

SUNDAY Independent

the West's own regional Sunday

FIRST. BEST. FOR ALL YOUR SPORT

football new season

Local footballers champing at the bit!

THE Fresha Devon and Exeter League gets under way on Saturday with overwhelming rumours coming from clubs and players that the Premier division will be the most competitive ever.

Champions Feniton do not start their campaign until midweek (Wednesday, August 28) and may not be quite the force they were last season without their top two leading strikers, but the nucleus of their team remains.

An interesting asset for Feniton is the signing of well-known former Tiverton Town and more recently Exmouth Town star Phil Everett, and if he plays regularly, he will be undoubtedly add his considerable experience to the village team.

Both Tiverton Town Reserves and Chard Town Reserves have stepped up and will give the Premier a fresh outlook, and most pundits think that both outfits should be a force.

The Yellows are keen to get into the Peninsular League and higher, so they will be expected to field a good side week-in, week-out.

Hatherleigh Town, who were runners-up in Premier – it was their best finish ever – have changed managers and that

could be significant, but expect a major challenge to come from Exeter sides, Newtown and St Martins.

Newtown are hoping that this will be their time, and St Martins are always a power. Once again both clubs have their eyes set on promotion to the Carlsberg South West Peninsula ranks.

Seaton Town have recruited former Colyton manager Keith Somers as their boss and he has pulled in some well-known names including all four Hancock brothers – Matt, Mark, Mike and Martin Heavitree United and Topsham Town may not yet be strong enough to challenge, but neither will be a pushover.

The University have been quiet for a few years and obviously their hopes depend on the skills level of students on campus.

Beer Albion, Clyst Valley, Morchard Bishop and Thorverton are the other 'out of town' teams hoping to have a good season, with the reserve sides of Budleigh Salterton and Willand Rovers aiming to set a standard that can support their first teams in higher Leagues.

If the Premier looks competitive, then both Divisions One and Two are on a par-

allel.

Expect Bow AAC and Exmouth Amateurs to set the pace in the first division, while Dawlish United and Dolphin could be front runners in the second.

Sadly, Division Three is down to just 12 teams with the withdrawal of Heavitree United's third team and Offwell Rangers.

The return of both Bradninch and Kentisbeare after a short absence is welcome, and both will play in Division Seven.

Former Sunday side Henry's Cronies and the Railway Club, both from Exeter, have also entered Division Seven.

One team eager to make a better impression this season are Open Space International.

The club formed to provide local football for ethnic minorities in and around Exeter were relegated to Division Eight last term but, having seen what is expected, now hope to climb the ladder and maybe even expand their teams to more than one if they are successful.

FIXTURES

FRESH A DEVON & EXETER LEAGUE
Saturday, August 24th

PREMIER

Clyst Valley v Budleigh Salterton
Heavitree United v Newtown
Seaton Town v Topsham Town
Tiverton Town v St Martins
Willand Rovers v Beer Albion

DIVISION 1

Bickleigh v Alphington
Bow AAC v Wellington Town
East Budleigh v Tipton St John
Elmore v Newton Poppleford
Exmouth Amateurs v Beacon Knights
Sidbury United v Heavitree United
Witheridge v Cullompton Rangers

DIVISION 2

Colyton v South Zeal Utd
Culm United v Exwick Villa
Dawlish United v Honiton Town
Halwill v Newton St Cyres
Lypstone v Crediton United
Topsham Town v Dolphin
Westex Rovers v Pinhoe

DIVISION 3

Ottery St Mary v Newtown
Tedburn St Mary v Hemoyck
Upottery v Chagford

DIVISION 4

Exmouth Town v Thorverton
Newtown v Lords XI
North Tawton v Cheriton Fitzpaine
Okehampton Argyle v Bampton

DIVISION 5

Beer Albion v Sampford Peverell
Dunkeswell Rovers v Westex Rovers
Lapford v Dawlish United
Morchard Bishop v Amory Park Rangers
St Martins v Langdon

DIVISION 6

Ottery v Stoke Hill
Uplowman Athletic v Honiton Town

DIVISION 7

Kentisbeare v Chagford
Langdon v Bradninch
Pinhoe v Alphington
Tedburn St Mary v Newtown
Woodbury v Offwell Rangers

DIVISION 8

Bampton v Alphington
Cheriton Fitzpaine v Hemoyck
Winkleigh v Bickleigh

Hawkchurch FC remembers Jim Larcombe



■ THE current Hawkchurch FC squad took on a team of past players from the club in the annual match to remember club stalwart Jim Larcombe. The 'old boys' (pictured above in yellow strip) put up a good show before going down to a 5-3 defeat.

football extra hawkchurch fc

New strip for Hawks

HAWKCHURCH Football club were presented with a new kit for the upcoming 2013-14 season by sponsors Mike Bartlett and sons Commercial and Auto repairs before the recent Jim Larcombe memorial cup match.

Pictured below from left to right are; Mike Bartlett and Tom Bartlett (sponsors), Martin Bright (Hawkchurch FC manager) and players Jack Larcombe and Dave Mayo in the new strip.



Colyton skittles

CAPTAIN'S Meeting to collect fixtures is being held at the Colcombe Castle on Friday, August 23rd, between 8 and 9pm.

Knock-out Cup draw

Seaton AFC B v Seaton Bowling Club; Rising Sun A v Three Tuns A; Tuckers B v Three Tuns B; Lamb B v Seaton AFC A; Volunteer A v New Inn B; Kings Arms A v Cloakham C (Axminster); Gerrard A v Honiton WMC A; Cloakham B (Axminster) v Vine A; Offwell B v White Hart B; Old Inn Kings v Colcombe A; Kingfisher B v White Hart A; Axe Con A v Harbour C; Tuckers C v Beer C; Colcombe B v Awliscombe Harts; Ship B v Ship A; Red Cow A v Honiton Con D; Harbour A v Mountbatten Whites; Axe Carpets A v Heathfield B; PJ's B v Red Lion Cavaliers; Axminster Inn A v Beer D; Winstons A v Red Lion A; Colyton Club A v Honiton WMC B; Honiton Con B v Beer Albion; Beer Vikings v Kingfisher A; Beer A v Red Lion Sidbury; Honiton Con A v Harbour Beerboys; Beer B v Old Inn B; Vine B v Tuckers A; Sidbury SC A v Volunteer B; Honiton Con BTP v Offwell A; Heathfield A v Lamb A;

◆ The following games have alley clashes (so will need time or date changes); Kings Arms B v Eagle Tavern; Axe Carpets B v Rising Sun B; Sidbury Stones V/PJ's A; Gerrard B v New Inn A.

bowls news from feniton and seaton

Feniton hopes dealt double blow

FENITON

with Roger Smith

IN the over 60s men's triples league both the A team and the B team had their aspirations of promotion dented by St Thomas.

The A team lost by 20-38 to St Thomas A team. The B team lost narrowly to the St Thomas B team by 32-36. The winning rink was A Hughes, T Young and D Evans 18-17.

The mixed team defeated visitors Chagford by 104-39.

The winning rinks were L Crook, J O'Sullivan and D Evans 35-8, M Evans, G North and R Smith 28-11, L Ley G Skinner and A Evans 21-10 and F Jones, J Smith and R North 20-10.

This was followed by a narrow victory over Uffculme by 96-87. The winning rinks were J Smith, T Young, G Phillips and A Kury 29-12, Ru Clarke, L Crook, R Arundell and R Smith 25-10 and J Wheatley, G Skinner, G North and Ro Clarke 19-16.

SEATON with Linda Stone
SEATON "A" continued their winning ways in the Exeter & District Over 60's Triples League with two emphatic victories.

On Wednesday, August 14th away to Exonia B they triumphed 42 shots to 21.

The top triple was David Ford, Keith Miles and Roger Woolland.

This success was followed up in a rearranged fixture at home to Bradninch B on Friday, August 16th with a 55

shots to 20 victory.

The top triple, with a staggering 33 shot difference, was David Ford, Roy Carnell and Alan Wood.

Meanwhile, Seaton Over 60's B team gained maximum points at home to Sidmouth C with a nail-biting 38-28 win to stay in second place.

Top triple was Ed Backhouse, Doug Hislop and Dave Yardley. The week ended with a friendly match between Seaton and Heavitree.

On a beautiful afternoon Seaton travelled to Exeter and

although we were beaten 83 shots to 71 everyone had a really enjoyable afternoon.

The top rink for Seaton was Barry Conaway (A Heavitree player who stood in for one of Seaton's players), Ruby Grigg, Terry Hurley-Smith and Linda Stone, winning 26 shots to 18.

◆ On Monday, August 26th Seaton Bowls Club will be holding a special afternoon drive to help raise money for the Carnival.

This is an open event, so if you would like to join us, come along and take part.

sailing beer luggers

Mary leads pursuit

A FRESH north-west wind, calm sea and sunshine greeted competitors for last Monday's pursuit race writes John Mortimore.

This style of racing has the boats handicapped with the highest handicap starting first and the others following for the race which is sailed for exactly 60 minutes.

First away was the Katherine followed in order by; Puffin, Moondance, Scrumpy, Twilight, Mary, Percy Mitchell with Cuckoo bringing up the rear.

The Katherine held the lead for the first two rounds although Scrumpy and Mary were beginning to close in.

As the race progressed Moondance and Puffin exchanged places several times while Mary overhauled Scrumpy.

The wind held it's strength which led to some exciting racing.

tricky conditions

A north-west wind can be tricky to sail.

Making the right decisions of when and where to tack can make the difference between winning and losing.

The Mary gradually caught the Katherine and took the lead.

Meanwhile, The Percy Mitchell surged through the fleet into second spot but just failed to catch the Mary who won the race.

Result: 1st Mary (sailed by D.Boalch), 2nd Percy Miychell (K.Gosling), 3rd Scrumpy (G.Lockyear), 4th Puffin (R.Driver), 5th Cuckoo (G.Dart), 6th Katherine (M.Diplock), 7th Moondance (G.Pook), Twilight (P.Bagwell) retired.

darts round-up

LYME Regis Darts League are holding their annual general meeting and 2013-14 season team registration evening at The Nags Head, Lyme Regis on Thursday, September 5th at 8.30pm.

All teams must be represented and League fees of £40 are to be paid.

The league matches are played on Thursday evenings with a format of; four pairs, four singles and a beer leg

For a full list of rules of the Lyme Regis Darts League go to the league web site www.lymeregisdarts.leaguerepublic.com or speak to any Lyme Regis Darts League Committee Member.

AXMINSTER LEAGUE

RESULTS August 13th

Division One: ATFC 8 Vault A 2, Tons of Bull 3 Nags Head A 7. **Division Two:** Nags Head C 7 Red Necks 3, PJ's 7 Average Joe's 3, Red Bulls 1 Thorncombe A 9.

Division One Pld Pts

Tons of Bull.....9 68
Nags Head A10 64
ATFC9 59
Vault B.....9 42
Red Lion A8 38
Vault A8 29
PJ's Seaton A.....7 22
Axminster Inn6 20
Vault C6 18

Division Two Pld Pts

Nags Head C10 76
Thorncombe A....9 65
Nags Head B8 50

Winstons.....8 45
Lamb Shanks.....8 42
PJ's B.....10 36
Red Necks10 34
Average Joe's....10 33
Red Bulls9 29

Missing Results

Division 1

11/06/13 Vault C v Axminster Inn
02/07/13 Axminster Inn v ATFC

09/07/13 Vault C v PJ's Seaton
23/07/13 Vault A v Vault C

06/08/13 PJ's Seaton A v Axminster Inn
06/08/13 Vault A v Red Lion A

Division 2

04/06/13 Red Bulls v Nags Head B
23/07/13 Lamb Shanks v Thorncombe A

golf round-up

Honiton Juniors through to knock out cup final

AXE CLIFF with Janet Dack

SENIORS

A GOOD week for the Seniors who enjoyed wins in two inter-club matches, one at home the other away.

The victory at Windwhistle by 4-2 was a first away win of the season and completed a notable double.

Winning pairings for Axe Cliff were; Chris Walker & Mike Tomes, Gerry Turner & Leighton Morgan, John Mant & Neil Moorcraft and Malcolm Glass & Iain Bain.

A few days later the home victory over Bridport by the same margin balanced out the defeat suffered at Bridport in April by the same score.

Winning partnerships for Axe Cliff included; Chris Jowett & Neil Moorcraft, Bill Grundy & Mick Tomes, Rob Heard & Hugh Willis and Gerry Turner & Iain Bain.

In a recent mixed greensome at Tiverton, Margaret Kenchington and Iain Bain scored 41 points to win third Prize and a voucher each for £50.

The winner of the recent Geoff Davis Trophy with an extremely good 43 points was Steve Reed - this reducing his handicap from 24 to 20.

Second place went to Chris Glover with 38 points beating Nigel Garwood on the back nine. There were two 2s from Pete Smith and Cyril Helliier.

HONITON with Andy Wagner

MONTHLY STABLEFORD

BACK to the monthly Stableford format this week and a full field played in benign conditions again - how long will it last?

Enjoying the day in Division One was Paul Dimond with a return to form par 36pts. Second on 35pts was Alan Devenny ahead of Dave Maggs on count back.

Division Two had Julian Phillips come through with an inspiring 39pts after all the coaching he's had from his boys, with Malcolm Conway second, 38pts. John Fleetwood unluckily came third on count back.

TUESDAY MIXED

Team Stableford - two scores to count this week. Again a large field entered.

The winning team, with 90pts, were Sue and Paul Ritchie playing with Maureen and Laurie Tollemache.

In second place with 89pts were Heather and Peter Clarke playing with Jenny Raison and Max Pipe - with Max having an extremely good front nine.

In third place were Jennifer and Richard Pyle playing with Allan and Jackie Seager with 88pts.

LADIES SECTION

A FIRST for many of the Ladies Section this week was a "just-for-fun" Flag Competition.

The object of the game was to get as far as possible using only your handicap shots + scratch (ie a 20 handicap player was allowed 20 + 73 = 93 shots, a flag was planted in the ground by the first player out at the point where she ran out of shots. Then it was moved forward by succeeding players who made higher scores).

Every player also had name tags to mark where they got to when their shots ran out to determine 2nd, 3rd etc. places.

Then, part way through the competition, the rain came down to thoroughly soak a fair proportion of the players, followed by a herd of cows which galloped across the 8th, 9th and 10th holes!

The winners this week was a stout lot led by Jackie Seager in 1st place, Mona Carter in 2nd, Jane Watts in 3rd and Linda McLaughlin in 4th.

Prizes were also awarded down to 10th place to Elizabeth Ward, Catherine Doherty, Susan Hyde, Linda Northover, Tricia Swindell and Ann Trayling.

SENIOR SECTION

EARLY starters in the seniors Texas Scramble had to put up with the worst of the weather, including water on the greens.

The rain did eventually clear which allowed for some good scoring. Phil Faulkner and partners Mike O'Reilly and Rob Sexton made a creditable net 60.9 to win overall beating Jim Wallis, Pete Morgan and Garth Millard by only a tenth of a shot.

Dave Maggs, Max Pipe and Tom Tunnicliffe scored 62 and the last prize-winning place was taken by the team of Tony Williams, Mike Stroud and Howard Pritchard.

JUNIOR SECTION

THE Honiton Juniors did well winning their East Devon Junior League fixture this week 4 games to 2.

The match was played at Crediton against a very strong team from Tiverton.

The Honiton team consisted of Jake Phillips, Ben Phillips 2 & 1, Max Nield 6 & 5, Hayden McCance 1 up, Josh Marshall, Hannah Tierney 2 & 1

The Honiton Juniors also travelled to Stover



◆ DOWN IN ONE: Axmouth-based Roger Stokes celebrates his hole-in-one.

on Thursday to play the semi final of the Basil Steer Knock out competition against Tiverton.

The team from Honiton were; Jake Phillips, Ben Phillips and Max Nield.

They beat their opponents by three games to nil and are now through to the Final.

Axmouth golfer shows who's boss with a hole-in-one

AN Axmouth golfer has received a limited edition Boss watch after scoring a hole-in-one during a recent competition at his club.

Roger Stokes, 68, scored his ace on the 172-yard, par-three 11th at his club, Lyme Regis, and the 15-handicapper was rewarded with membership of the exclusive BOSS Watches H1 Club and a specially commissioned, commemorative timepiece.

The luxury German brand has pledged to reward club golfers with an exclusive watch for every hole-in-one recorded during a club competition between April 15th and October 31st this year.

And, with nearly 4,000 holes-in-one recorded annually, BOSS Watches could feasibly be giving away £1m-worth in 2013.

The scheme is open to any golfer whose club uses HowDidiDo - a free-to-use, web-

based social network for golfers - and anybody playing in official club competitions will be eligible.

Currently, more than 1,800 clubs use the website.

Stephen Brydon, commercial director for MGS Distribution, the official licenced UK distributor for BOSS Watches, said: "Congratulations to Roger on what, to most of us, is a once-in-a-lifetime achievement."

"To the majority of amateur golfers, recording a hole-in-one will be the most memorable thing they achieve in golf - yet all many have to show for it is a dent in their bank balance after buying a round of drinks in the clubhouse."

"We aim to make it a lot more memorable for them by presenting them with an exclusive BOSS watch, only available to golfers who record a hole-in-one, so they will provide a constant reminder of the sight of their ball popping into the hole and the emotions attached to that very moment."

"It also adds a frisson of extra excitement to club competitions for golfers who may not be in with a chance of winning the event, for they know that every time they stand on the tee on a par-three, they are just one shot away from winning a stunning timepiece."

running axe valley runners

Lenton takes Dalwood tape

AXE VALLEY RUNNERS

with Dave Mutter

THE Dalwood 10K was run in warm and airless conditions, but it was a good race.

AVR's Tim Lenton was the winner in 40.01 and Robin Carter 2nd lady, 12th overall in 51.14.

Ian Clements finished 17th, 52.31, Andy Sayers 32nd, 59.46, Alan Morbey 34th, 1.01.50 just seven seconds and one place ahead of his son Stephen.

The weather was wet, windy and wild for the Sticklepath Fell Race that goes up and along to Belstone tor, Oak tor, Steepeton tor and Cosdon Beacon before a long decent back to Sticklepath.

AVR's Tim Lenton had his second victory of the week in this cracking

race.

Robin Carter was the 1st lady home with Robin Britton not far behind the other two.

On Sunday Diane and Graham Newton took part in Relish Running's Cheddar Gorge race series.

The races started at the top of Cheddar Gorge, where the runners had a chance to enjoy the magnificent panoramic view before setting off across the very muddy, hilly terrain. Graham completed the half marathon in 1hr 56 mins coming 19th overall and taking 1st in the over 60s men's category.

Meanwhile, Diane took part in the 10k event, over an equally muddy, hilly course, and was very pleased to finish in 1hr 29mins.

cribbage seaton daat comp

Berry holds the aces

TWELVE enthusiastic Cribbage players competed in the recent Seaton Devon Air Ambulance Week Crib Competition held at the Royal Clarence.

The Langtec Cup is played for by individuals playing one game each with the final being over three games.

There were no great surprises until the semi final stage. These were very competitive with the 2011 winner Steve Simpson played 2012 winner Paul Vere and losing semi-finalists from previous years Ray Burrows and Pat Berry.

Paul took an early lead however Steve fought back to win their encounter.

The other semi was a tight game with Pat eventually taking the win.

The final was a very hard fought affair. Steve won a close first game. Pat won an even closer second and the deciding game could have gone either way but Pat edged home.

Devon Air Ambulance Trust received a £100 donation from Langtec Ltd.



◆ WELL DONE: Bob Berry (left) from Langtec Ltd presenting the Langtec Cup and £50 first prize to Pat Berry with runner-up Steve Simpson on right.

Photo by IAN BARRADALE

Send your sports news, reports, scores and photos to howard@pemedial.co.uk



◆ HEADS UP: Axminster Town's Stuart Larcombe challenges for a high ball during Saturday's 4-3 defeat by Appledore. Photo by ANDREW GRAHAM

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Mcauley era begins with seven goal feast

WITH all the Devon Cricket league matches either completely or all-but washed out local sports fans were saved by the opening day of the South-West Peninsula football league.

Down in division one (East) Axminster Town began life under new player-manager Gary Mcauley with a narrow home defeat after a seven-goal thriller at their new temporary home at Colyton Grammar School.

Neither side was helped by the wind-dominated conditions but the visitors took the lead in the 13th minute but ex-Willand Rovers and Farway United striker Dan Baily soon leveled for the Tigers.

Two more goals gave The Fishermen a 3-1 lead inside the opening half-hour.

Baily gave the hosts hope inside the first minute of the restart with his second goal of the match.

But Appledore grabbed what proved to be the winner on the

By Howard Larcombe
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hour mark and substitute Adam Downes' late strike was a mere consolation.

Next up for Ax is Saturday's visit by Alphington (3pm ko at Colyton Grammar).

Axminster line-up: Brett Garner, Leo Maguire, Leigh Beer, Gary Knight, Stuart Broom, Gary Mcauley, Adam Cowling, Danny Galloway (capt), Ben Vine, Dan Baily, Dan Beer. Subs: Adam Downs, Andrew Gage.

◆ Over at Harry's Field Millwey Rise's hope of an extended run in the Chard Hospital cup ended with a shock second round defeat against Division Two side Chard United on Thursday evening.

Jess Langdon and Terry Emmett netted for an under strength Rise side under new player-manager Matt Hall.

Highly-rated Polish striker Kamil Wilk, thought to be a possible target for Chard Town, scored twice for United.

In the previous round on Monday evening Ben Turner nodded home two headers to earn Millwey a 2-1 extra-time win over Farway United whose consolation came from that man Dan Baily.

Millwey are due to welcome Beaminster for a pre-season friendly tonight at Harry's Field (6.30pm ko).

◆ Former Millwey and Axminster striker Richie Emmett dislocated a shoulder on his debut for his new team Lyme Regis in their 4-2 Chard Hospital cup win over Misterton on Thursday.



■ NEW BOSS: Gary Mcauley



■ COMMITTED: Axminster Town striker Dan Baily scored twice but the Tigers still slipped to an opening day 4-3 defeat against Appledore at Colyton Grammar School. Photos by ANDREW GRAHAM





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